

LET US HELP

Visit your home page starting Tuesday 2/20:

WEBSITE: [www.eap.wa.gov/worklife](http://www.eap.wa.gov/worklife)

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TOLL FREE: 1-877-313-4455

ONLINE SEMINAR

Learn the art of being a positive influencer and how to set an example of positivity, adaptability, and inspire those around you, whether at work, at home, or in your community.

**Positive Impact - Become the Influence**

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

**YOUR EMPLOYEE ASSISTANCE PROGRAM**

**FEBRUARY 2024**

The letters "eap" are below a radiating sun which contains a person with upraised arms