

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Beef Dippers, Rice and Veggie - ServingDate: 11/03/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice - LR1423 (1/2 c.)	98	96.65	20.62	0.64	0.00
Beef Slam Dunkers, Teriyaki, Cooked 160/3oz, 2m, Don Lee Farms, CNQTD0753 - LR1550 (4 pcs.)	98	210.00	11.00	0.00	9.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	100	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

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Beef Dippers, Rice and Veggie - ServingDate: 11/03/2025					
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	34	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	33	61.57	15.39	3.14	12.25

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Beef Dippers, Rice and Veggie - ServingDate: 11/03/2025					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Rotini with Meat Sauce and Veggie - ServingDate: 11/04/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Rotini Pasta, USDA 110504, 1/2 cup - LR1572 (1/2 c.)	98	99.79	20.80	2.61	0.78
Spaghetti meat sauce - LR1569 (1 serving)	98	198.39	14.43	4.21	6.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00

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K-5 Rotini with Meat Sauce and Veggie - ServingDate: 11/04/2025					
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

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K-5 Rotini with Meat Sauce and Veggie - ServingDate: 11/04/2025					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Pancakes with Sausage Patty - ServingDate: 11/05/2025					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00

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Pancakes with Sausage Patty - ServingDate: 11/05/2025					
Pancakes, Whole Grain, Frozen, 144/1.2oz, USDA 110393 - LR1565 (2 pancake)	98	140.00	26.00	2.00	6.00
Sausage Patty, Turkey, CN, 107/1.5oz, Jones Dairy Farm, 018738 - LR1410 (2 patty)	98	140.00	2.00	0.00	0.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (3 patty)	0	330.00	46.50	3.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

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Pancakes with Sausage Patty - ServingDate: 11/05/2025					
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25

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Pancakes with Sausage Patty - ServingDate: 11/05/2025					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Maple Syrup - LR1338 (1 pkg.)	20	120.00	31.00	0.00	17.00
Tasty Chicken Burger - ServingDate: 11/06/2025					
Chicken Burger - LR1079 (1 ea.)	98	340.00	36.00	6.00	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00

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Tasty Chicken Burger - ServingDate: 11/06/2025					
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (3 patty)	0	330.00	46.50	3.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43

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Tasty Chicken Burger - ServingDate: 11/06/2025					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00

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Tasty Chicken Burger - ServingDate: 11/06/2025					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Cheese Pizza with Iceberg Salad - ServingDate: 11/07/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	98	350.00	34.00	3.00	7.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheese Pizza with Iceberg Salad - ServingDate: 11/07/2025					
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheese Pizza with Iceberg Salad - ServingDate: 11/07/2025					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheese Pizza with Iceberg Salad - ServingDate: 11/07/2025					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Ranch Dressing - LR1097 (1 tbsp.)	10	28.07	0.61	0.04	0.02(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/10/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/10/2025					
Brown Rice, USDA 101031, 1/2 cup - LR1547 (1/2 c.)	98	120.69	25.07	1.18	0.22
*Chicken Teriyaki, Yangs - LR1186 (2.4 oz 1 servi)	98	111.43	8.57	0.00	7.71
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (3 patty)	0	330.00	46.50	3.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/10/2025					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/10/2025					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheeseburger with Veggie - ServingDate: 11/12/2025					
*Cheeseburger - LR1226 (1 ea.)	98	344.70	31.49	5.00	3.50
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00

