

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/03/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice, USDA 101031, 1/2 cup - LR1547 (1/2 c.)	94	120.69	25.07	1.18	0.22
Beef Slam Dunkers, Teriyaki, Cooked 160/3oz, 2m, Don Lee Farms, CNQTD0753 - LR1550 (4 pcs.)	94	210.00	11.00	0.00	9.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

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6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/03/2025					
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

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6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/03/2025					
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/03/2025					
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Sausage and Pancakes with Salad Bar - ServingDate: 11/05/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	1	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	1	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Pancakes, Whole Grain, Frozen, 144/1.2oz, USDA 110393 - LR1565 (2 pancake)	95	140.00	26.00	2.00	6.00
Sausage Patty, Turkey, CN, 107/1.5oz, Jones Dairy Farm, 018738 - LR1410 (1 patty)	95	70.00	1.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Sausage and Pancakes with Salad Bar - ServingDate: 11/05/2025					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

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6-8 Sausage and Pancakes with Salad Bar - ServingDate: 11/05/2025					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48

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6-8 Sausage and Pancakes with Salad Bar - ServingDate: 11/05/2025					
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	0.99	0.06	0.35
Maple Syrup - LR1338 (1 pkg.)	60	120.00	31.00	0.00	17.00
6-8 Chicken Burger and Salad Bar - ServingDate: 11/06/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
Chicken Burger - LR1079 (1 ea.)	69	340.00	36.00	6.00	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Spicy Chicken Burger - LR1490 (1 burger)	25	616.27	36.00	4.00	3.00
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00

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6-8 Chicken Burger and Salad Bar - ServingDate: 11/06/2025					
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

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6-8 Chicken Burger and Salad Bar - ServingDate: 11/06/2025					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84

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6-8 Chicken Burger and Salad Bar - ServingDate: 11/06/2025					
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/07/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00

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6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/07/2025					
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	47	350.00	34.00	3.00	7.00
Pizza, Pepperoni, Big Daddy's Primo 2M, 2WG, 1/8c RO, 68592 - LR1546 (1 slice)	47	350.00	34.00	3.00	7.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

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6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/07/2025					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/07/2025					
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 11/10/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 11/10/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice, USDA 101031, 1/2 cup - LR1547 (1/2 c.)	94	120.69	25.07	1.18	0.22
*Chicken Teriyaki, Yangs - LR1186 (2.4 oz 1 servi)	94	111.43	8.57	0.00	7.71
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 11/10/2025					
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 11/10/2025					
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Cheeseburger and Salad Bar - ServingDate: 11/12/2025					
*Cheeseburger - LR1226 (1 ea.)	94	344.70	31.49	5.00	3.50

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheeseburger and Salad Bar - ServingDate: 11/12/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Crinkle Cut Fries - LR1098 (1/2 c.)	94	100.00	14.00	1.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheeseburger and Salad Bar - ServingDate: 11/12/2025					
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheeseburger and Salad Bar - ServingDate: 11/12/2025					
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
Bean and Cheese Burrito - LR1262 (1 burrito)	40	309.98	44.00	8.00	2.00
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (2 piece)	54	299.38	30.94	2.99	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2025					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2025					
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2025					
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Sour Cream - LR1035 (1/4 c.)	10	56.70	1.89	(M)	1.89
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	15	11.25	2.18	0.42	(M)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/14/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/14/2025					
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	47	350.00	34.00	3.00	7.00
Pizza, Pepperoni, Big Daddy's Primo 2M, 2WG, 1/8c RO, 68592 - LR1546 (1 slice)	47	350.00	34.00	3.00	7.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/14/2025					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/14/2025					
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 11/17/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 11/17/2025					
Chicken - Orange - LR1196 (3.6 oz 1 servi)	94	150.00	19.00	0.00	10.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice, USDA 101031, 1/2 cup - LR1547 (1/2 c.)	94	120.69	25.07	1.18	0.22
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 11/17/2025					
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 11/17/2025					
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/18/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/18/2025					
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	94	290.00	32.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Garlic Knot, WG, 200/1.3oz, 1.25WG, Bake Crafters, 1785 - LR1566 (1 ea.)	94	120.00	18.00	2.00	3.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/18/2025					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/18/2025					
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	18	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/18/2025					
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Chicken Tenders, Whole Wheat Roll and Mashed Potatoes - ServingDate: 11/19/2025					
* Chicken Tenders - LR1153 (3 ea.)	96	330.00	18.00	3.00	3.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	1	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	1	661.00	39.68	6.06(M)	8.76(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Whole Wheat Rolls - LR1305 (1 roll.)	100	90.00	16.00	2.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	100	70.44	14.09	1.01	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Tenders, Whole Wheat Roll and Mashed Potatoes - ServingDate: 11/19/2025					
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Tenders, Whole Wheat Roll and Mashed Potatoes - ServingDate: 11/19/2025					
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Tenders, Whole Wheat Roll and Mashed Potatoes - ServingDate: 11/19/2025					
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/20/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
Bean and Cheese Burrito - LR1262 (1 burrito)	40	309.98	44.00	8.00	2.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/20/2025					
Cheese Quesadilla, Schwans Coyote Grill 78372 - LR1497 (2 piece)	54	299.38	30.94	2.99	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/20/2025					
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/20/2025					
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/20/2025					
Sour Cream - LR1035 (1/4 c.)	10	56.70	1.89	(M)	1.89
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	15	11.25	2.18	0.42	(M)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/21/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	47	350.00	34.00	3.00	7.00
Pizza, Pepperoni, Big Daddy's Primo 2M, 2WG, 1/8c RO, 68592 - LR1546 (1 slice)	47	350.00	34.00	3.00	7.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/21/2025					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/21/2025					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/21/2025					
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/24/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice, USDA 101031, 1/2 cup - LR1547 (1/2 c.)	94	120.69	25.07	1.18	0.22

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/24/2025					
Beef Slam Dunkers, Teriyaki, Cooked 160/3oz, 2m, Don Lee Farms, CNQTD0753 - LR1550 (4 pcs.)	94	210.00	11.00	0.00	9.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/24/2025					
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/24/2025					
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, and Salad Bar - ServingDate: 11/25/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Holiday Themed Chicken Nuggets - LR1499 (1 serving)	94	180.00	16.00	3.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	98	120.00	18.00	1.00	8.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00
Crinkle Cut Fries - LR1098 (1/2 c.)	50	100.00	14.00	1.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	0	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, and Salad Bar - ServingDate: 11/25/2025					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, and Salad Bar - ServingDate: 11/25/2025					
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, and Salad Bar - ServingDate: 11/25/2025					
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Corn Dog, Fries, and a Salad Bar - ServingDate: 11/26/2025					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	562.33	34.70	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	661.00	39.68	6.06(M)	8.76(M)
*Corn Dog - LR1155 (1 corn dog)	94	240.00	30.00	2.00	8.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Crinkle Cut Fries - LR1098 (3/4 c.)	94	150.00	21.00	1.50	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Corn Dog, Fries, and a Salad Bar - ServingDate: 11/26/2025					
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Corn Dog, Fries, and a Salad Bar - ServingDate: 11/26/2025					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Corn Dog, Fries, and a Salad Bar - ServingDate: 11/26/2025					
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Middle School
Menu Line: Main
Serving Group: 6-8
Nutrients Option: Diabetic Interest