

CLOVERLEAF RECREATION CENTER



FALL 2026

PROGRAM GUIDE

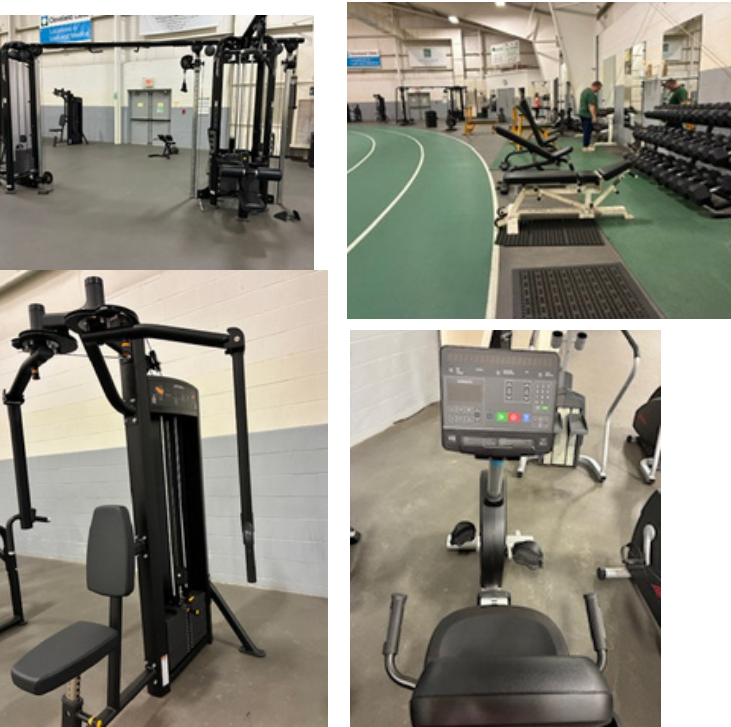
[HTTPS://CLOVERLEAFREC.ACTIVITYREG.COM/](https://cloverleafrec.activityreg.com/)



330-948-1323

8525 FRIENDSVILLE ROAD, LODI, OHIO

RECREATION CENTER



MEMBERSHIP PERKS

- FREE Fitness Classes
- FREE Sauna Appointments
- Discounted room and court rentals
- Discounted programs
- Designated open play time

ABOUT THE CLOVERLEAF REC CENTER

If you haven't visited the Cloverleaf Recreation Center recently, you're missing out! Stop by and see everything we have to offer.

Our facility features a 200-meter indoor walking/running track, four full-size basketball courts, and a fitness center designed for all experience levels. Cardio equipment includes ellipticals, stair steppers, bikes, and Arc Trainers. We also offer Hammer Strength equipment, Trotter machines, a Life Fitness cable machine, dumbbells, kettlebells, squat rack with platform, incline/decline benches, a stretching and core training area, and a variety of fitness accessories and our recently added Sauna Room!

Whether you're just getting started or looking to take your workouts to the next level, there's something for everyone!

Stay connected by requesting to be added to our email list, and be sure to follow us on social media for the latest updates, programs, and events!

HOURS OF OPERATION:

MONDAY-FRIDAY 6:30AM - 8PM
 SATURDAY: 7:30AM-1:00PM
 SUNDAY: 7:30AM-1:00PM

*HOURS SUBJECT TO CHANGE

Holidays- Facility is CLOSED

Labor Day
 Thanksgiving
 Christmas
 New Years day



FACILITIES & RENTALS

The Cloverleaf Recreation Center offers rentals for many different occasions! Birthday parties, business meetings, holiday parties, baby and bridal showers and more!

Conference Room Member Rates (Non-members can rent for additional charge)

Hours	1	2	3	4	5
1 room	\$25	\$40	\$55	\$70	\$85
2 rooms	\$35	\$55	\$75	\$95	\$115
3 rooms	\$45	\$75	\$105	\$135	\$165

**Fees are subject to change*



To reserve your space today, email reccenter@cloverleaflocal.org for more details

BATTING CAGE RENTAL

Member rate is \$40.00 per hour.
Non-member rate is \$60.00 per hour.

BASKETBALL COURT RENTAL

Basketball courts may be rented for your own personal use, or your team practice. Rental is subject to availability.

Member rate is \$40.00 per hour, per court
Non-member rate is \$60.00 per hour, per court.





YOUTH PROGRAMS

New!

Young Athletes Program



FREE sport and play program for children of ALL ABILITIES provided in partnership with the Special Olympics Ohio! Activities will vary each week!

