

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheeseburger with Fries - ServingDate: 09/04/2024</b>					
*Cheeseburger - LR1226 (1 ea.)	98	325.00	27.50	3.00	2.50
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	50	23.21	4.53	1.77	1.16
Crinkle Cut Fries - LR1098 (3/4 c.)	50	150.00	21.00	1.50	0.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>Chicken Nuggets, WW Roll and Wedge Cut Potatoes - ServingDate: 09/05/2024</b>					
Chicken Nugget .64oz Breaded Breast Meat CN 10058100928 - LR1421 (5 nuggets)	98	260.00	15.00	2.00	0.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Whole Wheat Rolls - LR1305 (1 roll.)	100	90.00	16.00	2.00	2.00
Baby Carrots - LR1145 (4 oz.)	50	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	50	330.00	64.50	12.00	21.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Chicken Nuggets, WW Roll and Wedge Cut Potatoes - ServingDate: 09/05/2024</b>					
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>Wild Mike's Pepperoni Pizza and salad - ServingDate: 09/06/2024</b>					
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	98	400.00	37.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Wild Mike's Pepperoni Pizza and salad - ServingDate: 09/06/2024</b>					
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
<b>Tasty Chicken Burger - ServingDate: 09/09/2024</b>					
Chicken Burger - LR1079 (1 ea.)	98	340.00	36.00	6.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Crinkle Cut Fries - LR1098 (1/2 c.)	100	100.00	14.00	1.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 09/10/2024</b>					
*Chicken Teriyaki and Rice - LR1228 (1 serving)	98	285.00	42.00	2.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 09/10/2024</b>					
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>K-8 Alfredo with Angela Mia Sauce - ServingDate: 09/11/2024</b>					
K-8 Alfredo with Angela Mia - LR1488 (1 serving)	98	454.19	48.37	8.16	4.50
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	0	310.00	33.00	4.00	11.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-8 Alfredo with Angela Mia Sauce - ServingDate: 09/11/2024</b>					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 09/12/2024</b>					
K-8 Nachos - LR1389 (1 serving)	98	491.37	37.45	3.62	0.11
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
USDA Salsa, Low-sodium, Canned - LR1428 (2 tbsp.)	7	10.00	2.00	1.00	1.00

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>cheese calzone and iceberg salad - ServingDate: 09/13/2024</b>					
cheese calzone - LR1270 (3 ea.)	98	320.00	40.00	4.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	25	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
<b>Chicken and Waffles with Carrots - ServingDate: 09/16/2024</b>					
* Chicken Tenders - LR1153 (3 ea.)	98	330.00	18.00	3.00	3.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
*Waffles - LR1232 (1 pcs.)	100	89.65	13.95	1.00	1.99
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Tater Tots - LR1016 (3/4 c.)	100	195.00	24.00	3.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Chicken and Waffles with Carrots - ServingDate: 09/16/2024</b>					
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>Orange Chicken with Rice, Veggie - ServingDate: 09/17/2024</b>					
*Orange Chicken with Rice - LR1231 (1 serving)	98	229.98	37.51	0.64	8.89
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	7	299.82	0.99	0.06	0.35

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 09/18/2024</b>					
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (1 piece)	98	154.68	15.97	1.50	1.50
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	1	310.00	33.00	4.00	11.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)



# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Mini Garlic Toast - ServingDate: 09/19/2024</b>					
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	98	290.00	32.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Garlic Toast - LR1111 (1 ea.)	98	70.00	11.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Mini Garlic Toast - ServingDate: 09/19/2024</b>					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	29.77	0.99	21.83
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 09/20/2024</b>					
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	98	390.00	37.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
Ranch Dressing - LR1097 (1 tbsp.)	10	28.07	0.61	0.04	0.02(M)

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 09/23/2024</b>					
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	30.00	3.00	4.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	100	15.47	3.02	1.18	0.77
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	5.00	1.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	25	299.82	0.99	0.06	0.35
<b>Beef Dippers, Rice and Edamame - ServingDate: 09/24/2024</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Brown Rice - LR1423 (1/2 c.)	98	96.65	20.62	0.64	0.00
Beef Steak Strips (Beef Dippers) - LR1102 (4 ea.)	98	160.00	6.00	1.00	4.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	100	140.66	10.36	6.04	2.53

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef Dippers, Rice and Edamame - ServingDate: 09/24/2024</b>					
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	34	53.33	14.63	1.03	11.49
Orange - LR1073 (1 ea.)	33	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>Chicken Drumstick, Mashed Potatoes and a WW Roll - ServingDate: 09/25/2024</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00
Breaded Chicken Drumstick - Tyson - LR1412 (1 drumstick )	98	220.00	6.00	1.00	0.00
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (3/4 c.)	100	135.00	25.50	1.50	0.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
Gravy, Country, Trio - LR1402 (1 tbsp.)	50	35.00	7.00	0.00	2.00

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Breakfast Waffler Sandwich with Sausage and Cheese hash brown patties - ServingDate: 09/26/2024</b>					
Bagel, Cream Cheese and Sunflower Seeds - LR1326 (1 serving)	0	400.74	41.15	7.02	7.03
Hummus and Flatbread - LR1332 (1 serving)	0	470.00	74.00	11.00	7.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	0	310.00	33.00	4.00	11.00
Waffle Sandwich - LR1511 (1 sandwich)	98	284.30	29.39	1.99	4.48
Cherry Tomatoes - LR1212 (1/2 c.)	100	18.36	3.97	1.22	2.68
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (1 patty)	100	110.00	15.50	1.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Breakfast Waffler Sandwich with Sausage and Cheese hash brown patties - ServingDate: 09/26/2024</b>					
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
<b>Tony's Garlic Cheese Pizza and Marinara Sauce with a side salad - ServingDate: 09/27/2024</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	98	320.00	29.00	2.00	4.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35

# Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL  
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Corn Dogs and Veggies - ServingDate: 09/30/2024					
*Corn Dog - LR1155 (1 corn dog)	98	240.00	30.00	2.00	8.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Baked Beans - LR1264 (1/2 cup, drain)	20	220.00	43.00	8.00	14.00
Crinkle Cut Fries - LR1098 (3/4 c.)	80	150.00	21.00	1.50	0.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Lunch  
Site Group: Elementary School  
Menu Line: Main  
Serving Group: K-5  
Nutrients Option: Diabetic Interest