

Menu Calendar Nutrient Analysis Report - June, 2024

Site: Arlington High School
Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 06/03/2024								
*Cheeseburger - LR1226 (1 ea.)	10	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Chicken Alfredo - LR1254 (1 serving)	29	446.99	17.38	8.31	0.00	1078.44	48.07	28.54
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 06/03/2024								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	0	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	31	70.00	2.50	0.50	0.00	95.00	11.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 06/03/2024								
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00

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Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 06/03/2024								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11

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Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 06/03/2024								
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
AHS Taco Salad w/salad bar - ServingDate: 06/04/2024								
*Cheeseburger - LR1226 (1 ea.)	10	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
AHS Signature Taco Salad - LR1236 (1 salad)	29	502.20 (M)	28.86 (M)	8.31(M)	0.00(M)	707.61 (M)	40.22 (M)	21.86 (M)
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11

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AHS Taco Salad w/salad bar - ServingDate: 06/04/2024								
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00

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AHS Taco Salad w/salad bar - ServingDate: 06/04/2024								
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	1	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00

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AHS Taco Salad w/salad bar - ServingDate: 06/04/2024								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25

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AHS Taco Salad w/salad bar - ServingDate: 06/04/2024								
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	20	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	5	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	4	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Sour Cream - LR1035 (1/4 c.)	10	56.70	5.67	3.31	0.00	14.18	1.89	0.94

Menu Calendar Nutrient Analysis Report - June, 2024

Site: Arlington High School
Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 06/04/2024								
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	0.06	0.01	0.00	35.00	2.18	0.47
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 06/05/2024								
*Cheeseburger - LR1226 (1 ea.)	10	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46

Menu Calendar Nutrient Analysis Report - June, 2024

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Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 06/05/2024								
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Spicy Chicken Burger - LR1490 (1 burger)	29	566.27 (M)	36.31 (M)	5.77(M)	0.00(M)	713.56 (M)	42.00 (M)	19.00 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95

Menu Calendar Nutrient Analysis Report - June, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 06/05/2024								
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Crinkle Cut Fries - LR1098 (1/2 c.)	30	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	10	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	10	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	10	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	10	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23

Menu Calendar Nutrient Analysis Report - June, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 06/05/2024								
Peach Cup with Whipped Topping - LR1467 (1 serving)	10	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	10	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	10	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	10	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	10	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10

Menu Calendar Nutrient Analysis Report - June, 2024

Site: Arlington High School
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Spicy Chicken Sandwich With Cheese - ServingDate: 06/05/2024								
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	88	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	10	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Nachos and Salad Bar - ServingDate: 06/06/2024								
*Cheeseburger - LR1226 (1 ea.)	9	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	34	495.52	28.93	8.78	0.00(M)	931.62	35.99	21.87
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60

Menu Calendar Nutrient Analysis Report - June, 2024

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Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/06/2024								
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/06/2024								
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - June, 2024

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Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/06/2024								
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75

Menu Calendar Nutrient Analysis Report - June, 2024

Generated on: 5/13/2024 10:27:01 AM by Kristen Satra

Site: Arlington High School
Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/06/2024								
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	56.70	5.67	3.31	0.00	14.18	1.89	0.94

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/06/2024								
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00
Sweet and sour chicken and salad bar - ServingDate: 06/07/2024								
*Cheeseburger - LR1226 (1 ea.)	10	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	3	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	5	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	3	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	4	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Burger - LR1079 (1 ea.)	8	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	5	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	2	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	10	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	3	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	3	456.44	20.45	9.84	0.00	996.49	38.30	33.73

