2026 FALL ATHLETICS INFORMATION

Athletic Director: Patrick Mull
Athletic Director Email: Patrick.Mull@hcps.org

Sport	Head Coach	Contact Information	1st Day Meeting Time	1st Day Tryout Location
Girls Soccer	Anthony Pasko	paskoanthony@yahoo.com	August 12th 7:00 am	FRC Turf
Boys Soccer	Christopher Hoover	Hoover811@comcast.net	August 12th 9:00 am	FRC Turf
Field Hockey	Jackie Cummings	Jacquelyn.Cummings@hcps.org	August 12th 7:00 am	FHS Stadium
Football	Derrick Krumholtz	Derrick.Krumholtz@hcps.org	August 12th 9:00 am	FHS Stadium
Golf	Steve Mull	Steve.E.Mull18@gmail.com	August 12th 2:30 PM	Winters Run GC
Cheerleading	Chelsea Feazell	Chelseawork8@gmail.com	August 12th 2:00 pm	FHS Main Gym
Boys Volleyball	Bill Stewart	Billstew423@gmail.com	August 12th 9:00 am	FHS Main Gym
Girls Volleyball	Chris Kraft	Christopher.Kraft@hcps.org	August 12th 11:00 am	FHS Main Gym
Cross Country	Karin Walker	Karin.Walker@fallstonumc.org	August 12th 8:30 am	Fallston Rec Council

IMPORTANT INFORMATION:

1. Form Releaf
    a. Players must register on Form Releaf
    b. Click the link below and register for the sport you wish to tryout for
        i. Fall Form Releaf Registration
2. Physicals
    a. All student-athletes interested in trying out for a Fall sport will need an up-to-date physical (dated AFTER June 1, 2026).
    b. Submit the form (link below) to School Nurse, Mrs. Andrews for review. Upon her review and approval, your FormReleaf will be approved and you will be ready for participation.
        i. Updated Physical Form
3. Important Dates Upcoming:
    a. First Practice/Tryout
        i. Wednesday, August 12th
            1. *Connect/communicate with the coach from your sport for specific information regarding tryouts and possible summer conditioning.*
    b. FHS Parents/Athletes Meeting
        i. **Wednesday, August 20th** @ FHS Auditorium (6:00)
            1. Individual Team Meetings to follow – *Room locations TBD*
    c. Picture Day
        i. Monday, September 14th
            1. Schedule:
                a. Golf (2:10 – 2:20)
                b. Boys Soccer (2:20 – 2:45)
                c. Girls Soccer (2:45 – 3:10)
                d. Football (3:15 – 3:50)
                e. Field Hockey (3:50 – 4:15)
        ii. Tuesday, September 15th
            1. Schedule:
                a. Cross Country (2:15 – 2:35)
                b. Boys Volleyball (2:35 – 2:55)
                c. Cheer (3:00 – 3:20)
                d. Girls Volleyball (3:20 – 3:45)
        iii. All pictures will take place in Cafeteria
4. Cougar Boosters Club
    a. Memberships
    b. Golf Outing
        i. Monday, July 20th @ Winters Run Golf Club – 9:00 AM Shotgun Start
    c. All information can be found on their website:
        i. Fallston Cougar Boosters Website