SHAFER ELEMENTARY SCHOOL

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Approved Snack List for 2025-2026 SY

Dear Shafer Parents,

Severe food allergies significantly impact many school-aged children. Allergic reactions can be life threatening, and in some cases, even deadly. Shafer has many students that cope with severe food allergies daily. It is our belief to be proactive in our approach to ensure the safety and well-being of our students that have food allergies. Included below is an approved snack list that will be followed by all students and staff at Shafer Elementary School. The attached snack list has been vetted as peanut, tree nut, dairy and egg free*. The approved list will be monitored throughout the school year and any changes that are made to the list will be shared directly with parents via and email and posted on the web page. For additional information regarding food allergies, please visit snacksafely.com.

I sincerely appreciate your understanding and flexibility with the following of Shafer's snack list. It is necessary that we provide a safe, healthy, and secure school environment for everyone that attends Shafer Elementary. Thank you for your continued support!

Respectfully

William Mudlock, Principal

"Dry Snack List"

Rold Gold pretzels
Snyder's Pretzels
Utz Pretzels

Scooby-Doo Baked Graham Crackers
Teddy Grahams
Nabisco Triscuits/Wheat Thins
Nabisco Vegetable Thins
Nature's Bakery Fig Bars
Cheerios
Barnum Animal Cookies
Stauffer's Animal Crackers Keebler
Snack Stix
Natures Promise Dried Cranberries
Saltines
Oreos and Oreo Dippers
Kellogg's Pop Tarts

Fruit/Vegetable Snack List

Peaches
Snap Peas
Bananas

Sun Maid Raisins
Grapes
Oranges Carrots
Kiwi

"Dry Snack List Cont."

Crunchmaster Multi-Grain Crackers
Annies Pretzels
Betty Crocker Fruit by the Foot/Fruit Roll-Ups/Gushers
Dr. Lucy's Snack 'N Go packs
Kinni Kritters Animal Cookies
Ritz Crackers
Snack and Go Packs by Lucy's Enjoy Life Brand Cookies/Bars Sunsweet Dried Mangos
Harvest Snaps Green Pea/Lentil Bean Crisps
Smart Popcorn(plain)
Giant Brand Graham Crackers
Slammers by go gourmet
Made Good Granola Bars, Crispy Squares
Cinnamon Toast Crunch Dry Cereal
Sensible Portion Veggie Straws
Kim Nori Seaweed Snack
Aldi Simply Nature Fruit Strips
Yum Earth Fruit Snacks
Nature's Bakery Fig Bars
Dare Foods Bear Paws Snacks
Nature's Promise Veggie Straws
Boom Chick-A Popcorn
Skinny Popcorn
Enjoy Life Seed & Fruit Mix
JayOne Crunchy Rice Roll
OH SNAP! Dilly Bites
Kashi Organic Super Food Bites
K-Toos Cookies
Home Free Treats
Belvita Bites Breakfast Biscuits
The New Primal Beef Sticks
Crispy Green Fruit Snacks
Partake Cookies
Made Good Strawberry Snack Squares
Cascadian Farm Organic Bars Lesser Evil Popcorn
Popcorners
Made Good Cookies

Fruit/Vegetable Snack List Cont.

Pears
Green/Red/Yellow Peppers
Apples
Celery
Tangerines
Plums
Cherries
Pineapple
Annies Fruit Gummy Snacks
Annies Orchard Fruit Bites
SunRype 100% Fruit Strips
Mott's Fruit Snacks
Go Go SqueeZ Products
Watermelon
Snap Peas
Strawberries
Cantaloupe
Blueberries
Cucumbers
Nature's Promise Organic Fruit
Brother's All Natural Freeze Twists
Black, Kidney and White Beans
Chickpeas
Mangoes
Blackberries
Raspberries
Green/Yellow Beans
Nectarines
Cauliflower
Broccoli
Tomatoes
Squash
Avocado
Kosher Dill Pickles
Natures Promise Fruit Pouches
Wegman's Brand Applesauce
Member's Mark Fruity Snacks
Lettuce
Mushrooms
Spinach
Brussel Sprouts
Bell Peppers

*The items on this snack list are continuously monitored to the best of our ability for our student's safety.

Updated as of June. 2025