Dates: September 17-October 22 (Thursdays)

Time: 6:00-6:45pm

Location: Recreation Center

Ages: 2-7yrs **Fee:** FREE

Registration required



New!

Cloverleaf Youth Volleyball League

Cloverleaf girls and boys welcome! Practice and game play with a focus on fundamentals and instruction. Participants will learn basic volleyball skills and how to apply them to game play!

Dates: September 8-October 17

Time: Varies based on assignment

Location: Recreation Center

Grades: 3rd-6th **Fee:** \$60

Sporties for Shorties

Participants will learn the basics of basketball, soccer and tball by focusing on age appropriate activities.

Dates: September 15-October 20 (Tuesdays)

Time: 11:30-12:15pm

Location: Recreation Center

Ages: 3-5yrs **Fee:** \$45 Member \$65 Non-Member

Tumbling

Buckeye Activity Center has partnered with the Rec Center to offer basic tumbling classes. Your child will do somersaults, hanging on the bar, and walking on the balance beam! This is a great introduction to gymnastics!

Dates and Times: Please visit

<https://www.gomotionapp.com/team/ohbac/page/home>

Ages: 2-3yrs and 4-5yrs, 6-12yrs

Location: Recreation Center

New!

Baby + Me Yoga with Happy Me Kids Yoga

Join Happy Me Kids Yoga for a playful, feel-good yoga class designed for babies and their grown-ups. Through songs, gentle baby stretches, movement, simple yoga poses, and playful props, we'll support bonding, body awareness, and early development while giving grown-ups a chance to move and stretch, too. Each class includes plenty of interaction and play, along with simple breathing and calming activities and our signature "shh-vasana" at the end. Babies are always welcome exactly as they are—feeding, snuggling, crawling, wiggling, and breaks are all part of class.

No yoga experience is needed. Grown-up participation is required

Date: September 12 **Time:** 9:30-10am

Location: Recreation Center **Ages:** 2 months-2 yrs **Fee:** \$10

New!

Preschool Yoga + Mindfulness with Happy Me Kids Yoga

It's time to play yoga! Join Happy Me Kids Yoga for a playful, engaging class that introduces little ones to yoga and mindfulness in a way made just for them. Through imaginative movement, yoga pose games, songs, stories, breathing exercises, and playful props, children will build strength, coordination, confidence, and body awareness while learning simple tools for managing big feelings and finding calm. Classes are active and age-appropriate, with plenty of opportunities to move, laugh, explore, and connect before winding down with a short guided relaxation.

No yoga experience is needed. Grown-up participation is required.

Date: September 19 **Time:** 10:30-11:00am

Location: Recreation Center **Ages:** 2-6 yrs **Fee:** \$10

Kwan Mu Kan Karate

Earn belt opportunities! This class introduces the fundamentals of karate in a welcoming and supportive environment. Students learn basic stances, punches, kicks, blocks, and movement while developing coordination, balance, and confidence, improving fitness and self-defense skills.

Session 1: August 20-October 8 (Thursdays)

Session 2: October 15-December 10

Time: 6:00-7:00pm Beginner 7:00-8:00pm Intermediate

Location: Recreation Center

Ages: 5 and Up **Fee:** \$60 Member \$80 Non-Member



YOUTH BASKETBALL

Cloverleaf Boys Basketball Grades 3-6th

This skills based program is lead by Cloverleaf coaches & h.s.players. Players will participate in drills, games and more that focus on the fundamentals. Skills session followed by scrimmages.

Dates: November 7-January 23 (Saturdays) No 11/21, 11/28, 12/26 or 1/2

Time: 9:30-11:00am

Location: Recreation Center

Fee: Members \$75 Non-Members \$95

Includes reversible jersey



New!

Cloverleaf Girls Basketball Grades 3-6th

This skills based program is lead by the Cloverleaf girls coaches and players. This is a great way to focus on fundamentals and also have fun playing games!

Participants will practice/play at Cloverleaf and also participate in the Sunday Barberton youth league!

Dates: Open Gyms: Sept. 29 & Oct. 1 (6-8pm at the HS.)

Tryouts: Oct. 6 & 8 (6-8pm at the HS)

Practices begin Oct. 12.

Barberton league play: Nov. 8-Jan. 17.

Time: Various, see details online

Location: Cloverleaf High School

Fee: Members \$160 Non-Members \$180

Includes uniform, league fees & referee fees.

