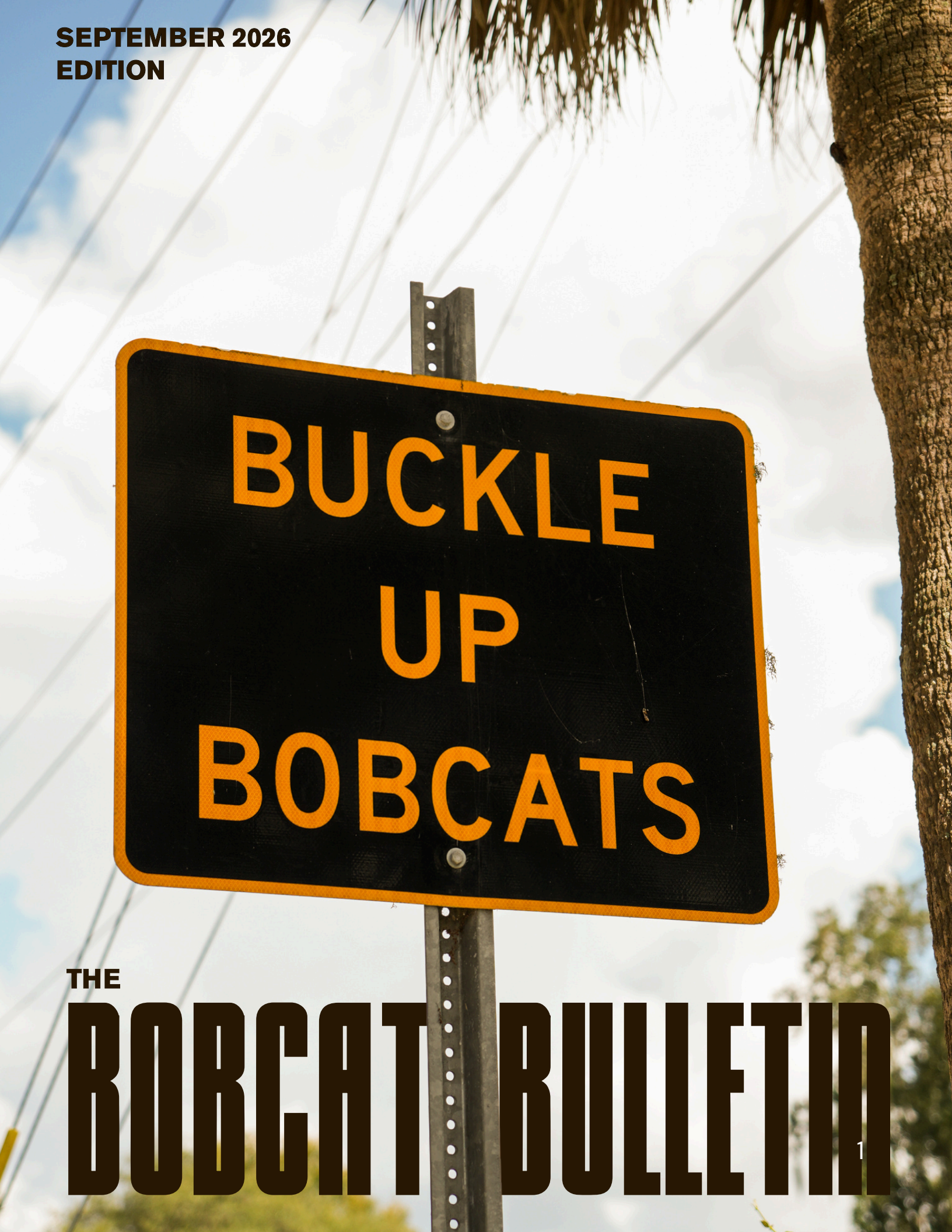
SEPTEMBER 2026
EDITION



THE BOBCAT BULLETIN

TABLE OF CONTENTS

Good Eats: Lore Kebab **05**
Written By: Izzy Velasquez

The Swamp: A Sunny New Day **07-08**
Written by: Eden Chen

Gainesville: Running Dry **10**
Written by: Eden Chan

Get Involved: Exploring Buchholz's Activities **11**
Written by: Zackary Gomez

How to be Happy **12**
Written by: Zackary Gomez

OPINION: Touch Grass; It's good for you **13**
Written by: Nathanael Loftus

UF's Leafiest Club **14**
Written by: Jacob Gest

The Florida Vintage Market **15**
Written by: Zachary Holth



Credits

EDITOR-IN-CHIEF

SIMON DENAHAN

HEAD WRITING

IZZY VELAZQUEZ

HEAD EDITING

EDEN CHEN

HEAD OF DESIGN

PAIGE DAVIS

HEAD OF PHOTOGRAPHY

ALEX PARAMYGIN

WRITERS/EDITORS

EDEN CHAN
IZZY VELAZQUEZ
ZACH GOMEZ
ZACH HOLTH
NATHANAEL LOFTUS
ELSA SWEENEY
GIANNA LOBIANCO
YANELI SACRIMENTO
JACOB GEST

PHOTOGRAPHERS

ALEX PARAMYGIN
ZACH HOLTH

DESIGNERS

PAIGE DAVIS
CAMI DENAHAN
SHERRY GAO
ISABEL GARCIA
AMY NGUYEN
BALYEM BAO




BOBCAT KITCHEN

Good Eats: Lor Kebab

By: Izzy Velaquez

Right here, in our North-Central Florida town, we have a piece of Persia, located in Lor Kebab. Lor Kebab completely serves halal food, and is right off of Main Street in the upcoming Streatery that is currently under construction.

If you are in search of authentic food, Lor Kebab should be the next restaurant you should visit. All of the food they serve is full of flavor– you can even taste the freshness of it! The quality of any dish is unmatched, and shines through every bite you eat.

While I was there, I ordered Mirza Ghasemi as my appetizer. It includes smokey roasted eggplant with garlic, and chopped tomatoes with tomato paste. While this is something that I would not usually consider to order, it was given to me as a recommendation, and I sure was grateful it was. The combination of flavor surprised me, and I thoroughly enjoyed each bite. For my entree, I had double Koobideh, which is two skewers of ground beef and lamb. If I'm being honest, both skewers were swallowed up in about five minutes. For the Mirza Ghasemi, I mixed it into the rice that came with it, enhancing the flavor of the rice. Each of these dishes were suggested to me by the kind owner.

Right on par with how amazing the food is, so was the incredible service. I have never experienced such good service in all the times I have dined in at restaurants. Going to Lor Kebab feels like being welcomed into a good friend's home– it is as if you know your way around. The atmosphere is warm and hospitable from the second you step in. The owner is willing to answer any questions about the menu, and give the best recommendations, as shown by the Mirza Ghasemi. He was also the one to recommend mixing this amazing dip into the rice.

