Hardin County Schools

Student-Athlete/Band and Parent/Guardian

Athletic/Band Handbook



All parents & students can go to **www.hardin.k12.ky.us** and/or school webpage click on the Student-Athlete/Artist & Parent handbook link on district/school webpage and access the handbook information at any time. All forms listed and attached in the back of the handbook need to be signed to verify that all individuals have accessed, read, and understand the information and policies covered in the handbook. No student-athlete will be permitted to participate in any athletic activity unless these forms are signed and returned to the coach.

Athletic/Marching Band Programs Defined:

Archery (High School and Middle)-Winter Sport
Baseball (High School and Middle School)-Spring Sport
Basketball (High School and Middle School)-Fall and Winter Sports
Bowling (High School)-Winter Sport
Cheerleading (High School and Middle School)-Fall and Winter Sports
Cross Country (High School)-Fall Sport
Football (High School and Middle School)-Fall Sports
Golf (High School)-Fall Sport
Lacrosse (High School)-Spring Sport
Marching Band-Fall Activity
Soccer (High School)-Fall Sport
Softball (High School and Middle School)-Spring Sport
Swimming (High School)-Winter Sport
Tennis (High School)-Spring Sport
Track and Field (High School)-Spring Sport
Volleyball (High School and Middle School)-Fall and Spring Sports
Wrestling (High School)-Winter Sports

Fall Season is from July 15 to end of sanctioned play

Football ONLY is from July 11 to end of sanctioned play
Winter Season is from October 15 to end of sanctioned play
Spring Season is from February 15 to end of sanctioned play
Dead Period is June 25 to July 9

DRUG SAFETY POLICY
FOR ATHLETES, CHEERLEADERS, MARCHING BAND AND TEAM MANAGERS WHO PARTICIPATE AT THE HIGH SCHOOL and MIDDLE SCHOOL LEVEL

STATEMENT OF PURPOSE

Today, drug abuse has grown to major proportions in our society. The school setting is not exempt from this phenomenon. It is vital that educators and parents continually explore ways to institute programs that encourage a drug-free lifestyle for students/children. It is to that end that this program is created to provide the appropriate action plan to address and nurture a drug-free environment.

ENDORSEMENT

The Hardin County Board of Education (HCBE) approved the implementation of this policy on June 17, 1999.

WHO WILL THIS IMPACT?

All students who choose to participate on any Hardin County high school and middle school athletic/marching band teams, cheerleading squad or serve as a team manager, each of which is a voluntary extracurricular activity, must abide by this policy. This includes players at the varsity or sub-varsity level.

EDUCATION

At least once each trimester, each head coach/director will review this policy with his/her respective team.

TESTING PROGRAM

In order to accomplish the purpose of this policy, each student participant on each high school team shall be required to participate in a program of substance abuse testing. Testing shall be accomplished by the analysis of urine specimens obtained from the student participants. Collection and testing procedures shall be established, maintained and administered to ensure (a) randomness of selection procedures, (b) proper student identification, (c) that each specimen is identified with the appropriate student participant, (d) maintenance of the unadulterated integrity of the specimen, and (e) the integrity of the collection and test process as well as the confidentiality of test results.

SUBSTANCES TESTED

Student participants' urine specimens shall be tested for the following: (a) amphetamines, (b) marijuana (THC), (c) cocaine and its derivatives, (d) opiates, (e) phencyclidine (PCP), (f) benzodiazepine, (g) barbiturates, (h) methadone, (i) methaqualone, (j) propoxyphene, and (k) such other abused, illegal, or banned substances.

SANCTIONS/VIOLATIONS

First Violation- if a sample tests positive, the athlete and his parents or guardians shall be notified, and the school principal shall convene a meeting with the student and his parents or guardians, at which time the student has one of the following options: (1) At the expense of the parents/guardians, the parents/guardians shall seek an evaluation of the student's drug use from a qualified chemical dependency counselor acceptable to the district. Additionally, at the expense of the Hardin County Board of Education, drug testing will be conducted every sixty (60) days thereafter as long as the student is a member of a sports team, cheerleading squad or serves as a team manager for the current school year. The student is also automatically suspended for ten (10) days from participating in any athletic event; however, the student may be allowed to practice. (2) If a student who tests positive fails to abide by Option 1 then the violator will suffer suspension from all athletics, including practices, for the remainder of the current season and the next athletic season for all sports (sports teams, cheerleading squads or team managers).