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sweet and sour chicken and salad bar - ServingDate: 06/07/2024								
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	5	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	2	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet And Sour Chicken - LR1250 (3 5/8 oz.)	20	140.00	3.00	0.50	(M)	200.00	18.00	11.00
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Brown Rice - LR1423 (1 c.)	20	193.29	1.29	0.00	0.00	3.98	41.24	3.87
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Copy of Edamame, frozen, prepared - LR1420 (1 c.)	25	187.55	8.06	0.96	0.01	9.30	13.81	18.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sweet and sour chicken and salad bar - ServingDate: 06/07/2024								
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sweet and sour chicken and salad bar - ServingDate: 06/07/2024								
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Sweet and sour chicken and salad bar - ServingDate: 06/07/2024								
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Spaghetti and Meatballs, Garlic Toast and Salad Bar - ServingDate: 06/10/2024								
*Cheeseburger - LR1226 (1 ea.)	0	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	0	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	0	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	0	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	0	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	0	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	0	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Spaghetti and Meatballs, Garlic Toast and Salad Bar - ServingDate: 06/10/2024								
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	0	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	2	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	2	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	0	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	0	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	0	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Spaghetti and Meatballs - LR1311 (1 serving)	92	240.00 (M)	1.50(M)	0.00(M)	0.00(M)	520.00 (M)	51.00 (M)	10.00 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Spaghetti and Meatballs, Garlic Toast and Salad Bar - ServingDate: 06/10/2024								
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	2	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Frosted Sugar Cookie - LR1271 (1 1/2 oz.)	100	172.00	6.70	1.80	(M)	78.00	27.00	1.70
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Spaghetti and Meatballs, Garlic Toast and Salad Bar - ServingDate: 06/10/2024								
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Spaghetti and Meatballs, Garlic Toast and Salad Bar - ServingDate: 06/10/2024								
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00
AHS Soft Taco and Salad Bar - ServingDate: 06/11/2024								
*Cheeseburger - LR1226 (1 ea.)	10	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
Beef Soft Taco - LR1245 (1 taco)	29	471.31	22.18	8.85	0.00(M)	761.32	40.66	27.38
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 06/11/2024								
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 06/11/2024								
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 06/11/2024								
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 06/11/2024								
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	10	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Sour Cream - LR1035 (1/4 c.)	0	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	10	11.25	0.06	0.01	0.00	35.00	2.18	0.47
Chicken and Waffles with Salad Bar - ServingDate: 06/12/2024								
* Chicken Tenders - LR1153 (3 ea.)	29	330.00	18.00	3.00	0.00	600.00	18.00	30.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 06/12/2024								
*Cheeseburger - LR1226 (1 ea.)	10	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	5	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 06/12/2024								
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	23	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
*Waffles - LR1232 (2 pcs.)	29	179.29	5.98	0.00	0.00	268.94	27.89	3.98
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 06/12/2024								
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 06/12/2024								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11

Menu Calendar Nutrient Analysis Report - June, 2024

Site: Arlington High School
Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 06/12/2024								
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Maple Syrup - LR1338 (1 pkg.)	20	120.00	0.00	0.00	0.00	40.00	31.00	0.00
Nachos and Salad Bar - ServingDate: 06/13/2024								
*Cheeseburger - LR1226 (1 ea.)	9	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	34	495.52	28.93	8.78	0.00(M)	931.62	35.99	21.87
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/13/2024								
Chicken Burger - LR1079 (1 ea.)	4	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	3	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00

Menu Calendar Nutrient Analysis Report - June, 2024

Site: Arlington High School
Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/13/2024								
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	21	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	5	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00

Menu Calendar Nutrient Analysis Report - June, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/13/2024								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	20	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 06/13/2024								
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	15.32	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low- sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheeseburger, Tater Tots and Salad Bar - ServingDate: 06/14/2024								
*Cheeseburger - LR1226 (1 ea.)	100	360.00	18.50	8.00	0.50	790.00	28.00	22.00
Tater Tots - LR1016 (3/4 c.)	100	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheeseburger, Tater Tots and Salad Bar - ServingDate: 06/14/2024								
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Daily Grab and Go Options - Lunch - ServingDate: 06/17/2024								
*Cheeseburger - LR1226 (1 ea.)	15	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	436.27	19.58	9.66	0.00	789.58	43.31	24.16
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	715.13	30.86	10.22	0.00(M)	2069.80	79.38	32.11
Chicken Burger - LR1079 (1 ea.)	10	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	661.27 (M)	42.44 (M)	12.39 (M)	0.00(M)	2085.15 (M)	41.91 (M)	28.07 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04

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AHS Daily Grab and Go Options - Lunch - ServingDate: 06/17/2024								
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	5	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	16	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	30	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	2	873.61	55.68	14.33	0.00(M)	1726.81	62.01	33.86
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	647.15	29.55	10.43	0.00(M)	1999.17	66.92	31.64
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	3	422.00	20.19	7.75	0.00	1328.92	33.09	28.13

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Daily Grab and Go Options - Lunch - ServingDate: 06/17/2024								
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22

Menu Calendar Nutrient Analysis Report - June, 2024

Site: Arlington High School
Date: 06/01/2024 - 06/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Daily Grab and Go Options - Lunch - ServingDate: 06/17/2024								
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: High School
Menu Line: Main
Serving Group: 9-12
Nutrients Option: Expanded