If you would like to support a small, local business while also cherishing delicious food that you cannot find anywhere else in Gainesville, Lor Kebab should be on your must-have list.





SPORTS

The Swamp: A Sunny New Day

By: Eden Chan

In recent months, the University of Florida has expressed interest in completely renovating the Ben Hill Griffin Stadium. This Stadium, nicknamed “The Swamp”, originally started construction on April 16th in 1930 and was completed on October 27th, 1930. After almost 100 years since the completion of the stadium, it has deteriorated over time and is in desperate need of fixing –as many have noticed. However, this new confirmation of the plans for restoration of “The Swamp” has left others wondering if there is an ulterior motive. For years now, people,especially locals, have been suspecting that any events taking place in the stadium are directly marketed towards a more wealthy audience due to high ticket prices. This has caused backlash in regards to updating different aspects of the stadium as it is likely that ticket prices will only continue to increase, being potentially unaffordable for many more.

The renovation is estimated to cost around $1.45 billion dollars over the course of 3 to 4 years. Construction is likely to end before the 2030 football season. One of the biggest additions to the stadium is 63 new suites on the east side and a two level premium structure on the south side. These new accommodations are, again, likely to be very expensive in price which will only be accessible to those with a surplus of money to spend. This phenomenon may take away from the entire point of the events: the spirit. If only wealthy individuals are able to afford the prices, actual students who attend the University of Florida will miss out on great experiences. (Cont. on pg. 8)



Photo by: Gainesville Sun

Originally they planned to cut down the number of available seats from 88,548 to 84,399. However, this plan fell through quickly after the pushback from fans became overwhelming. Now they have adjusted the layout and seat number to satisfy the stadium's audience.

Overall, the renovations surrounding the Ben Hill Griffin Stadium have created a multitude of controversies and resulted in many angry fans. Despite this, the University of Florida still plans to go through with the pricey refurbishment of "The Swamp".





