



October 2026

Middle School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Available Daily PBJ/Wowbutter Uncrustables w/Pretzel Goldfish, & Mozzarella String Cheese. Deli Turkey & Cheese or Ham & Cheese Sandwich	Pricing: <u>Students: \$3.25</u> <u>Reduced: \$0.40</u> <u>Faculty & Guests \$5.00</u>	Apply for free or reduced meals, today! 	1 Orange Chicken or General Tso's Chicken w/Brown Rice Broccoli, Side Salad Fresh Fruit, 100% Fruit Juice	2 World Smile Day!  Regular or Spicy Chicken Sandwich Smile Potatoes Cucumber & Tomato Cups Applesauce, 100% Frozen Fruit Juice
5 Penne Pasta with Meat or Marinara Sauce & Garlic Toast Broccoli, Baby Carrots Applesauce, Diced Pears	6 Hispanic Heritage Lunch! National Taco Day!  Beef Tacos w/ Spanish Rice Corn Fiesta Grahams Fresh Fruit, 100% Fruit Juice	7 BBQ/Bufalo/Hot Honey Chicken Wings Mini Corndogs Italian Pasta Salad Baked Beans, Veggie Dippers Applesauce, Fresh Fruit	8 Popcorn Chicken Bowl w/ Mashed Potatoes, Corn, and Gravy Three Bean Chili Garlic Cheddar Biscuit Side Salad Fresh Fruit, 100% Fruit Juice	9 Cheeseburger Tater Tots Cucumber & Tomato Cups Mixed Fruit, 100% Fruit Juice
 Chicken & Waffles Baby Carrots, Green Beans Blueberry Cobbler Blue Raspberry Applesauce 100% Fruit Juice	13 Loaded Beef Nachos with Three Bean Chili Loaded Baked Potato Broccoli, Side Salad Fresh Fruit, 100% Fruit Juice	14 Boneless Chicken Chunks Soft Pretzel Corndog Baked Beans, Veggie Dippers Fresh Fruit	15 Sausage & Peppers Sub Mozzarella Breadsticks w/Marinara Smile Potatoes, Side Salad Blueberry Crisp	16 Smash Cheeseburgers Seasoned Fries, Cucumber/Tomato Cups, Applesauce 100% Frozen Fruit Juice
10/12-10/16 NATIONAL SCHOOL LUNCH WEEK "CAFETERIA CIRCUS: WHERE NUTRITION TAKES CENTER STAGE!" 				
19 Chicken Cheesesteak Pasta Bake Garlic Toast Roasted Zucchini, Baby Carrots Applesauce, Diced Pears	20 Beef Burrito w/Queso Brown Rice & Corn BBQ Pulled Chicken Sandwich Three Bean Chili w/Toppings Fresh Fruit, 100% Fruit Juice	21 National Apple Day! BBQ/Bufalo/Hot Honey Chicken Wings Regular or Chili Cheese Hotdog Italian Pasta Salad, Sweet Potato Crinkle Fries Veggie Dippers Apple Cobbler, Craisins 	22 Orange Chicken or General Tso's Chicken w/Brown Rice Mozzarella Breadsticks w/Marinara Broccoli, Side Salad Fresh Fruit, 100% Fruit Juice	23 
26 Glazed Chicken Drumsticks Mac & Cheese Garlic and Cheddar Biscuit Broccoli, Baby Carrots Blue Raspberry Applesauce, Diced Peaches	27 Beef Tacos w/Spanish Rice Three Bean Chili Bowl w/Shredded Cheddar Garlic and Cheddar Biscuit Corn, Side Salad Fresh Fruit, 100% Fruit Juice	28 BBQ/Bufalo/Hot Honey Boneless Chicken Wings Smash Cheeseburgers Baked Beans, Veggie Dippers Applesauce, Fresh Fruit	29 Spooky Lunch!  Batty Chicken Bites Ghostly Grahams Goblin Green Beans, Side Salad Candy Corn Parfait w/Fresh Fruit Eek! Frozen Fruit	30 

Menu is subject to change. This institution is an equal opportunity provider.

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