

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Bacon Cheeseburger with Baked Lays Potato Chips and Baked Beans - ServingDate: 09/02/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
Bacon Cheeseburger - LR1544 (1 ea.)	29	415.00	28.00	3.00	2.00
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00

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Bacon Cheeseburger with Baked Lays Potato Chips and Baked Beans - ServingDate: 09/02/2025					
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Bacon Cheeseburger with Baked Lays Potato Chips and Baked Beans - ServingDate: 09/02/2025					
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Lays - LR1333 (1 Bag)	29	140.00	24.00	2.00	3.00
Garlic Toast - LR1111 (1 ea.)	0	70.00	11.00	1.00	0.00
Baked Beans - LR1264 (1/2 cup, drain)	15	220.00	43.00	8.00	14.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Bacon Cheeseburger with Baked Lays Potato Chips and Baked Beans - ServingDate: 09/02/2025					
Juice, Cranberry Raspberry, 40/4.23oz box, Apple and Eve, 86006 - LR1533 (1 ea.)	0	60.00	13.00	0.00	11.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Juice, Fruit Punch, 40/4.23oz box, Apple and Eve, 86001 - LR1531 (1 ea.)	0	60.00	15.00	0.00	13.00
Juice, Orange Tangerine, 40/4.23oz box, Apple and Eve 86003 - LR1530 (1 ea.)	0	50.00	12.00	0.00	12.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00

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Bacon Cheeseburger with Baked Lays Potato Chips and Baked Beans - ServingDate: 09/02/2025					
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00

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Bacon Cheeseburger with Baked Lays Potato Chips and Baked Beans - ServingDate: 09/02/2025					
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Chicken and Waffles with Salad Bar - ServingDate: 09/03/2025					
* Chicken Tenders - LR1153 (3 ea.)	29	330.00	18.00	3.00	3.00
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63

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Chicken and Waffles with Salad Bar - ServingDate: 09/03/2025					
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)

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Chicken and Waffles with Salad Bar - ServingDate: 09/03/2025					
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
*Waffles - LR1232 (2 pcs.)	29	159.37	23.91	1.99	3.98
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Crinkle Cut Fries - LR1098 (1/2 c.)	25	100.00	14.00	1.00	0.00
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

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Chicken and Waffles with Salad Bar - ServingDate: 09/03/2025					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49

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Chicken and Waffles with Salad Bar - ServingDate: 09/03/2025					
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
Maple Syrup - LR1338 (1 pkg.)	20	120.00	31.00	0.00	17.00

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Nachos and Salad Bar - ServingDate: 09/04/2025					
*Cheeseburger - LR1226 (1 ea.)	9	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
Beef Nachos - LR1258 (1 serving)	34	501.37	46.45	4.62	0.11
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	4	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	3	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00

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Nachos and Salad Bar - ServingDate: 09/04/2025					
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/04/2025					
Garlic Toast - LR1111 (1 ea.)	5	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00

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Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/04/2025					
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48

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Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/04/2025					
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	3.02	0.84	1.85
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	1.00	0.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	1.61	0.88	0.73
Sour Cream - LR1035 (1/4 c.)	5	56.70	1.89	(M)	1.89
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	8.00	3.99	3.99
Chicken Teriyaki and Salad Bar - ServingDate: 09/05/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Chicken Teriyaki and Rice - LR1228 (1 serving)	29	232.12	33.65	1.18	7.93
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00

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Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/05/2025					
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00

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Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/05/2025					
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	1	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/05/2025					
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	10	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	10	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83

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Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/05/2025					
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/05/2025					
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/08/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/08/2025					
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60

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Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/08/2025					
Rotini Pasta with Chicken and Creamy Pesto Cheese Sauce - LR1510 (1 serving)	29	374.18	45.69	7.72	4.46
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	29	70.00	11.00	1.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26

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Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/08/2025					
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Soft Taco and Salad Bar - ServingDate: 09/09/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00