Photos by Alex Paramygin



FEATURES



Gainesville: Running Dry

By: Eden Chan







During this brutal summer in Gainesville, Florida, a water shortage has come into effect all around town. However, this shortage actually began on February 10, 2026 as declared by the St. Johns River Management District. It was originally described as only being “moderate”, but soon became a “severe” water shortage on March 5, 2026. These different descriptors are based on patterns of drought conditions in a given area. Whenever one of these water shortages is in effect, it is highly recommended that a region's inhibitors make efforts to reverse the damage and conserve water.

The shortage of water that we are experiencing currently is due to the below average rainfall that has occurred over the past year. Instead of receiving the typical 52 inches, Gainesville has seen closer to 37 inches –which is significantly less than it should have been. Because of this, the county has actually implemented restrictions on civilians for their water usage, signs with the words “water shortage in effect” can be seen all around town to enlighten them on the rules. Water usage like irrigation has been impacted and is only allowed once a week now.

It is important to ensure that you are conserving water during these shortages. Though it is unknown how long the water shortage will be in effect, it is always a good habit to practice saving water. This can be done by taking shorter showers, running the dishwasher instead of letting the sink run, and turning off the sink when brushing your teeth. Remember to be mindful of how your daily usage of resources (water, petroleum, timber, etc.) can affect conditions in our environment –especially during shortages.

photo from google

Get Involved: Exploring Buchholz's Activities

By: Zachary Gomez
Photo by Alex Paramygin

There are many fun and interesting ways to participate in activities at Buchholz Highschool. Whether you prefer sports, joining the band, competing in debate events, and many other things, there are plenty of opportunities for everyone willing to participate. BHS also offers a plethora of ways to excel academically, such as taking advanced placement courses, joining a magnet program, or joining the school sports teams. The best part is that all these activities are achievable and manageable, so do not be afraid to step out of your comfort zone, and start doing what you want to do! The best time to start being a bobcat is right now, even if you simply join a new club, or take an AP course, these are all ways to be active at BHS. Remember Bobcats, it's never too late to have fun at Buchholz.

Additionally, to participate in having school spirit go to school related events, such as football games, soccer games, band events, club activities, or even going to pep rallies to get ready for sports events (where many like-minded people come together to support Buchholz). A great approach to participating in BHS academics is by putting work into your classes,



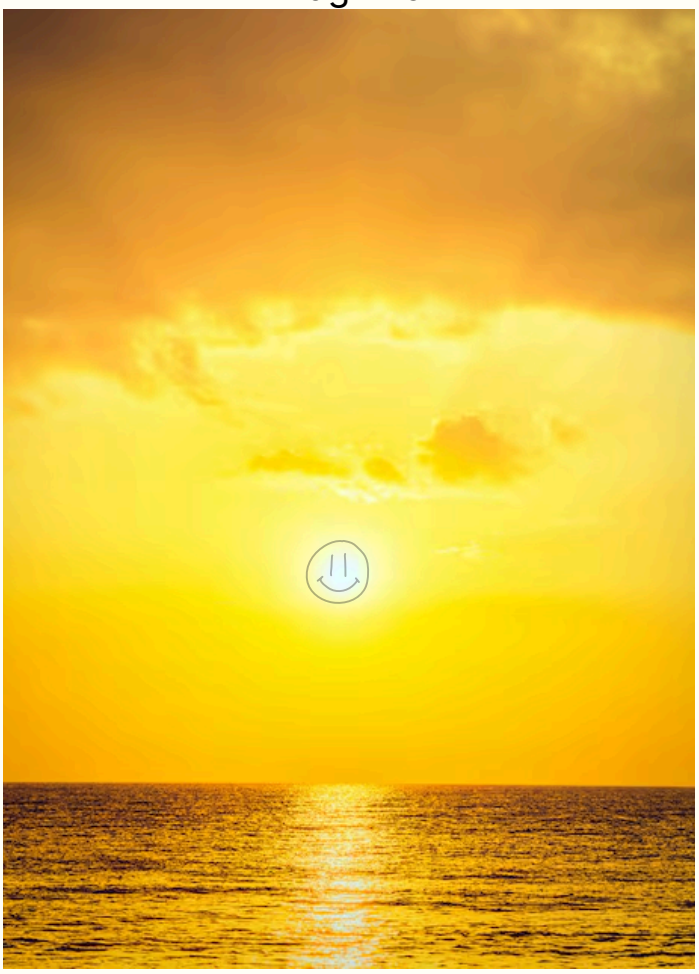
and studying outside of school. Although this may seem obvious, many students neglect outside learning and tend to fall behind in classes, so keeping up by studying is a great way to retain information and succeed academically. The most impactful way to participate in BHS is by showing up everyday, conversing with students and teachers, and trying to start each day with a positive attitude.