Cloverleaf Boys TRAVEL Basketball

Boys grades 3-6th will participate in the Cleveland Community League allowing competitive play.

Must attend at least 2 tryout dates.

(Fee due upon roster completion.)

3-4 grade: 11:00-12:00pm Sept. 20, Sept. 27 or Oct. 4.

5-6 grade: 12:00-1:00pm Sept. 20, Sept 27 or Oct 4.

Registration is REQUIRED for tryouts.

Dates: Practices begin the week of Oct. 19

League is December 6-January 31

Time: Varies **Grades** 3-6th

Location: Cloverleaf Rec Center

Fee: Members \$160 Non-Members \$180

Includes uniform & team entry fees.



PROGRAMS / SPORTS

REGISTER NOW 



For more information, call/text: 330-221-9469 Aronolaf@jumpstartsports.com

New!

Jump Start Flag Football

Join the fun! Kids ages 3-6 can learn football basics in a playful, age-appropriate setting. From catching to defending, every session is packed with exciting drills and non-competitive games. Get ready to throw, run & catch!

Dates: September 6-October 11 (Sundays)

Time: 1:30-2:15pm (3-4yrs) 2:15-3:15pm (5-6yrs)

Location: Elem. school field (in front)

Ages: 3-6 **Fee:** \$105 Register at <https://linktr.ee/AronOlaf>

Jump Start Baseball

New!

Cloverleaf 2 yr old player & parent

Join the fun and socialize! Learn throwing, catching, batting and more in a non-competitive environment! Players get a team shirt and hat.

Dates: September 15-October 20 (Tuesdays)

Time: 5:00-5:30pm

Location: Elem. School field

Ages: 2yrs **Fee:** \$105

Register at <https://linktr.ee/AronOlaf>

Cloverleaf T-Birds Tball

Kickstart baseball fun for 3-4 year olds! Learn throwing, catching, batting and more in a non-competitive environment! Players get a team shirt and hat.

Dates: September 15-October 20 (Tuesdays)

Time: 5:30-6:15pm

Location: Elem. School field

Ages: 3-4yrs **Fee:** \$105

Register at <https://linktr.ee/AronOlaf>

Cloverleaf Rookie Baseball

Join our coach pitch baseball fun for 5-6 year olds! Learn the basics, play non-competitive games with no scores, and use a tee if needed. Each session includes both instruction and game play!

Dates: September 15-October 20 (Tuesdays)

Time: 6:15-7:15pm

Location: Elem. School field

Ages: 5-6yrs **Fee:** \$105

Register at <https://linktr.ee/AronOlaf>

Jump Start Youth Volleyball

This instructional and recreational program is designed to teach boys and girls basic skills to beginner and intermediate players.

Dates: November 4 - December 9 (Wednesdays)

Time: 5:30-6:30pm (6-9yrs) 6:30-7:30pm (10-12yrs)

Location: Recreation Center

Ages: 6-12yrs **Fee:** \$105

Register at <https://linktr.ee/AronOlaf>

Jump Start Basketball

New!

Little Hoop Player & Parent Basketball

Learn to bounce the ball, pass to friends, play defense and more with this fun class designed to get your toddler active!

Dates: November 3-December 8 (Tuesdays)

Time: 5:00-5:15pm (Tuesdays)

Location: Recreation Center

Ages: 2-3yrs **Fee:** \$105

Register at <https://linktr.ee/AronOlaf>

Little Hoop Stars Basketball

Coaches will focus on skill development and teamwork while teaching basketball fundamentals. Passing, dribbling, shooting, defense and more!

Dates: November 3-December 8 (Tuesdays)

Time: 5:30-6:15pm (Tuesdays)

Location: Recreation Center

Ages: 4-6yrs **Fee:** \$105

Register at <https://linktr.ee/AronOlaf>

Hoop Stars Basketball

Learn the fundamentals of basketball skills including dribbling, passing, defense and more through fun games and exciting activities! This program focuses on fun and positivity!

Dates: November 3 - December 8 (Tuesdays)

Time: 6:30-7:30pm

Location: Recreation Center

Ages: 7-9yrs **Fee:** \$105

Register at <https://linktr.ee/AronOlaf>

PROGRAMS/SPORTS CONT.

REGISTER NOW



Foundations of Dance with Holly

Creative Movement

Your child will be introduced to ballet steps and creative movement. This class will help your child develop memory skills, spatial awareness, and flexibility while enjoying music from Disney!