Second Violation - A subsequent offense results in automatic imposition of suspension from all athletics/marching band (including practices) for all sports/activities for a twelve (12) month period.

Third Violation - The student participant shall be excluded from participation in any athletic/marching band team for the remainder of the student's interscholastic eligibility.

The testing program shall be conducted as follows:

1. Prior to attending tryouts for an athletic team, the student participant and a parent or legal guardian of the student participant must read this policy and must ACKNOWLEDGE, IN WRITING, THAT THEY HAVE READ THE POLICY AND PROCEDURES, UNDERSTAND THE CONDITIONS CONTAINED IN THE POLICY AND PROCEDURES. The student participant and a parent must also sign the "Student and Parent/Guardian Consent to Perform Urinalysis for Drug Testing" form BEFORE THE STUDENT WILL BE PERMITTED TO TRY OUT FOR ANY ATHLETIC/MARCHING BAND TEAM.

2. Testing shall be done at the following times:

    a. Fifty percent (50%) of the students' participants shall be tested within four (4) weeks following selection of the athletic/marching band team. This shall be the only test that shall be announced prior to administration of the collection of the urine specimen.

    b. All student participants shall be subject to random testing at any time between the student's selection to the athletic/marching band team and the date of the last game of the season for the athletic/marching band team. Scheduled times for random tests shall be selected by the Principal/Designee of each athletic/marching band team. Random tests must be conducted no fewer than three (3) times during the team season.

3. During each random test, no fewer than (10%) of the student participants in the athletic/marching band team, cheerleading squad or team managers shall be tested.

4. The testing laboratory, as approved by the HCBE, shall determine which student participants are to be tested by a random drawing of names from among all student participants on the athletic/marching band team.

5. The collection of urine specimens and the scientific analysis of the collected specimens shall be conducted by the agency as determined by the HCBE.

6. Collection procedures for urine specimens shall be developed, maintained and administered by the testing laboratory in an effort to minimize any intrusion or embarrassment for each student, ensure the proper identification of students and the student's specimen, minimize the likelihood of the adulteration of a urine specimen and maintain complete confidentiality of test results. To that end, the procedures must require:

    a. The presence of the principal or designee immediately prior to the collection process to ensure proper student identification;

    b. The presence of one or more representatives of the testing laboratory when the specimen is taken;

    c. The testing laboratory shall provide each student present for the collection process a receptacle for the collection of urine. The student shall be permitted absolute privacy during the collection process;

    d. Immediately prior to entering the private bathroom facility utilized for the collection process, the student shall be required to leave all personal belongings (including jackets, book bags, pocket contents, etc.) in the custody of the high school representatives present for student identification

    e. Prior to entering the private bathroom facility utilized for the collection process, the testing laboratory shall treat the water in the private bathroom facility with a coloring substances (frequently referred to by testing laboratories as "blueing the water") to prevent a student from attempting to dilute or otherwise adulterating the urine specimen; and

    f. Within four (4) minutes following the collection of the urine specimen, a representative of the testing laboratory shall utilize a temperature strip to test the temperature of the urine specimen. Urine specimens testing below a temperature of 90 degrees Fahrenheit shall be discarded and the student shall be required to produce another urine specimen. A student producing a urine specimen testing above a temperature of 100 degrees Fahrenheit shall be subjected to having the student's body temperature taken (orally only) by a representative of the testing laboratory. If the differential between the student's body temperature and the temperature of the urine specimen is not within an acceptable range (as outlined in this section) the student will be required to produce another urine specimen.

7. The collection of urine specimens for the initial test and the random testing shall be conducted on school premises.

8. All scientific analyses of the collected specimens shall be conducted by the professional testing laboratory. Each specimen shall initially be tested by the testing laboratory using a highly accurate immunoassay technique ("EMIT"). Initial positive results must be confirmed by gas chromatography/mass spectrometry ("GC/MS"). If the initial presumptive positive result is not confirmed by the GC/MS technique, the test shall be deemed to be negative. Only after the GC/MS confirmation shall a test result be reported as positive.

