

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pancakes with Sausage Patty - ServingDate: 10/01/2025</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Pancakes, Whole Grain, Frozen, 144/1.2oz, USDA 110393 - LR1565 (2 pancake )	98	140.00	26.00	2.00	6.00
Sausage Patty, Turkey, CN, 107/1.5oz, Jones Dairy Farm, 018738 - LR1410 (2 patty)	98	140.00	2.00	0.00	0.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pancakes with Sausage Patty - ServingDate: 10/01/2025</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25

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<b>Pancakes with Sausage Patty - ServingDate: 10/01/2025</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Maple Syrup - LR1338 (1 pkg.)	20	120.00	31.00	0.00	17.00
<b>Chicken Tenders with a WW Roll and Mashed Potatoes - ServingDate: 10/02/2025</b>					
* Chicken Tenders - LR1153 (3 ea.)	98	330.00	18.00	3.00	3.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	0	310.00	33.00	4.00	11.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Chicken Tenders with a WW Roll and Mashed Potatoes - ServingDate: 10/02/2025</b>					
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	100	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Chicken Tenders with a WW Roll and Mashed Potatoes - ServingDate: 10/02/2025</b>					
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

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<b>Chicken Tenders with a WW Roll and Mashed Potatoes - ServingDate: 10/02/2025</b>					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
<b>Pizza, Big Daddy's Pepperoni 1/10 - ServingDate: 10/03/2025</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	98	328.18	34.34	3.18	5.60
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99

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<b>Pizza, Big Daddy's Pepperoni 1/10 - ServingDate: 10/03/2025</b>					
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	5	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	5	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	5	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	5	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	10	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	10	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	18	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Orange Chicken with Rice, Veggie - ServingDate: 10/06/2025</b>					
*Orange Chicken with Rice - LR1231 (1 serving)	98	254.02	41.96	1.18	9.11
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00



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Orange Chicken with Rice, Veggie - ServingDate: 10/06/2025					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Orange Chicken with Rice, Veggie - ServingDate: 10/06/2025</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	7	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Chicken Biscuit Sandwich with Veggies - ServingDate: 10/07/2025</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Sandwich, Chicken Biscuit, IW, 1M, 2WG, 100/3.5oz Tyson, 10365230928 - LR1545 (1 sandwich)	96	250.00	31.00	4.00	2.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	2	310.00	33.00	4.00	11.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

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<b>K-5 Chicken Biscuit Sandwich with Veggies - ServingDate: 10/07/2025</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Chicken Biscuit Sandwich with Veggies - ServingDate: 10/07/2025</b>					
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
<b>Corn Dogs and Veggies - ServingDate: 10/08/2025</b>					
*Corn Dog - LR1155 (1 corn dog)	98	240.00	30.00	2.00	8.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Corn Dogs and Veggies - ServingDate: 10/08/2025</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	50	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Corn Dogs and Veggies - ServingDate: 10/08/2025</b>					
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Corn Dogs and Veggies - ServingDate: 10/08/2025</b>					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05



# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 10/09/2025</b>					
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (1 piece)	98	149.69	15.47	1.50	1.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 10/09/2025</b>					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 10/09/2025</b>					
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 10/09/2025</b>					
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	0	11.25	2.18	0.42	(M)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/10/2025</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	98	350.00	34.00	3.00	7.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/10/2025</b>					
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/10/2025</b>					
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Ranch Dressing - LR1097 (1 tbsp.)	10	28.07	0.61	0.04	0.02(M)

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/10/2025</b>					
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Beef Dippers, Rice and Veggie - ServingDate: 10/13/2025</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice - LR1423 (1/2 c.)	98	96.65	20.62	0.64	0.00
Beef Slam Dunkers, Teriyaki, Cooked 160/3oz, 2m, Don Lee Farms, CNQTD0753 - LR1550 (4 pcs.)	98	210.00	11.00	0.00	9.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef Dippers, Rice and Veggie - ServingDate: 10/13/2025</b>					
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	34	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00



# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef Dippers, Rice and Veggie - ServingDate: 10/13/2025</b>					
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	33	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef Dippers, Rice and Veggie - ServingDate: 10/13/2025</b>					
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Chicken and Waffles with Carrots - ServingDate: 10/14/2025</b>					
* Chicken Tenders - LR1153 (2 ea.)	98	220.00	12.00	2.00	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
*Waffles - LR1232 (1 pcs.)	100	79.69	11.95	1.00	1.99
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Chicken and Waffles with Carrots - ServingDate: 10/14/2025</b>					
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Chicken and Waffles with Carrots - ServingDate: 10/14/2025</b>					
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Chicken and Waffles with Carrots - ServingDate: 10/14/2025</b>					
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Cheeseburger with Veggie - ServingDate: 10/15/2025</b>					
*Cheeseburger - LR1226 (1 ea.)	98	344.70	31.49	5.00	3.50
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheeseburger with Veggie - ServingDate: 10/15/2025</b>					
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheeseburger with Veggie - ServingDate: 10/15/2025</b>					
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>bean and cheese burrito with black beans - ServingDate: 10/16/2025</b>					
Bean and Cheese Burrito - LR1262 (1 burrito)	100	309.98	44.00	8.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	0	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	100	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>bean and cheese burrito with black beans - ServingDate: 10/16/2025</b>					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14



# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>bean and cheese burrito with black beans - ServingDate: 10/16/2025</b>					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Salsa - LR1034 (1/4 c.)	10	(M)	(M)	(M)	(M)
<b>Pizza, Big Daddy's Pepperoni 1/10 - ServingDate: 10/17/2025</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	98	328.18	34.34	3.18	5.60
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pizza, Big Daddy's Pepperoni 1/10 - ServingDate: 10/17/2025</b>					
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	5	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	5	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	5	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	5	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	10	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	10	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	18	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 10/20/2025</b>					
*Chicken Teriyaki and Rice - LR1228 (1 serving)	98	232.12	33.65	1.18	7.93
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 10/20/2025</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 10/20/2025</b>					
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Tasty Chicken Burger - ServingDate: 10/21/2025</b>					
Chicken Burger - LR1079 (1 ea.)	98	340.00	36.00	6.00	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Tasty Chicken Burger - ServingDate: 10/21/2025</b>					
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Tasty Chicken Burger - ServingDate: 10/21/2025</b>					
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Mac and Cheese and Veggie - ServingDate: 10/22/2025</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00



# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Veggie - ServingDate: 10/22/2025</b>					
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	98	290.00	32.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Garlic Toast - LR1111 (1 ea.)	0	70.00	11.00	1.00	0.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Sweet Yellow Corn - LR1217 (1/2 c.)	0	56.08	13.32	1.40	1.40
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Veggie - ServingDate: 10/22/2025</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Veggie - ServingDate: 10/22/2025</b>					
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Veggie - ServingDate: 10/22/2025</b>					
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Hot Dog and Baked Beans - ServingDate: 10/23/2025</b>					
Hot Dog - LR1330 (1 ea.)	98	320.00	30.00	3.00	3.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	100	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Hot Dog and Baked Beans - ServingDate: 10/23/2025					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Hot Dog and Baked Beans - ServingDate: 10/23/2025</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/24/2025</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	98	350.00	34.00	3.00	7.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/24/2025</b>					
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/24/2025</b>					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00



# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 10/24/2025</b>					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
Ranch Dressing - LR1097 (1 tbsp.)	10	28.07	0.61	0.04	0.02(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Orange Chicken with Rice, Veggie - ServingDate: 10/27/2025</b>					
*Orange Chicken with Rice - LR1231 (1 serving)	98	254.02	41.96	1.18	9.11
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Orange Chicken with Rice, Veggie - ServingDate: 10/27/2025</b>					
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with Rice, Veggie - ServingDate: 10/27/2025					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Orange Chicken with Rice, Veggie - ServingDate: 10/27/2025</b>					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	7	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 10/28/2025</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
K-8 Nachos - LR1389 (1 serving)	98	422.70	35.21	3.50	0.11

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 10/28/2025</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 10/28/2025</b>					
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 10/28/2025</b>					
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
USDA Salsa, Low-sodium, Canned - LR1428 (2 tbsp.)	7	10.00	2.00	1.00	1.00
<b>Pizza, Big Daddy's Pepperoni 1/10 - ServingDate: 10/29/2025</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pizza, Big Daddy's Pepperoni 1/10 - ServingDate: 10/29/2025</b>					
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	98	328.18	34.34	3.18	5.60
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	5	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	5	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	5	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	5	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	10	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	10	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16



# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Pizza, Big Daddy's Pepperoni 1/10 - ServingDate: 10/29/2025</b>					
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	18	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 10/30/2025</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Holiday Themed Chicken Nuggets - LR1499 (1 serving)	98	180.00	16.00	3.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	0	120.00	18.00	1.00	8.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 10/30/2025</b>					
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	100	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 10/30/2025</b>					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 10/30/2025</b>					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 10/31/2025</b>					
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	30.00	3.00	4.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 10/31/2025</b>					
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	0	25.00	5.00	1.00	3.00
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	0	70.44	14.09	1.01	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	28.49	3.00	1.50
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 10/31/2025</b>					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 10/31/2025</b>					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	19	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	1	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	80	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	25	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Lunch  
Site Group: Elementary School  
Menu Line: Main  
Serving Group: K-5  
Nutrients Option: Diabetic Interest

# Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL  
Date: 10/01/2025 - 10/31/2025

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