

Need Help? Clinton County

Food

- **MI Bridges Food Assistance:** (844) 799-9876
- **Double Up Food Bucks:** (866) 586-2796 (*doubles Bridge card spending for fruits & vegetables*)
- **Greater Lansing Food Bank:** (517) 449-0360 (*for local food banks and drive thru distribution sites*)
- **Mid-Michigan Health Dept. WIC Office:** (989) 224-2195
- **Meals on Wheels Tri-County Office:** (517) 887-1394
- **Basic Needs Center:** (517) 230-4618
- **Bath Community Center:** (989) 227-3323
- **Beacon of Hope:** (989) 224-0328
- **Catholic Community of St. Jude:** (517) 669-8335
- **St. Johns Lutheran Church:** (989) 224-6796
- **Elsie Area Food Bank:** (989) 388-8717
- **Grace Pointe Wesleyan Church:** (989) 723-5247
- **Lakeside Chapel, Bath:** (517) 641-6291
- **Southside Community Kitchen, Lansing:** (517) 887-0770
- **St. Luke Lutheran Church-Christ Campus, Lansing:** (517) 482-2252
- **Capital Salvation Army, Lansing:** (517) 484-4424
- **Pagans in Need, Lansing:** (517) 258-4575
- **Catholic Charities, Lansing:** (517) 372-4700
- **Cardboard Prophets, Lansing:** (517) 712-0008
- **Eastside Community Action Center, Lansing:** (517) 853-0414

For a list of all local food banks: Visit micapitalcares.org or call 2-1-1 for your area code's closest food bank.

Housing

- **Housing Services of Mid Michigan:** (517) 541-1180
- **Child & Family Charities (ages 12-24):** (517) 882-4000
- **Michigan State Housing Dev. Authority:** (517) 669-9706
- **Dept. of Veterans Affairs-Clinton County:** (517) 887-4331
- **Salvation Army** (517) 484-4424
- **St. Vincent DePaul, St. Johns** (989) 292-7057
- **Safe Center for Domestic/Sexual Violence** (877) 952-7283
- **The Lansing Nest:** Shelbi@TheLansingNest.org
- **City Rescue Mission Shelters:** (517) 485-0145
- **Loaves and Fishes Ministries:** (517) 482-2099
- **Advent House Ministries:** (517) 485-4722
- **Homeless Angels Owosso:** (989) 723-5400
- **Hope Works Mid-MI** 989-494-1617

Residential Treatment Housing or Transitional Recovery Housing:

- **RISE Recovery Community, Lansing**: (517) 703-3389
- **Mid-Michigan Recovery Services:** (517) 887-0226
- **Endeavor House Ministries:** (517) 285-1270

Transportation

- **Clinton Transit:** (989) 224-8127
- **The Davies Project:** (517) 899-2425. (Medical appointments)

Mental Health and Substance Use Recovery

- **Mid-State Health Network:** (844) 405-3095. *Provides referrals and consumer access to mental health substance use disorder treatment in our region.*
- **Community Mental Health Authority of Clinton, Eaton, and Ingham Counties**: Switchboard: (517) 346-8200; Crisis line: (517) 346-8460; Hearing Impaired: (800) 649-3777. *Provides crisis support, comprehensive services, and treatment for behavioral health needs regardless of insurance coverage. SUD recovery support services.*
- **Cedar Creek Hospital-St. Johns:** 989-403-6100. *Provides inpatient and outpatient treatment to teens and adults struggling with emotional or behavioral health issues including substance use when co-occurring.*
- ***Child and Family Charities:*** *(517) 882-4000. Offers substance abuse and co-occurring SUD and mental health counseling services for adolescents and adults.*
- **Cristo Rey Counseling Services:** (517) 372-4700. *Provides preventive health services for individuals and families and substance use and therapy services.*
- **Cognitive Consultants-Lansing:** (517) 322-3050. *Offers mental health and outpatient substance use services, assessment, and therapy.*
- **Contigo Counseling Services:** (989) 640-7610. *Mental health services to individuals and families; services are LGBTQIA+ affirming.*
- **GPS Guide to Personal Solutions:** (517) 667-0061. *Therapy for trauma, depression, anxiety, and severe and persistent mental health struggles, including addiction and substance use.*
- **Michigan State University Psychological Clinic:** (517) 355-9564. *Individual, family, couples, and group therapy options as well as a range of assessments from experts in the field.*
- **Professional Psychological and Psychiatric Services:**(517) 977-0899. *A comprehensive outpatient mental health/substance use disorder treatment clinic offering the services to individuals, families, & groups.*
- **Victory Clinical Services Lansing:** (517) 394-7867. *Opioid treatment services.*
- **Wellness Inx:** (517) 272-0520. *Recovery Services: Prevention, recovery support, and trainings.*
- **University of Michigan- Sparrow:** (517) 364-7700. *Assessments; inpatient, outpatient, and partial hospitalization behavioral health care services.*
- **Lifeboat Addiction Recovery Services, Lansing:** (517) 977-1772
- **Recovery Worx, St. Johns:** (989) 209-0844. *Treatment and recovery services.*
- **Bath Township Library:** (517) 641-7111. *Harm Reduction for opioids and N.A. meetings.*
- **Prevention and Training Services, Lansing:** (517) 323-8149. *Substance use treatment, testing, and services. Domestic abuse interventions.*
- **Skywood Outpatient Lansing:** (517) 684-3100. *Offers individualized, whole-person care for substance use and co-occurring mental health disorders.*
- **Uplift and Inspire Counseling Lansing:** (734) 627-7669. *Provides a range of mental health services: individual, couples, group, and family therapy. Trauma-informed counseling.*
- **Women's Center of Greater Lansing:** (517) 372-9163. *Offers individual and group counseling for women. Support groups for sexual violence and domestic violence.*

Recovery Support Groups

- **AA, Alanon and Alateen:** (517) 377-1444 (*24-hour hotline*)
- **Narcotics Anonymous (NA) Michigan:** (800) 230-4085
- **NA at Bath Township Library**: (517) 641-7111

For additional community supports not found here, visit, micapitalcares.org, call 2-1-1 or use the QR code to access the the Tri-County Community Health Guide.