

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/01/2024					
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	47	390.00	37.00	1.00	6.00
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	47	400.00	37.00	1.00	6.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)

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6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/01/2024					
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20

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6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/01/2024					
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 11/04/2024					
*Chicken Teriyaki and Rice - LR1228 (1 serving)	94	285.00	42.00	2.00	6.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 11/04/2024					
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00

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6-8 Chicken Teriyaki with Rice and Salad Bar - ServingDate: 11/04/2024					
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
6-8 Nachos and Salad Bar - ServingDate: 11/05/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
K-8 Nachos - LR1389 (1 serving)	94	491.37	37.45	3.62	0.11
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

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6-8 Nachos and Salad Bar - ServingDate: 11/05/2024					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20

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6-8 Nachos and Salad Bar - ServingDate: 11/05/2024					
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35

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6-8 Nachos and Salad Bar - ServingDate: 11/05/2024					
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Sour Cream - LR1035 (1/4 c.)	0	56.70	1.89	(M)	1.89
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	7	40.00	8.00	3.99	3.99
6-8 Meatball Sub and Salad Bar - ServingDate: 11/06/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Meatball sub on hotdog bun - LR1318 (1 ea.)	94	430.00	44.00	6.00	11.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99

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6-8 Meatball Sub and Salad Bar - ServingDate: 11/06/2024					
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19

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6-8 Meatball Sub and Salad Bar - ServingDate: 11/06/2024					
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00

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6-8 Meatball Sub and Salad Bar - ServingDate: 11/06/2024					
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Chicken Burger and Salad Bar - ServingDate: 11/07/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
Chicken Burger - LR1079 (1 ea.)	69	340.00	36.00	6.00	2.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Spicy Chicken Burger - LR1490 (1 burger)	25	646.27	42.00	5.00	3.00
Baked Beans - LR1264 (1/2 cup, drain)	0	220.00	43.00	8.00	14.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Burger and Salad Bar - ServingDate: 11/07/2024					
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Burger and Salad Bar - ServingDate: 11/07/2024					
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Chicken Burger and Salad Bar - ServingDate: 11/07/2024					
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 11/08/2024					
* Mini Calzones - LR1184 (3 ea.)	94	320.00	40.00	4.00	6.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	20	25.00	5.00	1.00	3.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 11/08/2024					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 11/08/2024					
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mini Calzones, Marinara Sauce and Salad Bar - ServingDate: 11/08/2024					
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 11/12/2024					
*Orange Chicken with Rice - LR1231 (1 serving)	94	229.98	37.51	0.64	8.89
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 11/12/2024					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Orange Chicken With Rice and Salad Bar - ServingDate: 11/12/2024					
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
Bean and Cheese Burrito - LR1262 (1 burrito)	40	303.10	45.41	8.32	2.66
Cheese Queasadilla, Schwans Coyote Grill 78372 - LR1497 (2 piece)	54	309.36	31.93	2.99	2.99
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2024					
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2024					
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Coyote Grill Cheese Quesadilla or bean and cheese burrito - ServingDate: 11/13/2024					
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
Sour Cream - LR1035 (1/4 c.)	10	56.70	1.89	(M)	1.89
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsps.)	15	11.25	2.18	0.42	(M)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/14/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	94	290.00	32.00	1.00	6.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Garlic Toast - LR1111 (1 ea.)	98	70.00	11.00	1.00	0.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/14/2024					
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	20	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/14/2024					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Mac and Cheese with Garlic Toast - ServingDate: 11/14/2024					
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	18	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/15/2024					
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	47	390.00	37.00	1.00	6.00
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	47	400.00	37.00	1.00	6.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/15/2024					
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/15/2024					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheese or Pepperoni Pizza and Salad Bar - ServingDate: 11/15/2024					
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 11/18/2024					
*Cheesy Breadsticks - LR1021 (2 ea.)	94	300.00	30.00	3.00	4.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 11/18/2024					
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	5.00	1.00	3.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 11/18/2024					
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Cheesy Breadsticks with Marinara and Salad Bar - ServingDate: 11/18/2024					
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/19/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Rice - LR1018 (1/2 c.)	94	322.00	66.00	3.80	(M)
Beef Steak Strips (Beef Dippers) - LR1102 (4 ea.)	94	160.00	6.00	1.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/19/2024					
Apple - LR1072 (1 ea.)	20	95.00	25.13	4.40	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Orange - LR1073 (1 ea.)	20	61.57	15.39	3.14	12.25
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Beef Dippers with Rice and Salad Bar - ServingDate: 11/19/2024					
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 11/20/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
*Corn Dog - LR1155 (1 corn dog)	94	240.00	30.00	2.00	8.00
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	21.00	1.50	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00

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Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 11/20/2024					
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83

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Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 11/20/2024					
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)

