

The letters "eap" are below a radiating sun which contains a person with upraised arms

LET US HELP

Visit your home page starting Tuesday 8/19:

Website: [eap.wa.gov/worklife](https://helpwhereyouare.com/CompanyLogin/1669/DESWA)

Your Work/Life Access Code (to logon): <Your Code>

Toll Free: 1-877-313-4455

**Connectedness: Cultivating Meaningful Social Connections**

ONLINE SEMINAR

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AUGUST 2025

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**JANUARY 2024**