Menu Calendar Nutrient Analysis Report - November, 2025

Generated on: 10/24/2025 3:23:11 PM by Kristen Satra

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheeseburger with Veggie - ServingDate: 11/12/2025					
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2025					
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (2 piece)	98	299.38	30.94	2.99	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2025					
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2025					
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2025					
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	0	11.25	2.18	0.42	(M)
Big Daddy Pepperoni Pizza and salad - ServingDate: 11/14/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Big Daddy Pepperoni Pizza and salad - ServingDate: 11/14/2025					
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	98	328.18	34.34	3.18	5.60
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Big Daddy Pepperoni Pizza and salad - ServingDate: 11/14/2025					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Big Daddy Pepperoni Pizza and salad - ServingDate: 11/14/2025					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Orange Chicken with Rice, Veggie - ServingDate: 11/17/2025					
Chicken - Orange - LR1196 (3.6 oz 1 servi)	98	150.00	19.00	0.00	10.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with Rice, Veggie - ServingDate: 11/17/2025					
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice, USDA 101031, 1/2 cup - LR1547 (1/2 c.)	98	120.69	25.07	1.18	0.22
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (3 patty)	0	330.00	46.50	3.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with Rice, Veggie - ServingDate: 11/17/2025					
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with Rice, Veggie - ServingDate: 11/17/2025					
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	7	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Mac and Cheese and Veggie - ServingDate: 11/18/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Mac and Cheese and Veggie - ServingDate: 11/18/2025					
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	98	290.00	32.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (3 patty)	0	330.00	46.50	3.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Sweet Yellow Corn - LR1217 (3/4 c.)	0	84.12	19.98	2.10	2.10
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	19.00	1.00	17.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Mac and Cheese and Veggie - ServingDate: 11/18/2025					
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Mac and Cheese and Veggie - ServingDate: 11/18/2025					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Tenders with a WW Roll and Mashed Potatoes - ServingDate: 11/19/2025					
* Chicken Tenders - LR1153 (3 ea.)	98	330.00	18.00	3.00	3.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	0	310.00	33.00	4.00	11.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	100	105.66	21.13	1.51	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (3 patty)	0	330.00	46.50	3.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Tenders with a WW Roll and Mashed Potatoes - ServingDate: 11/19/2025					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Tenders with a WW Roll and Mashed Potatoes - ServingDate: 11/19/2025					
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
bean and cheese burrito with black beans - ServingDate: 11/20/2025					
Bean and Cheese Burrito - LR1262 (1 burrito)	100	309.98	44.00	8.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	0	440.00	34.00	2.00	6.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
bean and cheese burrito with black beans - ServingDate: 11/20/2025					
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
bean and cheese burrito with black beans - ServingDate: 11/20/2025					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
bean and cheese burrito with black beans - ServingDate: 11/20/2025					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Salsa - LR1034 (1/4 c.)	10	(M)	(M)	(M)	(M)
Cheese Pizza with Iceberg Salad - ServingDate: 11/21/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	98	350.00	34.00	3.00	7.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheese Pizza with Iceberg Salad - ServingDate: 11/21/2025					
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheese Pizza with Iceberg Salad - ServingDate: 11/21/2025					
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Cheese Pizza with Iceberg Salad - ServingDate: 11/21/2025					
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Ranch Dressing - LR1097 (1 tbsp.)	10	28.07	0.61	0.04	0.02(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Beef Dippers, Rice and Veggie - ServingDate: 11/24/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice - LR1423 (1/2 c.)	98	96.65	20.62	0.64	0.00
Beef Slam Dunkers, Teriyaki, Cooked 160/3oz, 2m, Don Lee Farms, CNQTD0753 - LR1550 (4 pcs.)	98	210.00	11.00	0.00	9.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Beef Dippers, Rice and Veggie - ServingDate: 11/24/2025					
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	100	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	34	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Beef Dippers, Rice and Veggie - ServingDate: 11/24/2025					
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	33	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Beef Dippers, Rice and Veggie - ServingDate: 11/24/2025					
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2025					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Holiday Themed Chicken Nuggets - LR1499 (1 serving)	98	180.00	16.00	3.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	98	120.00	18.00	1.00	8.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2025					
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Celery - LR1163 (3/4 cup choppe)	0	10.61	2.25	1.21	1.01
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	100	105.66	21.13	1.51	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (3 patty)	0	330.00	46.50	3.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2025					
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2025					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Corn Dogs and Veggies - ServingDate: 11/26/2025					
*Corn Dog - LR1155 (1 corn dog)	98	240.00	30.00	2.00	8.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Celery - LR1163 (3/4 cup choppe)	100	10.61	2.25	1.21	1.01
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (3/4 c.)	0	105.66	21.13	1.51	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Corn Dogs and Veggies - ServingDate: 11/26/2025					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Corn Dogs and Veggies - ServingDate: 11/26/2025					
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Elementary School
Menu Line: Main
Serving Group: K-5
Nutrients Option: Diabetic Interest