9. A portion of each urine specimen given by each student participant shall be preserved by the testing laboratory for a minimum of six (6) months.

10. Written confirmation of all test results shall be forwarded by the testing laboratory to the Title IV Coordinator who shall provide positive results to the principal. The principal will notify all the athletic coaches/band director of teams for which the student participates or tries out. The student's parent(s) or legal guardian(s) will be also notified. All test results are confidential and shall be maintained in the Title IV Coordinator's office under the strictest security.

AMENDMENT OF DRUG POLICY

This policy may be amended at any time by the Hardin County Board of Education.

HARDIN COUNTY SCHOOLS PARENT/GUARDIAN & STUDENT-ATHLETE/MARCHING BAND HANDBOOK

Parent

This material is presented to you because your student has indicated a desire to participate in interscholastic athletics/marching band and you have expressed a willingness to permit him/her to compete. Your family interest in this important component of our school is gratifying. We believe that participation in sports/marching band provides a wealth of opportunities and experiences, assisting students in personal adjustments.

We are concerned with the educational development of young men and women through athletics/marching band and feel that a properly controlled, well-organized sports/band program can meet student needs for self-expression, social, mental, and physical growth. It is our intent to conduct a program that is educationally sound in purpose and will enhance each student's personal growth.

A student who elects to participate in athletics/marching band is voluntarily making a choice of self-discipline and self-denial. These are the reasons we place such stress on good training habits. Failure to comply with the rules of training and conduct means exclusion from the squad. This concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in high school athletics/marching band for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence and do not want our athletics/marching band to compete with mediocrity.

Upon enlistment in a Hardin County Schools sport, our staff commits to certain responsibilities and obligations, which are:

a) to provide adequate equipment and facilities
b) to provide well trained coaches/directors
c) to provide equalized contests with skilled officials

Likewise, we feel that you have committed yourself to certain responsibilities and obligations. We would like to take this opportunity to acquaint you with specific policies that are necessary for a well-organized program of athletics.

It is the role of the department of athletics/marching band to make rules that govern the spirit of competition for the school. These rules need a broad basis of community support, which is achieved only through communication to the parent. It is our hope to accomplish this objective through this athletic/marching band publication for students and parents.

a) Parent/Spectator Athletic/Marching Band Interference Guidelines: Persons coming onto district property shall be under the jurisdiction of the school system and the site administrator. Individuals are expected to behave in a civil manner and abide by good sportsmanship. Actions that are discouraged and may warrant further action include, but are not limited to:
    1) Cursing or use of obscenities (including obscene clothing)
    2) Disrupting or threatening to disrupt school or events operations.
    3) Acting in an unsafe manner that could threaten the health or safety of themselves or others.
    4) Verbal or written statements or gestures indicating intent to harm an individual or property.

5) Physical attacks (or threats of) intended to harm an individual or damage property.

b. Established rules to enforce the Athletic/Marching Band Interference Guidelines are set forth as follows:

1) First Offense-Removal from the event immediately. The school administration will review the incident within five (5) school days to determine if further action should be taken which may include being suspended from attending school activities.

2) Second Offense-Same process as First Offense but may result in permanent suspension from school activities/campus

3) In the event a parent/spectator's behavior is such that it cannot be resolved in this manner, law enforcement will be notified and the situation will be handled by the agency.

KHSAA Policy on Adult Spectators Being Removed:

The approved policy states that "any adult spectator (adult who is not listed on the current roster of coaches for the school) at any KHSAA sanctioned interscholastic event (scrimmage, regular or postseason contest) who is removed by school administrators or by law enforcement (whether or not referred by a contest official) for unsportsmanlike conduct shall be suspended from attending, at minimum, the next contest at that level of competition and all other contests at any level in the interim."

Athlete/Artist

Being a member of a Hardin County Schools athletic/marching band team is a fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic/marching band tradition is not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic squad of Hardin County Schools, you have inherited a wonderful tradition, which you are challenged to uphold.

