

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Bagels and Cream Cheese - ServingDate: 11/01/2024</b>					
*Bagel - LR1182 (1 ea.)	90	140.74	29.15	4.02	5.03
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	30	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

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Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Bagels and Cream Cheese - ServingDate: 11/01/2024</b>					
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
Cream Cheese 1oz - LR1341 (1 Container)	100	60.00	2.00	0.00	1.00
<b>Yogurt and Granola - ServingDate: 11/04/2024</b>					
* Yogurt, Raspberry, Yami - LR1158 (4 ounces)	100	99.65	18.93	0.00	14.95
Granola - LR1260 (1 Bag)	98	220.00	47.00	4.00	16.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	2	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	2	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	25	60.00	15.00	0.00	14.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Yogurt and Granola - ServingDate: 11/04/2024</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

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Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Yogurt and Granola - ServingDate: 11/04/2024</b>					
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Pillsbury Mini Maple Waffles - ServingDate: 11/05/2024</b>					
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	2	120.00	21.00	1.00	8.00
mini waffles - LR1362 (1 ea.)	98	210.00	37.00	2.00	13.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	2	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pillsbury Mini Maple Waffles - ServingDate: 11/05/2024</b>					
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Sliced Pumpkin Bread - ServingDate: 11/06/2024</b>					
*Sliced Pumpkin Bread - LR1241 (1 slice)	98	260.00	44.00	2.00	24.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	2	120.00	21.00	1.00	8.00

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<b>Sliced Pumpkin Bread - ServingDate: 11/06/2024</b>					
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	2	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00

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<b>Sliced Pumpkin Bread - ServingDate: 11/06/2024</b>					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>*Assorted Cereals - ServingDate: 11/07/2024</b>					
*Cocoa Puffs Cereal - LR1116 (1 ea.)	30	210.00	47.00	3.00	15.00
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	30	210.00	45.00	4.00	19.00
*Lucky Charms Cereal - LR1115 (1 ea.)	30	210.00	45.00	4.00	19.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	15	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>*Assorted Cereals - ServingDate: 11/07/2024</b>					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	15	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	50	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	49	108.86	12.52	0.00	(M)



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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Strawberry Mini Bagels - ServingDate: 11/08/2024</b>					
*Mini Strawberry Bagels - LR1233 (4 bagel)	90	230.00	42.00	2.00	13.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	20	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Strawberry Mini Bagels - ServingDate: 11/08/2024</b>					
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Cinnamon Roll - ServingDate: 11/12/2024</b>					
Cinnamon Roll - LR1328 (1 ea.)	90	240.00	40.00	3.00	16.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99

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<b>Cinnamon Roll - ServingDate: 11/12/2024</b>					
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00

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<b>Cinnamon Roll - ServingDate: 11/12/2024</b>					
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Banana Bread - ServingDate: 11/13/2024</b>					
Bread Slice, Banana - LR1152 (1 ea.)	90	261.06	45.18	2.01	24.10
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Banana Bread - ServingDate: 11/13/2024</b>					
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>*Assorted Cereals - ServingDate: 11/14/2024</b>					
*Cocoa Puffs Cereal - LR1116 (1 ea.)	30	210.00	47.00	3.00	15.00
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	30	210.00	45.00	4.00	19.00
*Lucky Charms Cereal - LR1115 (1 ea.)	30	210.00	45.00	4.00	19.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>*Assorted Cereals - ServingDate: 11/14/2024</b>					
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	15	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	15	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>*Assorted Cereals - ServingDate: 11/14/2024</b>					
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	50	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	49	108.86	12.52	0.00	(M)
<b>Bagels and Cream Cheese - ServingDate: 11/15/2024</b>					
*Bagel - LR1182 (1 ea.)	90	140.74	29.15	4.02	5.03
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	30	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Bagels and Cream Cheese - ServingDate: 11/15/2024</b>					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
Cream Cheese 1oz - LR1341 (1 Container)	100	60.00	2.00	0.00	1.00



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Yogurt and Granola - ServingDate: 11/18/2024</b>					
* Yogurt, Raspberr Yami - LR1158 (4 ounces)	100	99.65	18.93	0.00	14.95
Granola - LR1260 (1 Bag)	98	220.00	47.00	4.00	16.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	2	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	2	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	25	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Yogurt and Granola - ServingDate: 11/18/2024</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Pillsbury Mini Maple Waffles - ServingDate: 11/19/2024</b>					
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	2	120.00	21.00	1.00	8.00
mini waffles - LR1362 (1 ea.)	98	210.00	37.00	2.00	13.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	2	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pillsbury Mini Maple Waffles - ServingDate: 11/19/2024</b>					
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pillsbury Mini Maple Waffles - ServingDate: 11/19/2024</b>					
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Sliced Pumpkin Bread - ServingDate: 11/20/2024</b>					
*Sliced Pumpkin Bread - LR1241 (1 slice)	98	260.00	44.00	2.00	24.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	2	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	2	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Sliced Pumpkin Bread - ServingDate: 11/20/2024</b>					
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>*Assorted Cereals - ServingDate: 11/21/2024</b>					
*Cocoa Puffs Cereal - LR1116 (1 ea.)	30	210.00	47.00	3.00	15.00
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	30	210.00	45.00	4.00	19.00
*Lucky Charms Cereal - LR1115 (1 ea.)	30	210.00	45.00	4.00	19.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>*Assorted Cereals - ServingDate: 11/21/2024</b>					
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	15	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	15	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>*Assorted Cereals - ServingDate: 11/21/2024</b>					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	50	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	49	108.86	12.52	0.00	(M)
<b>Strawberry Mini Bagels - ServingDate: 11/22/2024</b>					
*Mini Strawberry Bagels - LR1233 (4 bagel)	90	230.00	42.00	2.00	13.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Strawberry Mini Bagels - ServingDate: 11/22/2024</b>					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	20	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Dave's Blueberry Muffin - ServingDate: 11/25/2024</b>					
Blueberry Muffin - LR1376 (1 muffin)	98	223.00	38.50	3.30	16.50
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	2	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	2	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Dave's Blueberry Muffin - ServingDate: 11/25/2024</b>					
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Cinnamon Roll - ServingDate: 11/26/2024</b>					
Cinnamon Roll - LR1328 (1 ea.)	90	240.00	40.00	3.00	16.00
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cinnamon Roll - ServingDate: 11/26/2024</b>					
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cinnamon Roll - ServingDate: 11/26/2024</b>					
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)
<b>Banana Bread - ServingDate: 11/27/2024</b>					
Bread Slice, Banana - LR1152 (1 ea.)	90	261.06	45.18	2.01	24.10
Kellog's Bug Bites Graham Crackers, 1oz, 210 count, 1wgr - LR1492 (1 pkg.)	10	120.00	21.00	1.00	8.00
* Cheese, Mozzarella String - 168/1 oz - LR1181 (1 ea.)	10	81.00	0.00	0.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Banana Bread - ServingDate: 11/27/2024</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	28	108.86	12.52	0.00	(M)

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Breakfast  
Site Group: Elementary School  
Menu Line: Main  
Serving Group: K-5  
Nutrients Option: Diabetic Interest