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Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/09/2025					
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Beef Soft Taco - LR1245 (1 taco)	29	471.31	40.66	6.48(M)	2.86(M)
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/09/2025					
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Churro, Oreo Filled 10073321050471 J and J - LR1542 (1 ea.)	0	290.00	47.00	1.00	18.00
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
Vegetable Blend, Sweet Corn Peppers Red Green Fire Roasted - Simplot Roastworks - LR1543 (2/3 c.)	20	160.00	21.33	4.00	10.67
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/09/2025					
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/09/2025					
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/09/2025					
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	10	15.32	3.02	0.84	1.85
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	1.00	0.00	1.00
Sour Cream - LR1035 (1/4 c.)	0	56.70	1.89	(M)	1.89
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	2.18	0.42	(M)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 09/10/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 09/10/2025					
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47(M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20(M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 09/10/2025					
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Spicy Chicken Burger - LR1490 (1 burger)	29	616.27	36.00	4.00	3.00
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Crinkle Cut Fries - LR1098 (1/2 c.)	30	100.00	14.00	1.00	0.00
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 09/10/2025					
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	10	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	10	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	10	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	10	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	10	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	10	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	10	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	10	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	10	104.60	21.21	2.01(M)	17.20

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 09/10/2025					
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	10	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	88	130.00	23.00	0.00	22.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 09/10/2025					
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
Nachos and Salad Bar - ServingDate: 09/11/2025					
*Cheeseburger - LR1226 (1 ea.)	9	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
Beef Nachos - LR1258 (1 serving)	34	501.37	46.45	4.62	0.11
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	4	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	3	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/11/2025					
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/11/2025					
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	5	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/11/2025					
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/11/2025					
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	3.02	0.84	1.85
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	1.00	0.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	1.61	0.88	0.73
Sour Cream - LR1035 (1/4 c.)	5	56.70	1.89	(M)	1.89
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	8.00	3.99	3.99

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/12/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken - Orange - LR1196 (3.6 oz 1 servi)	29	150.00	19.00	0.00	10.00
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/12/2025					
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/12/2025					
Brown Rice - LR1423 (1 c.)	85	193.29	41.24	1.29	0.00
Garlic Toast - LR1111 (1 ea.)	0	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/12/2025					
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/12/2025					
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 09/15/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 09/15/2025					
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	29	290.00	32.00	1.00	6.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 09/15/2025					
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	31	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60

Menu Calendar Nutrient Analysis Report - September, 2025

Generated on: 8/21/2025 10:55:21 AM by Kristen Satra

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 09/15/2025					
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 09/15/2025					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 09/15/2025					
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
AHS Taco Salad w/salad bar - ServingDate: 09/16/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
AHS Signature Taco Salad - LR1236 (1 salad)	29	502.20 (M)	40.22 (M)	6.01(M)	1.17(M)
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/16/2025					
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/16/2025					
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	1	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/16/2025					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/16/2025					
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	20	15.32	3.02	0.84	1.85
AHS Ranch Dressing - LR1433 (2 oz.)	5	299.82	0.99	0.06	0.35

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/16/2025					
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	4	210.00	1.00	0.00	1.00
Sour Cream - LR1035 (1/4 c.)	10	56.70	1.89	(M)	1.89
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	2.18	0.42	(M)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 09/17/2025					
*Cheeseburger - LR1226 (1 ea.)	1	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	1	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	10	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	1	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 09/17/2025					
Chicken Burger - LR1079 (1 ea.)	1	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	0	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	6	424.44	38.31	4.42	7.63
Chicken Drumstick, Breaded, Tyson 16660100928 - LR1429 (1 drumstick)	30	220.00	6.00	1.00	0.00
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	10	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	34.00	3.00	7.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 09/17/2025					
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	0	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	1	70.00	11.00	1.00	0.00
Mini Cornbread Loaf - LR1123 (1 loaf.)	30	196.00	32.00	2.20	15.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	1	7.07	1.50	0.81	0.68
Mashed Potatoes, from pearls, Basic American Foods 10799, 1/2 cup - LR1554 (1/2 c.)	50	70.44	14.09	1.01	0.00
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	7.20	1.44	3.60

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 09/17/2025					
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	10	105.02	26.95	3.07	14.43
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	15	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	15	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	10	61.57	15.39	3.14	12.25
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	29.77	0.99	21.83

