# DEL VAL RAMS WRESTLING



BUILT ON DISCIPLINE
DRIVEN BY PRIDE

**STRENGTH. CHARACTER. BROTHERHOOD.**

**FOR ATHLETES**
**K – 6TH GRADE**

**LEARN THE BASICS**
Technique. Strength. Speed. Confidence.

**GROW ON AND OFF THE MAT**
Build skills, make friends, and become your best.

**BE PART OF THE TRADITION**
Proud of our past. Focused on our future.

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