

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Rotini with Meat Sauce and Veggie - ServingDate: 10/01/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Rotini with Meat Sauce, Bulk, W106 7.44oz svg 2mma, 1wgr, 1/4 r/o - LR1513 (7.44 ounces)	98	315.00	16.00	6.20	1.00	621.00	24.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Rotini with Meat Sauce and Veggie - ServingDate: 10/01/2024								
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	0.00	0.00	0.00	0.00	7.01	0.00
Applesauce - LR1075 (1/2 c.)	0	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	0.00	0.00	0.00	25.00	2.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Rotini with Meat Sauce and Veggie - ServingDate: 10/01/2024								
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Cheeseburger with Fries - ServingDate: 10/02/2024								
*Cheeseburger - LR1226 (1 ea.)	98	325.00	15.50	6.25	0.50	620.00	27.50	20.50
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheeseburger with Fries - ServingDate: 10/02/2024								
Baked Beans - LR1264 (1/2 cup, drain)	100	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (3/4 c.)	50	150.00	6.00	0.75	0.00	270.00	21.00	2.70
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00

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Cheeseburger with Fries - ServingDate: 10/02/2024								
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Chicken Nuggets, WW Roll and Wedge Cut Potatoes - ServingDate: 10/03/2024								
Chicken Nugget .64oz Breaded Breast Meat CN 10058100928 - LR1421 (5 nuggets)	98	260.00	14.00	2.50	0.00	540.00	15.00	17.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Whole Wheat Rolls - LR1305 (1 roll.)	100	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	1.50	0.00	0.00	765.00	64.50	16.50
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00

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Chicken Nuggets, WW Roll and Wedge Cut Potatoes - ServingDate: 10/03/2024								
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	0.00	0.00	0.00	34.49	28.49	3.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Wild Mike's Pepperoni Pizza and salad - ServingDate: 10/04/2024								
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	98	400.00	16.00	7.00	0.00	600.00	37.00	19.00

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Wild Mike's Pepperoni Pizza and salad - ServingDate: 10/04/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (195 g.)	0	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23

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Wild Mike's Pepperoni Pizza and salad - ServingDate: 10/04/2024								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Tasty Chicken Burger - ServingDate: 10/07/2024								
Chicken Burger - LR1079 (1 ea.)	98	340.00	10.50	1.50	0.00	490.00	36.00	25.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00

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Tasty Chicken Burger - ServingDate: 10/07/2024								
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	100	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 10/08/2024								
*Chicken Teriyaki and Rice - LR1228 (1 serving)	98	285.00	5.00	1.00	0.00	330.00	42.00	19.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	6.04	0.72	0.01	6.98	10.36	13.85
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 10/08/2024								
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Meatball Sub on Hot Dog Bun - ServingDate: 10/09/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
Meatball sub on hotdog bun - LR1318 (1 ea.)	98	210.00 (M)	1.50(M)	0.00(M)	0.00(M)	730.00 (M)	40.00 (M)	8.00(M)
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Meatball Sub on Hot Dog Bun - ServingDate: 10/09/2024								
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Meatball Sub on Hot Dog Bun - ServingDate: 10/09/2024								
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Beef and Cheese Nachos and Black Beans - ServingDate: 10/10/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
K-8 Nachos - LR1389 (1 serving)	98	491.37	29.05	9.53	0.00(M)	832.32	37.45	20.09
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (195 g.)	100	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef and Cheese Nachos and Black Beans - ServingDate: 10/10/2024								
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
USDA Salsa, Low-sodium, Canned - LR1428 (2 tbsp.)	7	10.00	0.00	0.00	0.00	35.00	2.00	0.00
cheese calzone and iceberg salad - ServingDate: 10/11/2024								
cheese calzone - LR1270 (3 ea.)	98	320.00	11.00	5.00	(M)	470.00	40.00	17.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
cheese calzone and iceberg salad - ServingDate: 10/11/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	25	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
cheese calzone and iceberg salad - ServingDate: 10/11/2024								
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Chicken and Waffles with Carrots - ServingDate: 10/14/2024								
* Chicken Tenders - LR1153 (3 ea.)	98	330.00	18.00	3.00	0.00	600.00	18.00	30.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
*Waffles - LR1232 (1 pcs.)	100	89.65	2.99	0.00	0.00	134.47	13.95	1.99
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Carrots - ServingDate: 10/14/2024								
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	100	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Orange Chicken with Rice, Veggie - ServingDate: 10/15/2024								
*Orange Chicken with Rice - LR1231 (1 serving)	98	229.98	3.31	0.44	0.00	250.88	37.51	11.71
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	6.04	0.72	0.01	6.98	10.36	13.85
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Orange Chicken with Rice, Veggie - ServingDate: 10/15/2024								
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	7	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 10/16/2024								
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (1 piece)	98	154.68	5.99	2.99	0.00	279.42	15.97	9.48
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00

Menu Calendar Nutrient Analysis Report - October, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 10/16/2024								
Black Beans - LR1222 (195 g.)	100	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 10/16/2024								
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Mac and Cheese and Mini Garlic Toast - ServingDate: 10/17/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	98	290.00	11.00	6.00	0.00	980.00	32.00	17.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Garlic Toast - LR1111 (1 ea.)	98	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	1.50	0.00	0.00	765.00	64.50	16.50
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Mac and Cheese and Mini Garlic Toast - ServingDate: 10/17/2024								
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23