Our tradition has been to win with honor. We desire to win, but only with honor to our athletes/artists, our schools, and our community. Such a tradition is worthy of the best efforts of all concerned. Over the years our squads have achieved All-American, All-State, and All-Conference honors.

It will not be easy to contribute to such a great athletic/marching band tradition. When you wear the colors of your school, we assume that you not only understand our traditions, but are willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family.

a) Responsibilities to yourself: the most important of these responsibilities is to broaden and develop strength of character. You owe it to yourself to derive the greatest benefit from your high school experiences.
b) Responsibilities to Your School: Another responsibility you assume as a squad member is to your school. Hardin County Schools cannot maintain its position as having an outstanding school district unless you do your best in the activity in which you engage. By participating in athletics/marching band to the maximum of your ability, you are contributing to the reputation of your school and the school district.

You assume a leadership role when you are on the athletic/marching band squad. The student body and citizens of the community know you. You are on stage with the spotlight on you. The student body, the community, and other communities judge our school district by your conduct and attitude, both on and off the field. Because of this leadership role, you can contribute significantly to the district and school spirit as well as the community pride. Make our school district proud of you, and your community proud of your school, by your consistent demonstration of these ideals.

c) Responsibilities to Others: As a squad member you also bear a heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to the ideal. When you know in your heart that you have lived up to all the training rules, that you have practiced to the best of your ability everyday and that you have played the game "all out," you can keep your self-respect and your family can be justly proud of you.

The younger students in the middle and elementary schools are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them.

Athletic/Marching Band Philosophy

1) Statement of Philosophy
The Hardin County Schools Athletic/Marching Band Program should provide a variety of experiences to enhance the development of favorable habits and attitudes that will prepare students for adult life in a democratic society.

The interscholastic athletic/marching band department shall be conducted in accordance with existing Board of Education policies, rules, and regulations. While Hardin County Schools takes great pride in winning, it does not condone "winning at any cost." We discourage any and all pressures which might lead to neglecting good sportsmanship and good mental health. At all times the athletic/marching band program must be conducted in such way that it's an educational activity.

2) Athletic/Artistic Goals and Objectives

Our Goal – The student shall become a more effective citizen in a democratic society.

Our Specific Objectives – The student-athlete/artist shall learn:

a) To work with others – In a democratic society a person must develop self-respect for authority and a spirit of hard work and sacrifice. The team and its objectives must be placed higher then personal desires.
b) To be successful – Our society is very competitive. We do not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win with earnest dedication. Develop a desire to excel.
c) To develop sportsmanship – To accept any defeat like a true sportsman, knowing we have done our best, we must learn to treat others, as we would have others treat us. We need to develop desirable social traits including emotional control, honesty, cooperation, and dependability.
d) To improve – Continual improvement is an essential component of good citizenship. As an athlete you must establish a goal and you must constantly try to achieve that goal. Try to improve in the skills and knowledge required and those personal traits that enhance the success of a team.

e) To enjoy athletics/arts– It is necessary for athletes/artists to enjoy participation, to acknowledge all of the personal rewards to be derived from athletics/arts, and to give sufficiently of themselves in order to persevere and improve the program.
f) To develop desirable personal health habits – To be an active, contributing citizen, it is important to achieve a high degree of physical fitness through exercise and good health habits, and to develop the desire to maintain this level of physical fitness after formal competition has been completed.

Governance

The Hardin County Board of Education is the ruling agency for the Hardin County Schools. All Schools are voluntary members of the Kentucky High School Athletic Association/KEMA and compete only with member schools. As a member school district, the secondary schools of Hardin County agree to abide by and enforce all rules and regulations promulgated by this association.

The primary role of the state association is to maintain rules and regulations that ensure equity in competition for the student-athletes and a balance with other educational programs. The association solicits input and is responsive to requests for rule modification from member school, appointed committees, and coaches' associations.

The state association attempts to enforce such rules that assure the greatest goes for the greatest number and to ensure that competition is conducted in an appropriate manner.