How to be Happy

By: Zachary Gomez

There are many ways to better yourself, both physically and mentally. An effective way to stay happy is by doing things you enjoy more often, such as making more time for an activity you previously did not prioritize. Multiple opportunities may appear to be unachievable, but after applying yourself by creating an organized schedule, things will become more attainable. This can lead you to become happier, and even help in many other aspects of your life, such as time management.

Magnific





Amy Eliza Wong

Another simple way to improve yourself is by putting more effort into tasks you don't particularly enjoy doing, but still need to get done. This could possibly include working or going to school, which you may find unbearable, but are necessary. By doing this, you are teaching yourself to be resilient , and potentially even finding happiness in what you once did not enjoy doing. An important reminder is that things that have previously upset you can be overcome through hard work. Never make a permanent decision to a temporary problem, no matter how upsetting the situation may be.

A vital way to overcome adversity is by thinking critically before deciding what you want to do, and not to act rashly in response to an issue. Understand that most, if not all things upsetting can eventually be conquered, even if it is not currently apparent to you.

OPINION: Touch Grass; It's good for you

Slowly, camping and hiking have become things of the past; weekend trips to the springs with your family have been replaced with theme parks and video games. And while there's nothing wrong with those hobbies, being outdoors is not only an excellent pastime, but it also offers benefits as well. Being outside comes with a whole variety of benefits, including physical and mental ones. Exposure to sunlight boosts your vitamin D, which inherently has immaculate health benefits, such as aiding in the absorption of calcium and phosphorus, supporting muscle strength and coordination, and supporting immune and bone health.



Orlando Sentinel

Being outside helps your mental state as well. Spending just as little as 15-20 minutes can lower cortisol (the stress hormone) by 15% to 21%! The most important step is getting out there –even if it's as little as 30 minutes a day– you will feel the benefits.

By: Nathanael Loftus



Now, going camping for the first time can be intimidating; the first and most important part of enjoying your first camping trip is weather and location. Make sure you go when the weather is nice and enjoyable, also stick to your level and don't rush. Some good places to camp around Gainesville are Paynes Prairie Preserve State Park, Ginnie Springs Outdoors, and O'Leno State Park. These are absolutely gorgeous, and they are beginner-friendly. Camping is an excellent boost to your mood and health, and it's a great way to meet people, so get out there and go camping! Don't worry if you are among those who believe that you're just not outdoorsy, there are so many ways to enjoy the outdoors: canoeing, paddleboarding, hiking, backpacking, and rock climbing. And all of those come with a boost to your mood and physical health.

UF's Leafiest Club

By: Jacob Gest

Recently, the University of Florida has been gaining a lot of local attention due to one club: The UF Lettuce Club. The UF lettuce club is a club that invites all people to bring lettuce and enjoy community life in Gainesville. Contrary to their title, they do more than just things around lettuce. They also help the community of Gainesville by doing community service, helping out with local events, and just hanging out in general to have fun. The UF lettuce club is a way to make great and new friends and learn more about the Gainesville community if you're new.



A Snapshot from @uflettuceclub Instagram

Last week, the lettuce club had a lettuce eating competition. The participants were told to get iceberg lettuce. This was alarming to participants due to the lettuce outbreak, but with the informative help from the helpful staff of the UF lettuce club, participants were able to get safe and tasty lettuce without any pathogens. This alleviated the stress from participants ensuring that they'd have a safe lettuce eating competition. The competition consisted of people—lots of them—and lettuce. A lot of people showed up for the lettuce eating competition and it was competitive. Multiple groups of students raced to be the lettuce king. Whoever finished their lettuce the quickest was the lettuce king/queen, and that lettuce king was Jason Wulzter. Congratulations to Jason Wultser who was crowned as the lettuce king having eaten his lettuce in 2 minutes and 15 seconds!