Menu Calendar Nutrient Analysis Report - October, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Mac and Cheese and Mini Garlic Toast - ServingDate: 10/17/2024								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Cheese Pizza with Iceberg Salad - ServingDate: 10/18/2024								
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	98	390.00	15.00	7.00	0.00	520.00	37.00	19.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00

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Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheese Pizza with Iceberg Salad - ServingDate: 10/18/2024								
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Ranch Dressing - LR1097 (1 tbsp.)	10	28.07	2.45	0.53	0.00(M)	51.13	0.61	0.33

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Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheese Pizza with Iceberg Salad - ServingDate: 10/18/2024								
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 10/21/2024								
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	11.00	6.00	0.00	490.00	30.00	19.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	100	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 10/21/2024								
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	0.00	0.00	0.00	195.00	5.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	25	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Dippers, Rice and Edamame - ServingDate: 10/22/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Brown Rice - LR1423 (1/2 c.)	98	96.65	0.64	0.00	0.00	1.99	20.62	1.93
Beef Steak Strips (Beef Dippers) - LR1102 (4 ea.)	98	160.00	8.00	3.50	0.50	440.00	6.00	14.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	100	140.66	6.04	0.72	0.01	6.98	10.36	13.85
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	34	53.33	0.00	0.00	0.00	2.08	14.63	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Dippers, Rice and Edamame - ServingDate: 10/22/2024								
Orange - LR1073 (1 ea.)	33	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Chicken Drumstick, Mashed Potatoes and a WW Roll - ServingDate: 10/23/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Breaded Chicken Drumstick - Tyson - LR1412 (1 drumstick)	98	220.00	13.00	3.00	0.00	530.00	6.00	19.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Drumstick, Mashed Potatoes and a WW Roll - ServingDate: 10/23/2024								
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Gravy, Country, Trio - LR1402 (1 tbsp.)	50	35.00	0.50	0.05	0.00	180.00	7.00	1.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Drumstick, Mashed Potatoes and a WW Roll - ServingDate: 10/23/2024								
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Breakfast Sandwich with Potato wedges - ServingDate: 10/24/2024								
*Breakfast Sandwich With Sausage and Cheese - LR1229 (1 sandwich)	98	259.37	10.99	4.50	0.00	768.58	22.89	16.97
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Breakfast Sandwich with Potato wedges - ServingDate: 10/24/2024								
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	100	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tony's Garlic Cheese Pizza and Marinara Sauce with a side salad - ServingDate: 10/25/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	98	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tony's Garlic Cheese Pizza and Marinara Sauce with a side salad - ServingDate: 10/25/2024								
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Corn Dogs and Veggies - ServingDate: 10/28/2024								
*Corn Dog - LR1155 (1 corn dog)	98	240.00	9.00	2.50	0.00	470.00	30.00	9.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Corn Dogs and Veggies - ServingDate: 10/28/2024								
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	6.00	0.75	0.00	270.00	21.00	2.70
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Corn Dogs and Veggies - ServingDate: 10/28/2024								
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
K-8 Alfredo with Angela Mia Sauce - ServingDate: 10/29/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
K-8 Alfredo with Angela Mia - LR1488 (1 serving)	98	454.19	19.48	9.47	0.00	1077.40	48.37	25.47
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-8 Alfredo with Angela Mia Sauce - ServingDate: 10/29/2024								
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-8 Alfredo with Angela Mia Sauce - ServingDate: 10/29/2024								
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
Cheeseburger with Fries - ServingDate: 10/30/2024								
*Cheeseburger - LR1226 (1 ea.)	98	325.00	15.50	6.25	0.50	620.00	27.50	20.50
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	100	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (3/4 c.)	50	150.00	6.00	0.75	0.00	270.00	21.00	2.70
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheeseburger with Fries - ServingDate: 10/30/2024								
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19
K-5 Holiday Themed Chicken Nuggets, WW Roll and Sugar Cookie - ServingDate: 10/31/2024								
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	29.00	6.00	0.00	390.00	53.00	18.00
Holiday Themed Chicken Nuggets - LR1499 (1 serving)	98	180.00	7.00	1.50	0.00	590.00	16.00	13.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Holiday Themed Chicken Nuggets, WW Roll and Sugar Cookie - ServingDate: 10/31/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	100	120.00	4.00	1.00	0.00	65.00	18.00	2.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	1.00	0.00	0.00	410.00	17.00	2.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Black Beans - LR1222 (130 g.)	0	110.00	0.00	0.00	0.00	130.00	20.00	7.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	8.06	0.96	0.01	9.30	13.81	18.46
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Iceberg Salad - LR1292 (1 c.)	0	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	9.00	1.50	0.00	630.00	31.00	3.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	0.00	0.00	0.00	22.99	18.99	2.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Holiday Themed Chicken Nuggets, WW Roll and Sugar Cookie - ServingDate: 10/31/2024								
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	0.00	0.00	0.00	105.00	3.00	0.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	10.00	1.50	0.00	75.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.17	0.01	0.00	57.27	0.30	0.19

Legend
(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - October, 2024

Generated on: 9/25/2024 12:18:43 PM by Kristen Satra

Site: ALL
Date: 10/01/2024 - 10/31/2024

Report Selections

Meal Type: Lunch
Site Group: Elementary School
Menu Line: Main
Serving Group: K-5
Nutrients Option: Expanded