Requirements for Participation

1) **Physical Examination**
A yearly physical examination is required. The physical card must be completed by the physician and uploaded into Healthy Roster prior to participation. The examination is good for one calendar year from the date it was administered.
2) **Emergency Medical Authorization**
Each athlete's/artist's parent shall complete an Emergency Medical Authorization from giving permission for treatment by a physician or hospital when the parent(s) are not available. The card will be kept in the medical kit for availability at all practices and contests.
3) **Insurance**
The school district carries a secondary insurance policy to cover student athletic injuries. Parents must possess a family plan or purchase school insurance.
4) **Scholastic Eligibility**
In order to participate on a Hardin County Schools athletic/marching band team, each athlete/artist must have satisfied all of the scholastic eligibility requirements prior to participation. Students must be on grade level and comply with the regulations as set by the KHSAA Bylaw 5. During each season, a weekly grade check (done on Friday) will be conducted to ensure a competing student-athlete does not have any failing grades for that grading period. If a student-athlete is found to be failing one or more classes the student is checked in accordance to the KHSAA policy for grades and classes offered per day and any applicable coaches requirement for participation. ***If the student-athlete is found to be ineligible the student athlete is suspended starting the following Monday to Sunday.*** Once the student-athlete clears the next grade check they may begin participating.
5) **Attendance/School Suspension**

Student-athletes/artists must be in attendance at school (if school is in session) by 11:35 a.m on days athletic games and/or practices in order to be eligible to attend/participate. The Principal and/or athletic director must approve exceptions, such as court, doctor/dentist appointments, funerals, etc. Students placed in the in school suspension or out of school suspension are not eligible to attend/participate while assigned to a restriction. Individual coaches may have more stringent expectations on attendance and/or discipline for their respective sport.

6) **Dismissal/Quitting Team**
In instances where players quit a team, or are dismissed from a team, the inactive player will not be allowed to participate in practices, scrimmages, or games for another sports program until the competitive season of the program that he/she quits (or is dismissed from) ends. Tryouts are included in these guidelines.

Athletic/Artistic Codes of Conduct

Conduct of Athletes

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic/artistic department. The community, school administrators, and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the student is our major consideration and transcends and other consideration.

All athletes/artists shall abide by a code of ethics which will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete/artist, the team, or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, immorality or violations of law, tarnish the reputation of everyone associated with the athletic program and will not be tolerated.

Penalties for Violation

Due to the serious nature of this rule, the coach involved, the athletic administrator, and the principal shall meet and determine the penalty according to the degree of the infraction.

Training Rules and Regulations

Medical research clearly substantiates the fact that use of tobacco, alcohol and any type of mood altering substances produces harmful effects of the human organism.

You cannot compromise athletic participation with substance abuses. The student who wishes to experiment with such substances should remove him/herself from the team before he jeopardizes team morale, team reputation, and team success and does physical harm to him/herself.

The surrounding community is concerned with the health habits of student-athletes/artist and is convinced that athletics/arts and the use of these substances are not compatible. It is also a fact that when students have a strong interest to participate in athletics/arts that their desire to use these substances is greatly reduced.

Students have to decide if they want to be athletes/artists. If you do wish to be an athlete/artist, you must make the commitment in order to be a competitor. A big part of this price is following a simple set of training rules, which the department of athletics/arts believes to be fair.

Use of Tobacco, Alcoholic Beverages, Drugs

Student athletes /artists will refrain from the use of tobacco, alcoholic beverages and/or drugs throughout the year, not just during the season. The ingestion of any substance for the purpose of mood modification through consumption, smoking or inhalation contradicts the goals and philosophy of Hardin County Schools' athletic/art programs. Any deviation from accepted training rules suggests and unwillingness to behave in a responsible manner representative of your sport/band, Hardin County Schools, your school and our community-at-large, and violations will be dealt with as stated in the Hardin County Student Code of Conduct.

In compliance with the Hardin County Student Code of Conduct, it is a behavioral violation for students to be under the influence or to use, posses, sell or transmit controlled substances, look-alikes, drug paraphernalia, or alcohol on the school premises or during a school related event.

Hazing

The definition of hazing is any action which endangers the mental or physical health of a minor or student for the purpose of recruitment, initiation into, affiliation with, or enhancing the or maintaining membership or status within any organization. A Kentucky state law, Lofton's Law, requires that all athletes or members of clubs or organizations participate in annual training on the definition of hazing and the consequences of hazing. Hazing can be reported to law enforcement and result in a Class A misdemeanor charge or a Class D felony charge. Student athletes will be asked to participate in hazing training with their coach or sponsor.

