

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>cheese calzone and Veggie - ServingDate: 11/01/2024</b>					
cheese calzone - LR1270 (3 ea.)	98	320.00	40.00	4.00	6.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Celery - LR1163 (3/4 cup choppe)	100	10.61	2.25	1.21	1.01
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

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<b>cheese calzone and Veggie - ServingDate: 11/01/2024</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	25	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>cheese calzone and Veggie - ServingDate: 11/01/2024</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Tasty Chicken Burger - ServingDate: 11/04/2024</b>					
Chicken Burger - LR1079 (1 ea.)	98	340.00	36.00	6.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Tasty Chicken Burger - ServingDate: 11/04/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	100	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99

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<b>Tasty Chicken Burger - ServingDate: 11/04/2024</b>					
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

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<b>Tasty Chicken Burger - ServingDate: 11/04/2024</b>					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/05/2024</b>					
*Chicken Teriyaki and Rice - LR1228 (1 serving)	98	285.00	42.00	2.00	6.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00

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<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/05/2024</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49

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<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/05/2024</b>					
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00



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<b>K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 11/05/2024</b>					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Meatball Sub on Hot Dog Bun - ServingDate: 11/06/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Meatball sub on hotdog bun - LR1318 (1 ea.)	98	430.00	44.00	6.00	11.00

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<b>Meatball Sub on Hot Dog Bun - ServingDate: 11/06/2024</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49

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<b>Meatball Sub on Hot Dog Bun - ServingDate: 11/06/2024</b>					
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

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<b>Meatball Sub on Hot Dog Bun - ServingDate: 11/06/2024</b>					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 11/07/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
K-8 Nachos - LR1389 (1 serving)	98	491.37	37.45	3.62	0.11

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 11/07/2024</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 11/07/2024</b>					
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef and Cheese Nachos and Black Beans - ServingDate: 11/07/2024</b>					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
USDA Salsa, Low-sodium, Canned - LR1428 (2 tbsp.)	7	10.00	2.00	1.00	1.00
<b>Wild Mike's Pepperoni Pizza and salad - ServingDate: 11/08/2024</b>					
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	98	400.00	37.00	1.00	6.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Wild Mike's Pepperoni Pizza and salad - ServingDate: 11/08/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (195 g.)	0	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Wild Mike's Pepperoni Pizza and salad - ServingDate: 11/08/2024					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Wild Mike's Pepperoni Pizza and salad - ServingDate: 11/08/2024</b>					
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Orange Chicken with Rice, Veggie - ServingDate: 11/12/2024</b>					
*Orange Chicken with Rice - LR1231 (1 serving)	98	229.98	37.51	0.64	8.89

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Orange Chicken with Rice, Veggie - ServingDate: 11/12/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	4.53	1.77	1.16
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	0	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with Rice, Veggie - ServingDate: 11/12/2024					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Orange Chicken with Rice, Veggie - ServingDate: 11/12/2024</b>					
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	7	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2024</b>					
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (1 piece)	98	154.68	15.97	1.50	1.50

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (195 g.)	100	165.00	30.00	7.50	1.50
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	100	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2024					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 11/13/2024					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Mini Garlic Toast - ServingDate: 11/14/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	98	290.00	32.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Garlic Toast - LR1111 (1 ea.)	98	70.00	11.00	1.00	0.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	64.50	12.00	21.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Mini Garlic Toast - ServingDate: 11/14/2024</b>					
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Mac and Cheese and Mini Garlic Toast - ServingDate: 11/14/2024</b>					
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 11/15/2024</b>					
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	98	390.00	37.00	1.00	6.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 11/15/2024</b>					
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	33	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	34	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Cheese Pizza with Iceberg Salad - ServingDate: 11/15/2024</b>					
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
Ranch Dressing - LR1097 (1 tbsp.)	10	28.07	0.61	0.04	0.02(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 11/18/2024</b>					
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	30.00	3.00	4.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	100	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	5.00	1.00	3.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 11/18/2024					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 11/18/2024</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	25	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef Dippers, Rice and Edamame - ServingDate: 11/19/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Brown Rice - LR1423 (1/2 c.)	98	96.65	20.62	0.64	0.00
Beef Steak Strips (Beef Dippers) - LR1102 (4 ea.)	98	160.00	6.00	1.00	4.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	100	140.66	10.36	6.04	2.53
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef Dippers, Rice and Edamame - ServingDate: 11/19/2024</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	33	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	34	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	33	61.57	15.39	3.14	12.25