Session 1: September 14-October 19 (Mondays)

Session 2: November 2-December 14 (Mondays)

Time: 5:30-6:00pm

Location: Recreation Center

Ages: 3-5;

Fee: (per session) \$54 Member \$74 Non-Member



Ballet & Tap (Combo 1)

Students will enjoy classical music in ballet and will learn tap to upbeat music. While enjoying the fun and structure of dance class, your child will be developing grace, flexibility, coordination and balance.

Session 1: September 14-October 19 (Mondays)

Session 2: November 2-December 14 (Mondays)

Time: 4:45-5:30pm

Location: Recreation Center

Ages: 4-6;

Fee: (per session) \$54 Member \$74 Non-Member

Ballet & Tap (Combo 2)

This class has the same premise as combo 1, but is geared toward the older student. Combo 2 offers more complex and intricate warm-ups, steps and combinations.

Session 1: September 14-October 19 (Mondays)

Session 2: November 2-December 14 (Mondays)

Time: 6:00-6:45pm

Location: Recreation Center

Ages: 5-9

Fee: (per session) \$54 Member \$74 Non-Member

Pom Dance & Cheer

Pom Dance helps develop flexibility using proper stretching techniques. Students will also have a great time dancing to upbeat music, learning jazz, chants, jumps and kick-line routines.

Session 1: September 14-October 19 (Mondays)

Session 2: November 2-December 14 (Mondays)

Time: 6:45-7:30pm

Location: Recreation Center

Ages: 5-10;

Fee: (per session) \$54 Member \$74 Non-Member

BOO BASH and Pizza Smash Halloween Dance Party (2nd Annual)

Children should wear their favorite Halloween costume, and come ready to dance and have fun! **Boys are welcome!

Date: Friday, October 30

Time: 5:30-7:15pm (parent performance at 7pm)

Location: Recreation Center

Ages: 3-9; **Fee:** \$25 (pizza by Romeo's)



HEALTH & WELLNESS

[REGISTER NOW](#)


CLASSES ARE FREE WITH MEMBERSHIP

Step, Core & Weights

This is a total body sculpting class using hand weights, step, and your own body weight for resistance with a cardio boost.

Mondays 7:15-8:15am

Total Body Strength

An aerobic/strength conditioning class, includes circuit training, cardio exercise, bodyweight exercises, core training & stretching.

Tuesdays 9:15-10:15am

Thursdays 3:15-4:15pm

Yoga

A stretch and strengthening workout designed to improve flexibility, strength and balance while incorporating mind, body and spirit.

Mondays 6:00-7:00pm (Gentle Yoga)

Wednesdays 8:00-9:00am

Fridays 9:15-10:15am (Gentle Yoga)

Saturdays 9:15-10:15am (Gentle Yoga)

Dance Mix

Class will offer a variety of dance moves, designed to increase your heart rate and overall fitness.

Wednesdays 6:00-7:00pm

Thursdays 8:00-9:00am

Saturdays 8:00-9:00am

Barre

A low-impact, full body workout that combines ballet-inspired movements with elements of pilates, yoga, and strength training to improve flexibility.

Tuesdays 3:30-4:30pm

Pilates

Pilates will have a mind-body approach to movements of control, precision, centering and flow using a mat, tone and muscle tone.

Fridays 8:00-8:45am



Mindful Movement & Strength

The class focuses on seated and standing stretches, strength movements and more using a chair for support, incorporating movements that target major muscle groups and improve overall body awareness

Mondays 10:00-11:00am

Wednesdays 10:00-11:00am

Fridays 10:30-11:30am

Sauna Room now open!

MEMBERS FREE
NON-MEMBERS - DAY PASS

SPECIAL EVENTS

FREE COMMUNITY EVENTS

OCTOBER
17

Touch-A-Truck or TREAT 1:00-3:00pm at the Cloverleaf Elementary School

Kids get the opportunity to go inside trucks and learn about each one while trick or treating! POLICE, FIRE, AMBULANCE AND SERVICE VEHICLES!

All ages welcome; Free to participate! Family friendly costumes welcome!

OCTOBER
28

Senior Chili Cook-Off 11:00-12:30pm at the Cloverleaf Recreation Center

Get your best chili recipe out and join our cook-off! Our Cloverleaf Administrative staff will taste and cast their votes! Winner gets a tshirt!

We are looking for program and fitness instructors. If you have a skill you would like to share: email reccenter@cloverleaflocal.org

If you would like to volunteer or sponsor one of our events, please reach out to Kristen at kristen.liggett@cloverleaflocal.org.