All of the following forms must be returned to the head coach before the student-athlete may participate or tryout for the team. If you have any questions please contact the school's athletic director.

Athletic Directors by School:

Central Hardin High School: JC Wright

John Hardin High School: Mike McCune

North Hardin High School: Dan Duncan

Bluegrass Middle School: Vasco Perry

East Hardin Middle School: Tiffany Garrett

James T. Alton Middle School: Mark Roberts

North Middle School: Jessica Gunby and Shaun Boykins

West Hardin Middle School: Allison Scherer

HARDIN COUNTY SCHOOLS PARENT/GUARDIAN & STUDENT-ATHLETE/MARCHING BAND HANDBOOK

_____and _____ have read and agree
(Parent/Guardian Name) (Student's name)

to the Hardin County Schools Student-Athlete/Marching Band & Parent Handbook.

_____ _____
Parent or Guardian Signature Date

_____ _____
Student Signature Date

HARDIN COUNTY SCHOOLS
STUDENT-ATHELETE'S/ARTIST'S INSURANCE INFORMATION

It is policy that each student participating in athletics/marching band at the high school and middle school level that the student-athlete/artist must have a primary health insurance that would cover any costs through injury, accident or other event. If a student is not currently covered by a family insurance policy, this coverage must be purchased before the student can participate in any extracurricular activity.

If the status of your insurance coverage changes during the school year, you must notify the school and the athletic director of these changes. Please help us to keep the information for your child as updated and accurate as possible.

Hardin County Schools does carry secondary insurance coverage on the student-athlete/artist, however, this does not fulfill the requirements of a primary health insurance for the student-athlete/artist. This coverage will only consider medical expenses not payable from other family insurance plans, such as deductibles and interns, which may not be covered by the family policy.

Insurance Provider:_____

Name of Policy Holder:_____

Policy Number:_____

Parent/Guardian Signature:_____

FORM MUST BE RETURNED

AUTHORIZATION FOR RELEASE OF STUDENT-ATHLETE'S/ARTIST'S HEALTH INFORMATION

As (please specify) parent/guardian of _____ ("the Student"), a student in Hardin County Schools, 65 WA Jenkins Road, Elizabethtown, KY 42701 who desires to participate in the following extracurricular athletic program(s) of the district:

(Circle all sports that apply)

Baseball (HS/M)	Football (HS/M)	Tennis (HS)
Basketball (HS/M)	Golf (HS)	Track & Field (HS)
Bowling (HS)	Lacrosse (HS)	Volleyball (HS/M)
Cheerleading (HS/M)	Soccer (HS)	Wrestling (HS)
Cross Country (HS)	Softball (HS/M)	Archery (HS/M)
	Swimming (HS)	Marching Band (HS)

I understand that in the course of competing in the Program or Program-sponsored events the Student may require attention or assistance from an athletic trainer or physical therapist for illness or injury incurred while participating in such Program- sponsored sporting events. I understand that the School has arranged for Baptist Health Hardin to provide such attention and assistance during certain Program-sponsored events. I, the undersigned, hereby authorize Baptist Health Hardin to release all medical information about the Student obtained in the course of providing athletic training attention or assistance during Program-sponsored events to the Hardin County Board of Education, School, and its representatives including, but not limited to, coaches, for the purpose of making determinations regarding the continued participation of the Student in the Program or Program-sponsored sporting events and ongoing monitoring of the Student's medical condition.

I understand that I have the right to revoke this authorization at any time except to the extent Baptist Health Hardin has already acted as a result of this authorization. I further understand that any revocation must be provided in writing to Baptist Health Hardin.

I also understand that when information is used or disclosed based on this authorization, the information may be re-disclosed by the recipient and no longer protected by the Standards for the Privacy of Individually Identifiable Health Information.

This authorization shall expire at the end of the sport's last date of sanctioned play.

I understand that I have the right to refuse to sign this authorization.