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Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Corn Dog, Crinkle Cut Fries, and a Salad Bar - ServingDate: 11/20/2024					
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Breakfast Sandwich and Salad Bar - ServingDate: 11/21/2024					
*Breakfast Sandwich With Sausage and Cheese - LR1229 (1 sandwich)	94	259.37	22.89	0.99	2.00
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Breakfast Sandwich and Salad Bar - ServingDate: 11/21/2024					
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Breakfast Sandwich and Salad Bar - ServingDate: 11/21/2024					
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Breakfast Sandwich and Salad Bar - ServingDate: 11/21/2024					
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 11/22/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	94	320.00	29.00	2.00	4.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	10	25.00	5.00	1.00	3.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 11/22/2024					
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 11/22/2024					
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Tony's Garlic Cheese Toast and Marinara Sauce with Salad Bar - ServingDate: 11/22/2024					
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, Sugar Cookie and Salad Bar - ServingDate: 11/25/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
Holiday Themed Chicken Nuggets - LR1499 (1 serving)	94	180.00	16.00	3.00	2.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Cookie, Holiday Themed, Darlington 23711 - LR1481 (1 cookie)	100	120.00	18.00	1.00	8.00
Whole Wheat Rolls - LR1305 (1 roll.)	98	90.00	16.00	2.00	2.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	25	95.00	25.13	4.40	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, Sugar Cookie and Salad Bar - ServingDate: 11/25/2024					
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	0	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	25	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	0	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	25	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	25	61.57	15.39	3.14	12.25
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	0	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, Sugar Cookie and Salad Bar - ServingDate: 11/25/2024					
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Holiday Themed Chicken Nuggets, Whole Wheat Roll, Sugar Cookie and Salad Bar - ServingDate: 11/25/2024					
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Turkey with Gravy, Mashed Potatoes and Mini Cornbread - ServingDate: 11/26/2024					
6-8 Chicken Caesar Salad - LR1520 (1 salad)	2	519.47	27.56	4.60	8.53
6-8 Ham and Turkey with Ranch Entree Salad - LR1522 (1 salad)	2	613.92	31.94	5.10(M)	9.30(M)
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	1	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	34.00	2.00	6.00
Mini Cornbread Loaf - LR1123 (1 loaf.)	94	198.00	32.00	2.20	15.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Turkey with Gravy, Mashed Potatoes and Mini Cornbread - ServingDate: 11/26/2024					
Turkey with Gravy - LR1298 (1 #10 scoop)	94	64.00	1.20	(M)	(M)
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (1/2 c.)	100	90.00	17.00	1.00	0.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	15.00	0.00	14.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	19.00	1.00	17.00
Apple - LR1072 (1 ea.)	0	95.00	25.13	4.40	(M)
Apple Slices 100/2oz, 1/2c - LR1515 (1 pkg.)	20	30.21	7.01	1.03	5.99
Applesauce - LR1075 (1/2 c.)	0	53.33	14.63	1.03	11.49
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	20	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	20	105.02	26.95	3.07	14.43
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	16.85	4.99(M)	1.14(M)
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	15.00	(M)	15.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	15.00	(M)	15.00
Orange - LR1073 (1 ea.)	0	61.57	15.39	3.14	12.25

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Turkey with Gravy, Mashed Potatoes and Mini Cornbread - ServingDate: 11/26/2024					
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	20.14	1.00(M)	17.14
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	19.00	1.00	16.00
Pear, Fresh - LR1114 (1 ea.)	20	100.00	25.00	6.00	15.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	18.00	3.00	14.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	29.77	0.99	21.83
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	21.21	2.01(M)	17.20
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	15.00	1.00	14.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.57	0.20	0.28(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Turkey with Gravy, Mashed Potatoes and Mini Cornbread - ServingDate: 11/26/2024					
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	1.24	0.43	0.71
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	0.99	0.06	0.35
Ketchup, Packet, 1000/9g, 20# Hunts, 2700038287 - LR1519 (1 packet)	0	10.00	3.00	0.00	2.00
Mayonnaise, Kraft, Extra Heavy, 10021000642189 - LR1431 (1 tbsp.)	0	90.00	0.00	0.00	0.00
Mustard, prepared, yellow - WSR1003 (1 tsp.)	0	3.11	0.30	0.21	0.05
6-8 Sack Lunch - ServingDate: 11/27/2024					
EZ Jammer, Sandwich, Wowbutter and Grape Jelly, 40/4.6oz, 2m, 2wgr Albie's 608 - LR1517 (1 sandwich)	98	540.00	53.00	8.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	34.00	2.00	6.00
Lays - LR1333 (1 Bag)	100	140.00	24.00	2.00	3.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Sack Lunch - ServingDate: 11/27/2024					
Baby Carrots - LR1145 (4 oz.)	100	39.62	9.33	3.28	5.23
Apple - LR1072 (1 ea.)	0	95.00	25.13	4.40	(M)
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	100	51.00	13.99	0.99	10.99
Banana - LR1074 (1 ea.)	0	105.02	26.95	3.07	14.43
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	27.10	1.33	(M)
Orange - LR1073 (1 ea.)	0	61.57	15.39	3.14	12.25
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	29.77	0.99	21.83
Dark Green, Broccoli - LR1059 (1/8 c.)	0	3.87	0.76	0.30	0.19
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	0	4.52	0.92	0.46	0.49
Legumes, Black Beans - LR1068 (1/8 c.)	0	27.25	5.00	2.00	0.00
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	0	26.25	4.25	1.25	0.75
Other, Cauliflower - LR1060 (1/8 c.)	0	3.34	0.67	0.27	0.26
Other, Cucumbers - LR1061 (1/8 c.)	0	1.49	0.32	0.10	0.20
Other, Olives - LR1071 (1/8 c.)	0	19.49	1.01	0.27	0.00
Other, Pepperoncini - LR1070 (1/8 c.)	0	2.50	1.00	0.50	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	0	2.48	0.57	0.20	0.28(M)
Red/Orange, Carrots - LR1065 (1/8 c.)	0	5.25	1.24	0.43	0.71

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)
6-8 Sack Lunch - ServingDate: 11/27/2024					
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	0	4.59	0.99	0.31	0.67
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	0	2.99	0.69	0.24	0.48
Starchy, Corn - LR1004 (1/8 c.)	0	5.61	1.32	0.13	0.16
Starchy, Peas - LR1066 (1/8 c.)	0	12.90	2.28	0.75	0.84
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	24.00	0.00	22.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	13.00	0.00	12.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	12.52	0.00	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Middle School
Menu Line: Main
Serving Group: 6-8
Nutrients Option: Diabetic Interest