

LET US HELP

Visit your home page starting Tuesday 1/21:

Website: [eap.wa.gov/worklife](https://helpwhereyouare.com/CompanyLogin/1669/DESWA)

Your Work/Life Access Code (to logon): ASD

Toll Free: 1-877-313-4455

The letters "eap" are below a radiating sun which contains a person with upraised arms

ONLINE SEMINAR

Identify your positive traits and learn how to highlight them in everyday life, resulting in a more genuine and confident self-presentation.

**Shine Your Light: Finding Your Inner Glow**

JANUARY 2025

**YOUR EMPLOYEE SUPPORT PROGRAM**

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

**JANUARY 2024**