

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - Serving Date: 10/01/2024								
*Cheeseburger - LR1226 (1 ea.)	8	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/01/2024								
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	20	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Smothered Beef and Bean Burrito - LR1364 (1 burrito)	35	485.17	21.11	7.91	0.00(M)	1183.42	48.85	25.12
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/01/2024								
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Smothered Beef Burrito and Salad Bar - ServingDate: 10/01/2024								
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Chicken and Waffles with Salad Bar - ServingDate: 10/02/2024								
* Chicken Tenders - LR1153 (3 ea.)	29	330.00	18.00	3.00	0.00	600.00	18.00	30.00
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 10/02/2024								
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98

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Chicken and Waffles with Salad Bar - ServingDate: 10/02/2024								
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
*Waffles - LR1232 (2 pcs.)	29	179.29	5.98	0.00	0.00	268.94	27.89	3.98
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

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Chicken and Waffles with Salad Bar - ServingDate: 10/02/2024								
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10

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Generated on: 9/25/2024 12:20:53 PM by Kristen Satra

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Chicken and Waffles with Salad Bar - ServingDate: 10/02/2024								
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Maple Syrup - LR1338 (1 pkg.)	20	120.00	0.00	0.00	0.00	40.00	31.00	0.00
Nachos and Salad Bar - ServingDate: 10/03/2024								
*Cheeseburger - LR1226 (1 ea.)	9	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	34	495.52	28.93	8.78	0.00(M)	931.62	35.99	21.87
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00

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Nachos and Salad Bar - ServingDate: 10/03/2024								
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/03/2024								
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/03/2024								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26

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Generated on: 9/25/2024 12:20:53 PM by Kristen Satra

Site: Arlington High School
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/03/2024								
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low- sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 10/04/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Chicken Teriyaki and Rice - LR1228 (1 serving)	29	285.00	5.00	1.00	0.00	330.00	42.00	19.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 10/04/2024								
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	1	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	0.00	0.00	0.00	0.00	7.20	0.72

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 10/04/2024								
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	10	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 10/04/2024								
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	10	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 10/04/2024								
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 10/07/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 10/07/2024								
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Rotini Pasta with Chicken and Creamy Pesto Cheese Sauce - LR1510 (1 serving)	29	374.18	14.14	5.75	0.03	682.01	45.69	20.59
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 10/07/2024								
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	29	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 10/07/2024								
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Soft Taco and Salad Bar - ServingDate: 10/08/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Beef Soft Taco - LR1245 (1 taco)	29	471.31	22.18	8.85	0.00(M)	761.32	40.66	27.38
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/08/2024								
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/08/2024								
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/08/2024								
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/08/2024								
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	10	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Sour Cream - LR1035 (1/4 c.)	0	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	0.06	0.01	0.00	35.00	2.18	0.47
AHS BBQ Pulled Chicken Sandwich with Baked Lays Potato Chips - ServingDate: 10/09/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS BBQ Pulled Chicken Sandwich with Baked Lays Potato Chips - ServingDate: 10/09/2024								
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
BBQ Pulled Chicken Sandwich - LR1523 (1 sandwich)	30	314.59	6.04	1.14	0.00	550.72	41.34	22.91
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS BBQ Pulled Chicken Sandwich with Baked Lays Potato Chips - ServingDate: 10/09/2024								
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	1	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Lays - LR1333 (1 Bag)	30	140.00	4.00	0.50	(M)	180.00	24.00	2.00
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00

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Generated on: 9/25/2024 12:20:53 PM by Kristen Satra

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS BBQ Pulled Chicken Sandwich with Baked Lays Potato Chips - ServingDate: 10/09/2024								
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS BBQ Pulled Chicken Sandwich with Baked Lays Potato Chips - ServingDate: 10/09/2024								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Nachos and Salad Bar - ServingDate: 10/10/2024								
*Cheeseburger - LR1226 (1 ea.)	9	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	34	495.52	28.93	8.78	0.00(M)	931.62	35.99	21.87
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)

Menu Calendar Nutrient Analysis Report - October, 2024

Generated on: 9/25/2024 12:20:53 PM by Kristen Satra

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/10/2024								
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/10/2024								
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/10/2024								
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/10/2024								
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/11/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/11/2024								
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Chicken Ramen - LR1529 (1 serving)	30	281.67	9.95	1.29	0.00(M)	868.02	27.68	21.05
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/11/2024								
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	1	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Whole Wheat Rolls - LR1305 (1 roll.)	30	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/11/2024								
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91

