A calico cat and a person are sitting next to each other on a gray couch. The person is sitting cross-legged, wearing comfortable clothes, and holding a white mug. 



**YOUR EMPLOYEE ASSISTANCE PROGRAM**

**A Pet in Life**

**The compassionate world of pets**

Pets can have a positive impact on your overall health and happiness. Strong bonds can be formed and provide social support.

LET US HELP

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The letters "eap" are below a radiating sun which contains a person with upraised arms

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**MARCH 2024**