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 09/17/2025					
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Drumstick, Cornbread, and Mashed Potatoes - ServingDate: 09/17/2025					
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	10	210.00	1.00	0.00	1.00
Gravy, Country, Trio - LR1402 (1 tbsp.)	20	35.00	7.00	0.00	2.00
Nachos and Salad Bar - ServingDate: 09/18/2025					
*Cheeseburger - LR1226 (1 ea.)	9	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
Beef Nachos - LR1258 (1 serving)	34	501.37	46.45	4.62	0.11
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	4	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	3	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/18/2025					
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/18/2025					
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	5	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

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Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/18/2025					
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/18/2025					
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	3.02	0.84	1.85
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	1.00	0.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	1.61	0.88	0.73
Sour Cream - LR1035 (1/4 c.)	5	56.70	1.89	(M)	1.89
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	8.00	3.99	3.99

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/19/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Chicken Teriyaki and Rice - LR1228 (1 serving)	29	232.12	33.65	1.18	7.93
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/19/2025					
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	1	7.07	1.50	0.81	0.68

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/19/2025					
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	10	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	10	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/19/2025					
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Teriyaki and Salad Bar - ServingDate: 09/19/2025					
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 09/22/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
Chicken Alfredo - LR1254 (1 serving)	29	446.99	48.07	8.08	4.53
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 09/22/2025					
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 09/22/2025					
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	0	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	31	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 09/22/2025					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 09/22/2025					
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 09/22/2025					
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
AHS Soft Taco and Salad Bar - ServingDate: 09/23/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Beef Soft Taco - LR1245 (1 taco)	29	471.31	40.66	6.48(M)	2.86(M)
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/23/2025					
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Churro, Oreo Filled 10073321050471 J and J - LR1542 (1 ea.)	0	290.00	47.00	1.00	18.00
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/23/2025					
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
Vegetable Blend, Sweet Corn Peppers Red Green Fire Roasted - Simplot Roastworks - LR1543 (2/3 c.)	20	160.00	21.33	4.00	10.67
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25

Menu Calendar Nutrient Analysis Report - September, 2025

Generated on: 8/21/2025 10:55:21 AM by Kristen Satra

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/23/2025					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Soft Taco and Salad Bar - ServingDate: 09/23/2025					
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	10	15.32	3.02	0.84	1.85
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	1.00	0.00	1.00
Sour Cream - LR1035 (1/4 c.)	0	56.70	1.89	(M)	1.89
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	2.18	0.42	(M)
AHS Chili and Cornbread - ServingDate: 09/24/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Chili and Cornbread - ServingDate: 09/24/2025					
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Chili - LR1396 (1 c.)	29	240.00	28.00	9.00	6.00
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Chili and Cornbread - ServingDate: 09/24/2025					
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00

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Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Chili and Cornbread - ServingDate: 09/24/2025					
Mini Cornbread Loaf - LR1123 (1 loaf.)	29	196.00	32.00	2.20	15.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00

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Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Chili and Cornbread - ServingDate: 09/24/2025					
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Chili and Cornbread - ServingDate: 09/24/2025					
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	5	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00
Nachos and Salad Bar - ServingDate: 09/25/2025					
*Cheeseburger - LR1226 (1 ea.)	9	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
Beef Nachos - LR1258 (1 serving)	34	501.37	46.45	4.62	0.11
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/25/2025					
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	4	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	3	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/25/2025					
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	5	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00

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Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/25/2025					
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/25/2025					
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	3.02	0.84	1.85

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Nachos and Salad Bar - ServingDate: 09/25/2025					
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	1.00	0.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	1.61	0.88	0.73
Sour Cream - LR1035 (1/4 c.)	5	56.70	1.89	(M)	1.89
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	8.00	3.99	3.99
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/26/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken - Orange - LR1196 (3.6 oz 1 servi)	29	150.00	19.00	0.00	10.00
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/26/2025					
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/26/2025					
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Brown Rice - LR1423 (1 c.)	85	193.29	41.24	1.29	0.00
Garlic Toast - LR1111 (1 ea.)	0	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	0	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/26/2025					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Orange Chicken with WW Rice and Salad Bar - ServingDate: 09/26/2025					
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	1.00	0.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/29/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/29/2025					
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Rotini Pasta with Chicken and Creamy Pesto Cheese Sauce - LR1510 (1 serving)	29	374.18	45.69	7.72	4.46
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/29/2025					
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	29	70.00	11.00	1.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
Creamy Chicken Pesto Pasta with Garlic Toast and a salad bar - ServingDate: 09/29/2025					
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Taco Salad w/salad bar - ServingDate: 09/30/2025					
*Cheeseburger - LR1226 (1 ea.)	10	344.70	31.49	5.00	3.50
*Mini Corn Dogs - LR1157 (6 ea.)	2	260.00	30.00	1.00	7.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	16.00	3.00	1.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	596.20	52.97	6.14	14.31
AHS Signature Taco Salad - LR1236 (1 salad)	29	502.20 (M)	40.22 (M)	6.01(M)	1.17(M)
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	43.31	3.88	14.80