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Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 10/14/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 10/14/2024								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	29	290.00	11.00	6.00	0.00	980.00	32.00	17.00
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 10/14/2024								
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	31	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 10/14/2024								
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 10/14/2024								
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Smothered Beef Burrito and Salad Bar - ServingDate: 10/15/2024								
*Cheeseburger - LR1226 (1 ea.)	8	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/15/2024								
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/15/2024								
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	20	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Smothered Beef and Bean Burrito - LR1364 (1 burrito)	35	485.17	21.11	7.91	0.00(M)	1183.42	48.85	25.12
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/15/2024								
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 10/16/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 10/16/2024								
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 10/16/2024								
Southwest Chicken Salad - LR1477 (1 salad)	1	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Teriyaki Glazed Chicken Burger - LR1387 (1 burger)	30	363.52 (M)	4.97(M)	0.49(M)	0.00(M)	836.05 (M)	50.99 (M)	30.73 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Crinkle Cut Fries - LR1098 (1/2 c.)	40	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
Simplot Sweets Sweet Potato Fries Crinkle Cut - LR1399 (1/2 c.)	0	130.00	4.50	0.50	0.00	170.00	21.00	1.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 10/16/2024								
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 10/16/2024								
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/17/2024								
*Cheeseburger - LR1226 (1 ea.)	9	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	34	495.52	28.93	8.78	0.00(M)	931.62	35.99	21.87
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/17/2024								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/17/2024								
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/17/2024								
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/17/2024								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00
Orange Chicken with WW Rice and Salad Bar - ServingDate: 10/18/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 10/18/2024								
Chicken - Orange - LR1196 (3.6 oz 1 servi)	29	150.00	3.00	0.50	0.00	280.00	19.00	11.00
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 10/18/2024								
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Brown Rice - LR1423 (1 c.)	85	193.29	1.29	0.00	0.00	3.98	41.24	3.87
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 10/18/2024								
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 10/18/2024								
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
AHS Bulk Rotini with Meat Sauce and Garlic Toast - ServingDate: 10/21/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Bulk Rotini with Meat Sauce and Garlic Toast - ServingDate: 10/21/2024								
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Bulk Rotini with Meat Sauce and Garlic Toast - ServingDate: 10/21/2024								
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Rotini with Meat Sauce, Bulk, W106 7.44oz svg 2mma, 1wgr, 1/4 r/o - LR1513 (7.44 ounces)	30	315.00	16.00	6.20	1.00	621.00	24.00	18.00
Southwest Chicken Salad - LR1477 (1 salad)	1	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	30	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Bulk Rotini with Meat Sauce and Garlic Toast - ServingDate: 10/21/2024								
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Bulk Rotini with Meat Sauce and Garlic Toast - ServingDate: 10/21/2024								
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Soft Taco and Salad Bar - ServingDate: 10/22/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Beef Soft Taco - LR1245 (1 taco)	29	471.31	22.18	8.85	0.00(M)	761.32	40.66	27.38
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/22/2024								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/22/2024								
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/22/2024								
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	10	15.32	0.12	0.01	0.00	13.06	3.02	0.56

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 10/22/2024								
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Sour Cream - LR1035 (1/4 c.)	0	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	0.06	0.01	0.00	35.00	2.18	0.47
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 10/23/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 10/23/2024								
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Spicy Chicken Burger - LR1490 (1 burger)	29	566.27 (M)	36.31 (M)	5.77(M)	0.00(M)	713.56 (M)	42.00 (M)	19.00 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 10/23/2024								
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Crinkle Cut Fries - LR1098 (1/2 c.)	30	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	10	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	10	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 10/23/2024								
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	10	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	10	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	10	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	10	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	10	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	10	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	10	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 10/23/2024								
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	88	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	10	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Nachos and Salad Bar - ServingDate: 10/24/2024								
*Cheeseburger - LR1226 (1 ea.)	9	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	34	495.52	28.93	8.78	0.00(M)	931.62	35.99	21.87
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/24/2024								
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/24/2024								
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/24/2024								
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/24/2024								
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/24/2024								
Sour Cream - LR1035 (1/4 c.)	5	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/25/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Chicken Ramen - LR1529 (1 serving)	30	281.67	9.95	1.29	0.00(M)	868.02	27.68	21.05
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/25/2024								
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	1	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/25/2024								
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Whole Wheat Rolls - LR1305 (1 roll.)	30	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Chicken Ramen Bar with a Whole Grain Roll - ServingDate: 10/25/2024								
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 10/28/2024								
*Cheeseburger - LR1226 (1 ea.)	10	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Chicken Alfredo - LR1254 (1 serving)	29	446.99	17.38	8.31	0.00	1078.44	48.07	28.54
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 10/28/2024								
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 10/28/2024								
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	0	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	31	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 10/28/2024								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 10/28/2024								
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Smothered Beef Burrito and Salad Bar - ServingDate: 10/29/2024								
*Cheeseburger - LR1226 (1 ea.)	8	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/29/2024								
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/29/2024								
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	20	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Smothered Beef and Bean Burrito - LR1364 (1 burrito)	35	485.17	21.11	7.91	0.00(M)	1183.42	48.85	25.12
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Smothered Beef Burrito and Salad Bar - ServingDate: 10/29/2024								
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 10/30/2024								
*Cheeseburger - LR1226 (1 ea.)	1	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	10	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	0	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	6	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Chicken-Drumstick - LR1039 (1 ea.)	30	220.00	13.00	3.00	0.00	530.00	6.00	19.00
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	10	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - Serving Date: 10/30/2024								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Gravy, Country - LR1090 (2 oz Ladle)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 10/30/2024								
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Mini Cornbread Loaf - LR1123 (1 loaf.)	30	198.00	6.50	0.90	0.00	140.00	32.00	2.60
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	50	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	1	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	15	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	10	61.57	0.16	0.02	0.00	0.00	15.39	1.23

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 10/30/2024								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	15	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 10/30/2024								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	10	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Nachos and Salad Bar - ServingDate: 10/31/2024								
*Cheeseburger - LR1226 (1 ea.)	9	325.00	15.50	6.25	0.50	620.00	27.50	20.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	34	495.52	28.93	8.78	0.00(M)	931.62	35.99	21.87
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/31/2024								
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	0.00(M)	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/31/2024								
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/31/2024								
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 10/31/2024								
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low- sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00

Legend
(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - October, 2024

Generated on: 9/25/2024 12:20:53 PM by Kristen Satra

Site: Arlington High School
Date: 10/01/2024 - 10/31/2024

Report Selections

Meal Type: Lunch
Site Group: High School
Menu Line: Main
Serving Group: 9-12
Nutrients Option: Expanded