

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Bulk Rotini with Meat Sauce, Garlic Toast and Salad Bar - ServingDate: 10/01/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Rotini with Meat Sauce, Bulk, W106 7.44oz svg 2mma, 1wgr, 1/4 r/o - LR1513 (7.44 ounces)	94	315.00	16.00	6.20	1.00	621.00	24.00	18.00
Garlic Toast - LR1111 (1 ea.)	98	70.00	2.50	0.50	0.00	95.00	11.00	2.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	0	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Bulk Rotini with Meat Sauce, Garlic Toast and Salad Bar - ServingDate: 10/01/2024</b>								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Bulk Rotini with Meat Sauce, Garlic Toast and Salad Bar - ServingDate: 10/01/2024								
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Cheeseburger and Salad Bar - ServingDate: 10/02/2024								
*Cheeseburger - LR1226 (1 ea.)	94	325.00	15.50	6.25	0.50	620.00	27.50	20.50
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Crinkle Cut Fries - LR1098 (1/2 c.)	50	100.00	4.00	0.50	0.00	180.00	14.00	1.80
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Cheeseburger and Salad Bar - ServingDate: 10/02/2024								
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10

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<b>6-8 Cheeseburger and Salad Bar - ServingDate: 10/02/2024</b>								
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Chicken Nuggets, WW Roll and Salad Bar - ServingDate: 10/03/2024</b>								
* Chicken Nuggets, Tyson - LR1169 (5 ea.)	94	203.60	8.91	1.91	0.00	343.58	12.72	17.82
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Chicken Nuggets, WW Roll and Salad Bar - ServingDate: 10/03/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Whole Wheat Rolls - LR1305 (1 roll.)	94	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

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6-8 Chicken Nuggets, WW Roll and Salad Bar - ServingDate: 10/03/2024								
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10



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<b>6-8 Chicken Nuggets, WW Roll and Salad Bar - ServingDate: 10/03/2024</b>								
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/04/2024</b>								
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	47	390.00	15.00	7.00	0.00	520.00	37.00	19.00
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	47	400.00	16.00	7.00	0.00	600.00	37.00	19.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/04/2024								
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/04/2024								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/04/2024</b>								
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Chicken Burger and Salad Bar - ServingDate: 10/07/2024</b>								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
Chicken Burger - LR1079 (1 ea.)	69	340.00	10.50	1.50	0.00	490.00	36.00	25.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Chicken Burger and Salad Bar - ServingDate: 10/07/2024</b>								
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Spicy Chicken Burger - LR1490 (1 burger)	25	566.27 (M)	36.31 (M)	5.77(M)	0.00(M)	713.56 (M)	42.00 (M)	19.00 (M)
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Chicken Burger and Salad Bar - ServingDate: 10/07/2024</b>								
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Chicken Burger and Salad Bar - ServingDate: 10/07/2024</b>								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 10/08/2024</b>								
*Chicken Teriyaki and Rice - LR1228 (1 serving)	94	285.00	5.00	1.00	0.00	330.00	42.00	19.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 10/08/2024								
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00



# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 10/08/2024</b>								
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Meatball Sub and Salad Bar - ServingDate: 10/09/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
Meatball sub on hotdog bun - LR1318 (1 ea.)	94	210.00 (M)	1.50(M)	0.00(M)	0.00(M)	730.00 (M)	40.00 (M)	8.00(M)
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Meatball Sub and Salad Bar - ServingDate: 10/09/2024								
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Meatball Sub and Salad Bar - ServingDate: 10/09/2024								
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
6-8 Nachos and Salad Bar - ServingDate: 10/10/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
K-8 Nachos - LR1389 (1 serving)	94	491.37	29.05	9.53	0.00(M)	832.32	37.45	20.09

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Nachos and Salad Bar - ServingDate: 10/10/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Nachos and Salad Bar - ServingDate: 10/10/2024								
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Nachos and Salad Bar - ServingDate: 10/10/2024</b>								
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Sour Cream - LR1035 (1/4 c.)	0	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	7	40.00	0.00	0.00	0.00	139.99	8.00	0.00
<b>6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 10/11/2024</b>								
* Mini Calzones - LR1184 (3 ea.)	94	320.00	11.00	5.00	0.00	470.00	40.00	17.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	20	25.00	0.00	0.00	0.00	195.00	5.00	1.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 10/11/2024</b>								
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99



# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 10/11/2024								
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 10/11/2024</b>								
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Chicken and Waffles with Salad Bar - ServingDate: 10/14/2024</b>								
* Chicken Tenders - LR1153 (3 ea.)	94	330.00	18.00	3.00	0.00	600.00	18.00	30.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
*Waffles - LR1232 (1 pcs.)	98	89.65	2.99	0.00	0.00	134.47	13.95	1.99
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Chicken and Waffles with Salad Bar - ServingDate: 10/14/2024								
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Chicken and Waffles with Salad Bar - ServingDate: 10/14/2024</b>								
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Chicken and Waffles with Salad Bar - ServingDate: 10/14/2024</b>								
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Maple Syrup - LR1338 (1 pkg.)	50	120.00	0.00	0.00	0.00	40.00	31.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 10/15/2024</b>								
*Orange Chicken with Rice - LR1231 (1 serving)	94	229.98	3.31	0.44	0.00	250.88	37.51	11.71
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 10/15/2024								
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 10/15/2024								
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 10/16/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
Bean and Cheese Burrito - LR1262 (1 burrito)	40	303.10	6.14	2.19	(M)	332.10	45.41	17.01
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (2 piece)	54	309.36	11.98	5.99	0.00	558.84	31.93	18.96
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	0	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00



# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 10/16/2024								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 10/16/2024								
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 10/16/2024								
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Sour Cream - LR1035 (1/4 c.)	10	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	15	11.25	0.06	0.01	0.00	35.00	2.18	0.47
6-8 Mac and Cheese with Garlic Toast - ServingDate: 10/17/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	94	290.00	11.00	6.00	0.00	980.00	32.00	17.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Garlic Toast - LR1111 (1 ea.)	98	70.00	2.50	0.50	0.00	95.00	11.00	2.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Mac and Cheese with Garlic Toast - ServingDate: 10/17/2024</b>								
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	0	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Mac and Cheese with Garlic Toast - ServingDate: 10/17/2024</b>								
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Mac and Cheese with Garlic Toast - ServingDate: 10/17/2024</b>								
Milk - White 1% - LR1006 (1 ea.)	18	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/18/2024</b>								
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	47	390.00	15.00	7.00	0.00	520.00	37.00	19.00
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	47	400.00	16.00	7.00	0.00	600.00	37.00	19.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/18/2024								
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/18/2024								
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32



# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 10/18/2024</b>								
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 10/21/2024</b>								
*Cheesy Breadsticks - LR1021 (2 ea.)	94	300.00	11.00	6.00	0.00	490.00	30.00	19.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	0.00	0.00	0.00	195.00	5.00	1.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 10/21/2024								
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 10/21/2024</b>								
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 10/21/2024</b>								
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 10/22/2024</b>								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Rice - LR1018 (1/2 c.)	94	322.00	2.86	0.00	0.00	0.00	66.00	9.00
Beef Steak Strips (Beef Dippers) - LR1102 (4 ea.)	94	160.00	8.00	3.50	0.50	440.00	6.00	14.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 10/22/2024</b>								
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 10/22/2024</b>								
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Drumstick, Cornbread and Salad Bar - ServingDate: 10/23/2024</b>								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
Chicken Drumstick, Breaded, Tyson 16660100928 - LR1429 (1 drumstick )	94	220.00	13.00	3.00	0.00	530.00	6.00	19.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Mini Cornbread Loaf - LR1123 (1 loaf.)	50	198.00	6.50	0.90	0.00	140.00	32.00	2.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Drumstick, Cornbread and Salad Bar - ServingDate: 10/23/2024								
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Drumstick, Cornbread and Salad Bar - ServingDate: 10/23/2024								
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19



# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Breakfast Sandwich and Salad Bar - ServingDate: 10/24/2024								
*Breakfast Sandwich With Sausage and Cheese - LR1229 (1 sandwich)	94	259.37	10.99	4.50	0.00	768.58	22.89	16.97
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Breakfast Sandwich and Salad Bar - ServingDate: 10/24/2024								
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Breakfast Sandwich and Salad Bar - ServingDate: 10/24/2024								
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 10/25/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 10/25/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	94	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	10	25.00	0.00	0.00	0.00	195.00	5.00	1.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 10/25/2024								
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 10/25/2024								
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 10/28/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
*Corn Dog - LR1155 (1 corn dog)	94	240.00	9.00	2.50	0.00	470.00	30.00	9.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 10/28/2024</b>								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	6.00	0.75	0.00	270.00	21.00	2.70
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 10/28/2024</b>								
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19



# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 10/28/2024								
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
6-8 Chicken Alfredo - ServingDate: 10/29/2024								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
K-8 Alfredo with Angela Mia - LR1488 (1 serving)	94	454.19	19.48	9.47	0.00	1077.40	48.37	25.47
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Chicken Alfredo - ServingDate: 10/29/2024								
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	0	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Chicken Alfredo - ServingDate: 10/29/2024								
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Chicken Alfredo - ServingDate: 10/29/2024</b>								
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Cheeseburger and Salad Bar - ServingDate: 10/30/2024</b>								
*Cheeseburger - LR1226 (1 ea.)	94	325.00	15.50	6.25	0.50	620.00	27.50	20.50
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Crinkle Cut Fries - LR1098 (1/2 c.)	50	100.00	4.00	0.50	0.00	180.00	14.00	1.80
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Cheeseburger and Salad Bar - ServingDate: 10/30/2024</b>								
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Cheeseburger and Salad Bar - ServingDate: 10/30/2024</b>								
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>6-8 Cheeseburger and Salad Bar - ServingDate: 10/30/2024</b>								
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
<b>6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, Sugar Cookie and Salad Bar - ServingDate: 10/31/2024</b>								
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	35.40	9.48	0.00(M)	1579.83	27.56	27.26
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	46.82	10.60	0.00(M)	992.67	31.94	23.57
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
Holiday Themed Chicken Nuggets - LR1499 (1 serving)	94	180.00	7.00	1.50	0.00	590.00	16.00	13.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	100	120.00	4.00	1.00	0.00	65.00	18.00	2.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	2.00	0.00	(M)	65.00	16.00	3.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00

# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, Sugar Cookie and Salad Bar - ServingDate: 10/31/2024								
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	0	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99



# Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, Sugar Cookie and Salad Bar - ServingDate: 10/31/2024								
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
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Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
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Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL  
Date: 10/01/2024 - 10/31/2024

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AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

Legend  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Lunch  
Site Group: Middle School  
Menu Line: Main  
Serving Group: 6-8  
Nutrients Option: Expanded