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Beef Dippers, Rice and Edamame - ServingDate: 11/19/2024</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Corn Dogs and Veggies - ServingDate: 11/20/2024</b>					
*Corn Dog - LR1155 (1 corn dog)	98	240.00	30.00	2.00	8.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (3/4 c.)	0	150.00	21.00	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Corn Dogs and Veggies - ServingDate: 11/20/2024					
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Corn Dogs and Veggies - Serving Date: 11/20/2024</b>					
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Breakfast Sandwich with Potato wedges - ServingDate: 11/21/2024</b>					
*Breakfast Sandwich With Sausage and Cheese - LR1229 (1 sandwich)	98	259.37	22.89	0.99	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	100	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Breakfast Sandwich with Potato wedges - ServingDate: 11/21/2024</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Breakfast Sandwich with Potato wedges - ServingDate: 11/21/2024</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Tony's Garlic Cheese Pizza and Marinara Sauce with a side salad - ServingDate: 11/22/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	98	320.00	29.00	2.00	4.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	4.53	1.77	1.16
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Tony's Garlic Cheese Pizza and Marinara Sauce with a side salad - ServingDate: 11/22/2024</b>					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Tony's Garlic Cheese Pizza and Marinara Sauce with a side salad - ServingDate: 11/22/2024</b>					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Holiday Themed Chicken Nuggets - LR1499 (1 serving)	98	180.00	16.00	3.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	0	120.00	18.00	1.00	8.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00
Broccoli - LR1136 (1/2 cup choppe)	50	15.47	3.02	1.18	0.77
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	0	90.00	17.00	1.00	0.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	9.33	3.28	5.23
Baked Beans - LR1264 (1/2 cup, drain)	50	220.00	43.00	8.00	14.00
Black Beans - LR1222 (130 g.)	0	110.00	20.00	5.00	1.00
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	0	187.55	13.81	8.06	3.38
Crinkle Cut Fries - LR1098 (1/2 c.)	0	100.00	14.00	1.00	0.00
Iceberg Salad - LR1292 (1 c.)	0	10.00	2.00	1.00	2.00
Potato, Hash Brown Patties, Triangle, 6/5#, Simplot, 10071179280224 - LR1512 (2 patty)	0	220.00	31.00	2.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2024</b>					
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (1/2 c.)	0	84.00	18.99	2.00	1.00
Tater Tots - LR1016 (3/4 c.)	0	195.00	24.00	3.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2024</b>					
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-5 Holiday Themed Chicken Nuggets, WW Roll and Veggie - ServingDate: 11/25/2024</b>					
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
<b>K-8 Turkey Gravy with Mashed Potatoes, Salad and Mini Cornbread - ServingDate: 11/26/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	100	120.00	18.00	1.00	8.00
Mini Cornbread Loaf - LR1123 (1 loaf.)	98	198.00	32.00	2.20	15.00
Turkey with Gravy - LR1298 (1 #10 scoop)	98	64.00	1.20	(M)	(M)
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (3/4 c.)	100	135.00	25.50	1.50	0.00
Iceberg Salad - LR1292 (1 c.)	50	10.00	2.00	1.00	2.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-8 Turkey Gravy with Mashed Potatoes, Salad and Mini Cornbread - ServingDate: 11/26/2024</b>					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>K-8 Turkey Gravy with Mashed Potatoes, Salad and Mini Cornbread - ServingDate: 11/26/2024</b>					
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
<b>Sack Lunch: Sunbutter Sandwich with Baby Carrots and a Fruit Cup - ServingDate: 11/27/2024</b>					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	98	540.00	53.00	8.00	19.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Sack Lunch: Sunbutter Sandwich with Baby Carrots and a Fruit Cup - ServingDate: 11/27/2024</b>					
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Lays - LR1333 (1 Bag)	100	140.00	24.00	2.00	3.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	0	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	50	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
<b>Sack Lunch: Sunbutter Sandwich with Baby Carrots and a Fruit Cup - ServingDate: 11/27/2024</b>					
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Grape, Thirster - LR1451 (1 container )	0	60.00	15.00	(M)	15.00
Juice, Mixed Berry, Naked - LR1504 (1 bottle.)	0	320.00	76.00	3.00	55.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	0	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container )	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	50	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container )	0	60.00	15.00	1.00	14.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Lunch  
Site Group: Elementary School  
Menu Line: Main  
Serving Group: K-5  
Nutrients Option: Diabetic Interest