

LET US HELP

Visit your home page starting Tuesday 4/15:

Website: [eap.wa.gov/worklife](https://helpwhereyouare.com/CompanyLogin/1669/DESWA)

Your Work/Life Access Code (to logon): <ASD>

Toll Free: 1-877-313-4455

The letters "eap" are below a radiating sun which contains a person with upraised arms

ONLINE SEMINAR

Explore how mastering organizational skills can transform your daily life by boosting efficiency, reducing stress, and creating more mental space.

**Clutter to Clarity: Organizational   
Skills for Better Living**

APRIL 2025

**YOUR EMPLOYEE SUPPORT PROGRAM**

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

**JANUARY 2024**