Student's Name	Street/Box Number
Student's Date of Birth	City, State, Zip Code
Student's Signature (required if student is 18 or over or will turn 18 before season ends)	Student's Telephone Number
Name of Parent or Guardian	Date
Signature of Parent or Guardian	Relationship to Student (Parent, Guardian, etc.)

FORM MUST BE RETURNED

STUDENT-ATHLETE/ARTIST'S DRUG TESTING CONSENT FORM

All student athletic/marching band participants and at least one parent or legal guardian are to sign the following:

THE UNDERSIGNED STUDENT ATHLETE, CHEERLEADER, MARCHING BAND OR TEAM MANAGER AND THE STUDENT'S PARENT OR LEGAL GUARDIAN HEREBY ACKNOWLEDGE THAT THEY HAVE READ AND UNDERSTAND THE FOREGOING POLICY AND AGREE TO BOUND BY THE TERMS AND CONDITIONS CONTAINED IN THE POLICY. THE UNDERSIGNED HEREBY PERMIT THE AGENCY AS DETERMINED BY THE HCBE TO PERFORM DRUG TESTING OF THE STUDENT'S URINE AND TO RELEASE THE RESULTS TO THE TITLE IV COORDINATOR. POSITIVE RESULTS WILL BE RELEASED TO THE PRINCIPAL AND TO ALL ATHLETIC/BAND COACHES OF TEAMS FOR WHICH THE STUDENT PARTICIPATES OR TRIES OUT. THE STUDENT'S PARENT(S) OR LEGAL GUARDIAN(S) WILL ALSO BE NOTIFIED.

_____ _____

Print Student Name School

_____ _____

Student Signature Grade

Date Signed: _____

_____

Print Parent or Guardian

_____

Parent or Guardian Signature

Date Signed _____

FORM MUST BE RETURNED

HARDIN COUNTY SCHOOLS
CVS (CONCUSSION VITAL SIGNS) TEST
CONSENT FOR COGNITIVE TESTING and RELEASE OF INFORMATION

I give my permission for (Child's Name) _____

(Child's Date of Birth) _____

To have a pre/post-concussion CVS (Concussion Vital Signs) test administered at Hardin County Schools. Post test will only be administered in the case of a concussion. I understand that my child may need to be post tested more than once, depending upon the results of the test, as compared to my child's baseline test, which is on file at one of the Hardin County Schools. I understand there is no charge for the testing.

Hardin County Schools may release the CVS (Concussion Vital Signs) results to my child's primary care physician, neurologist, or other treating physician, as indicated below.

I understand that general information about the test data may be provided to my child's guidance counselor and teachers for the purpose of providing temporary academic modifications, if necessary.

Name of parent/guardian: _____

Signature of parent/guardian: _____

Date: _____

PLEASE PRINT THE FOLLOWING INFORMATION:

Name of student's doctor: _____

Name of doctor's practice or group: _____

Doctor's phone number: _____

Student's home address: _____

Parent or guardian phone numbers (please indicate preferred contact number and time, if necessary):

Home:_____

Work:_____

Cell:_____

FORM MUST BE RETURNED

PARENT/GUARDIAN STUDENT-ATHLETE CONCUSSION STATEMENT

Parent/Guardian Initial Each Line

___ I understand that it is my responsibility to report all injuries and illnesses to my coach, athletic director, athletic trainer and team doctor.

___ I have read and understand the Baptist Health Hardin Concussion Fact Sheet. After reading the sheet, I am aware of the following information:

___A concussion is a brain injury, which I am responsible for reporting to my coach, trainer, or athletic director.

___ A concussion can affect my (child's) ability to perform everyday activities, and affect reaction time, balance, sleep, and classroom performance.

___ You cannot see a concussion, but you might notice some of the symptoms right away. Other symptoms can show up hours or days after the injury.

___ If I suspect a teammate or other student has a concussion, I am responsible for reporting the injury to my coach, team physician, trainer or athletic director.

___I (My child) will not return to play in a game or practice if I have received a blow to the head or body that results in concussion-related symptoms.

___ Following a concussion, the brain needs time to heal. You (your child) are much more likely to have a repeat concussion if you return to play before your symptoms resolve.