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/30/2025					
BEACON STREET CAF 100% MOZ BRDSTX WG NET WT 26.25 LBS 200CT - LR1551 (2 Sticks)	2	290.00	30.00	2.00	5.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	54.97	7.93(M)	12.47 (M)
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	79.38	8.90(M)	31.73 (M)
Chicken Burger - LR1079 (1 ea.)	5	340.00	36.00	6.00	2.00
Chicken Caesar Salad - LR1471 (1 salad)	4	697.41	49.28	7.43	11.03
Chicken Caesar Wrap - LR1450 (1 ea.)	2	424.44	38.31	4.42	7.63
Chicken Pesto Wrap - LR1449 (1 ea.)	1	581.20	33.93	4.52	4.04
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	33.24	2.17	6.23
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	35.88	3.41	7.87
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	32.00	3.00	4.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	54.19	7.93(M)	12.70 (M)
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	33.05	2.17	6.90
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	38.30	3.19	10.46
Italian Salad - LR1480 (1 salad)	0	785.43	63.08	9.96(M)	20.20 (M)
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	32.66	2.17	5.79

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/30/2025					
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	34.00	3.00	7.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	29.00	2.00	4.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	35.00	3.00	9.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	34.34	3.18	5.60
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	62.01	10.63 (M)	13.98 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	66.92	8.10(M)	25.52 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	33.09	2.17	5.28
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.26	7.93(M)	10.92 (M)
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	33.40	2.17	6.25
Garlic Toast - LR1111 (1 ea.)	2	70.00	11.00	1.00	0.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	18.48	0.91	12.54
Celery - LR1163 (1/2 cup choppe)	1	7.07	1.50	0.81	0.68
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	7.20	1.44	3.60
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/30/2025					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Fruit Cup, Four Fruit Mized, 72 / 4.5oz, 3/4c Fruit, Zee Zee's, A1760 - LR1563 (1 ea.)	0	80.00	19.00	1.00	16.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	14.99	0.99	11.99
Juice, Apple 100% Aseptic Box, Motts, 4.23oz mini box - LR1561 (1 ea.)	0	60.00	15.00	0.00	14.00
Juice, Fruit Punch 100% Aseptic 4.23oz Motts - LR1562 (1 ea.)	0	60.00	15.00	0.00	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced In Juice, Zee Zee's 1740, 72/4.5oz, 1/2c Fruit - LR1564 (1 ea.)	0	127.57	18.00	1.00	16.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/30/2025					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk, 1%, White, Low Fat, 8 fl oz, Darigold - LR1106 (1 Carton)	13	110.00	13.00	0.00	12.00
Milk, Lactose Free, Reduced Fat, Darigold - LR1553 (8 Ounce serv)	2	130.00	13.00	0.00	12.00

Menu Calendar Nutrient Analysis Report - September, 2025

Site: ALL
Date: 09/01/2025 - 09/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
AHS Taco Salad w/salad bar - ServingDate: 09/30/2025					
Milk, Non Fat Chocolate, Darigold FF Reformulated - LR1552 (1 Carton)	85	130.00	23.00	0.00	22.00
AHS Pico de Gallo - LR1434 (2 Ounce serv)	20	15.32	3.02	0.84	1.85
AHS Ranch Dressing - LR1433 (2 oz.)	5	299.82	0.99	0.06	0.35
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	4	210.00	1.00	0.00	1.00
Sour Cream - LR1035 (1/4 c.)	10	56.70	1.89	(M)	1.89
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	2.18	0.42	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: High School
Menu Line: Main
Serving Group: 9-12
Nutrients Option: Diabetic Interest