

NHPS SCHOOL NUTRITION PROGRAM
FOOD ALLERGY & MEAL MODIFICATION REQUEST INSTRUCTIONS
25-26 SY

- Parents must have their child's medical doctor (or a state licensed medical professional) complete the CSDE (Connecticut State Department of Education) Food Allergy/ Medical Statement for Meal Modifications in School Nutrition Programs form. **This must be completed yearly, as meal modifications will be in effect for one year from the date the document is signed.**
- Parents submit the completed document, signed by a medical doctor (or a state licensed medical professional), to your child's school nurse.
- The document is reviewed by NHPS School Nutrition staff. The meal modification plan is then developed specifically for the student.
- The student's individual meals are safely prepared and packaged by NHPS Central Kitchen. The meal is marked with the student's name & school, and delivered to the school kitchen in advance of meal service.
- The school liaison will contact the parent informing them of the start date.
- The school liaison will introduce student to cafeteria staff and determine if student will need assistance daily.
- Prepared modified meals will be discontinued after 10 consecutive days of the meal not being retrieved/eaten by student.
- If meals are discontinued due to lack of participation, the school liaison will contact the parent informing them of this change.
- Parents should contact the school nurse or school liaison regarding requests to resume the modified meal service. The school nurse will then submit the request to the School Nutrition staff.
- Meal modifications are **ONLY** made for food allergies and medically necessary special diets, **not for student/parent food preferences.**
- To be sure that the student/your child will be served a safe meal choice-a meal modification form **MUST BE SUBMITTED TO THE NURSE.**
- Food Allergy Medical Statement and Meal Modification Forms are only accepted in this manner.
- **Please note: NHPS does not serve food containing peanuts, tree nuts or shellfish.** Food allergy meal modification requests **DO NOT** need to be submitted for these allergies.
- Parents with general questions regarding meal modifications can contact NHPS School Nutrition Staff at 475-220-1610. If you have specific questions about your child's modification, please contact your school nurse.
- The goal of the NHPS School Nutrition Program is to provide nutritious and safely prepared meals to all students!