___ In rare cases, repeat concussions can cause permanent brain damage, and even death.

_____ _____
Signature of Student Date

_____
Printed Name of Student

_____ _____
Signature of Parent/Guardian Date

_____
Printed Name of Parent/Guardian

FORM MUST BE RETURNED

STUDENT-ATHLETE/ARTIST SOCIAL MEDIA POLICY

Hardin County Schools' student-athletes/artist's are representatives of their family, their team, their high school, and their community. With that in mind, our student-athletes are expected to exercise good judgment in their use of social media, conducting themselves in a responsible and respectful manner.

- It is impermissible for student-athletes/artist's to post information, photos, or other representations of sexual content, inappropriate behavior (e.g., drug or alcohol use), or items that could be interpreted as demeaning or inflammatory.

- Student-athletes/artist's are required to abide by all team policies, school policies, and KHSAA rules when utilizing social media.

- It is not permissible to comment on injuries, officiating, coaching decisions or team matters that could reasonably be expected to be confidential to team members.

- Student-athletes/artist's are required to follow all respective social media rules.

Best Practices and Reminders

- Think twice before posting. If you wouldn't want your coach, parents, or future employer to see your post, don't post it.

- Be respectful and positive.

- Remember, many different audiences view your posts including fans, children, local authorities, parents, faculty, etc.

- The internet is permanent. Even if you delete something, it's still out there somewhere. Coaches and administrators monitor social media websites. Potential employers use these social media websites to screen candidates. Use the privacy/security settings made available on these sites.

Violation of the Student-Athlete/Artist's Social Media Policy may result in disciplinary action, including temporary or permanent suspension from the team, as determined by administration and head coach. By signing below, the athlete and parent agree to abide by these rules.

_____ _____

Athlete/Artist Signature Parent/Guardian Signature

_____ _____

Date Date

FORM MUST BE RETURNED

PARENT/GUARDIAN & STUDENT-ATHLETE/ARTIST COMMUNICATION AGREEMENT

I would like to welcome you to the upcoming Hardin County Schools' athletic season. The coaching staff and athletic directors are delighted to be working with such fine young people. We have great expectations for them both as players and student-athletes/artists. Over the course of this year, situations may arise that need to be addressed by the coaching staff, player, artist, and/or parent(s) according to a definite procedure. This document explains the procedure that will be used to address these situations.

Because emotions are high directly after a game or related event, it is important to avoid any potentially volatile situations between parents and the coaching staff. Often a cooling off period allows all parties to gain perspective on the situation. Our district best practice is a 24-hour policy to not discuss with parents game/contest results or decisions within 24 hours of the event. If a parent needs to voice a concern, the parent should schedule a meeting with the head coach/director that will occur after 24 hours have passed.

The anticipated situations are playing time, role on the team, and development. These are situations that must be handled between the player/artist and the coaching staff. Although we appreciate your interest and support of the Hardin County Schools athletic/marching band programs, the coach must make the decisions in these areas. In order for proper communication, the following procedures must be followed to address any of the noted situations or other problems that may arise.

STEP 1: The player and coaching staff member will have a meeting to address and discuss the player's questions or concerns. The player/artist must request the meeting, preferably before the beginning of a practice session. The staff will respond to the athlete's inquiries and concerns. Most situations should be resolved at this stage.

STEP 2: If the athlete/artist continues to have questions concerning the situation addressed in Step 1, the player must request a Step 2 meeting. The player/artist and a coaching staff member will meet again. At this meeting, they will discuss the problem, questions, and previous issues to assess if further action is necessary. The coach will determine if parental participation at this meeting would be productive.

STEP 3: If the athlete/artist remains dissatisfied with the coaching staff's response after Steps 1 & 2, the player will need to request a Step 3 meeting via the head coach. The player, parent, coach, and athletic director will meet at an agreeable time. The coaching staff and athletic director will address and respond to the inquiries as soon as possible.

All parents and players **must sign** this document agreeing to the above procedures. Hopefully, by adopting and implementing this procedure, it will help to promote a clear and fair resolution to issues of concern.

Player/Artist Name (Please Print): _____

Player's/Artist's Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

FORM MUST BE RETURNED