Photo by The Independant Florida Alligator

The Florida Vintage Market

By: Zachary Holth

The Florida Vintage Market is an organization that goes around the state of Florida to specific towns and rents out various areas for vendors to sell used clothing. The vendors advertise through social media such as Instagram and Facebook for people to go to the market, which attracts a large audience to attend the Florida Vintage Market. This in turn, encourages more vendors to participate in selling items at the market, creating a better selection for people to buy from.

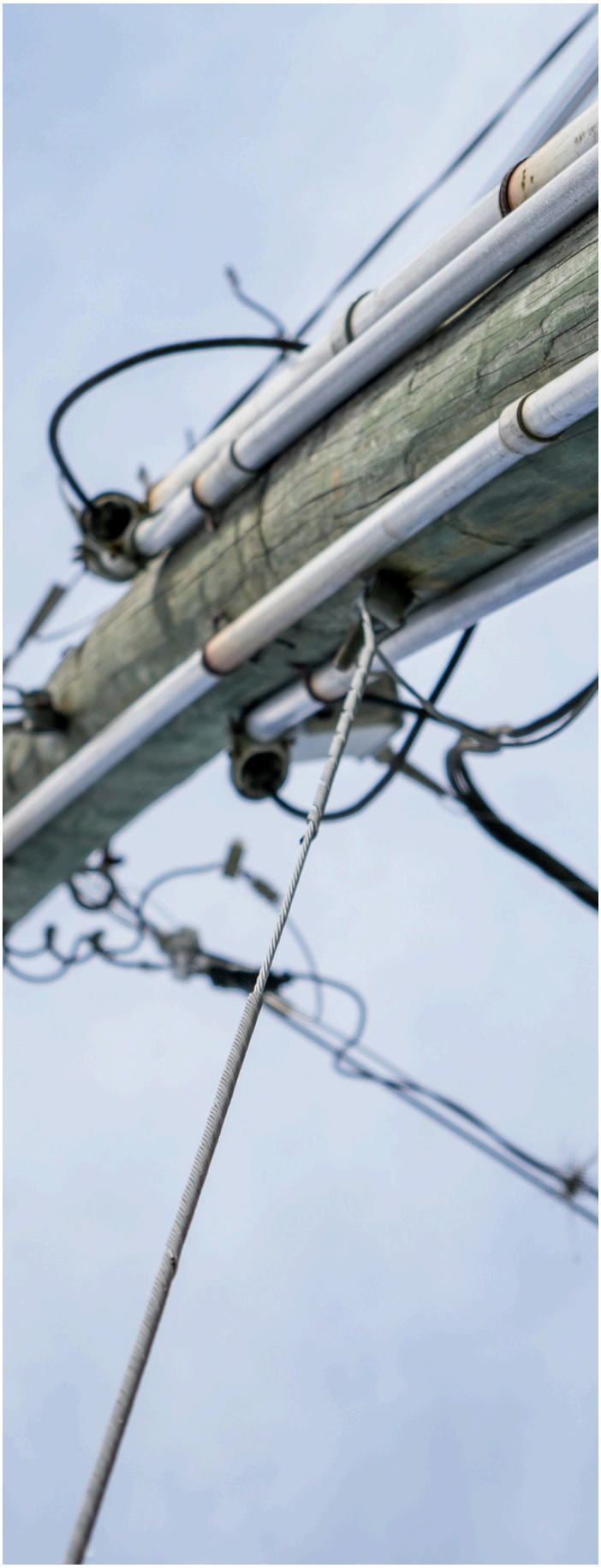


The option to go to this market during the month is a great way to get outside and possibly hang out with friends or even by yourself! You can find a plethora of unique items, typically including almost entirely clothing and jewelry. The Florida vintage market is full of unique items because the vendors are from all over the country and collect many pieces from thrift stores and other stores that sell secondhand items. Because they get their pieces of clothing and jewelry for very cheap, the prices are generally relatively fair.



However, sellers tend to gravitate towards certain categories of clothing, which can be a valuable source for niche items that are hard to find. Certain categories that vendors lean towards are things such as vintage Ralph Lauren polos, sports jerseys, and jeans such as JNCO's and Levi's. These pieces typically go for a higher price point, as they are more sought after. The Florida Vintage Market is an excellent monthly event to go to for those who enjoy thrifting, vintage clothing and jewelry, and like to have a pleasant experience over the weekend to hang out with friends or partners.

THANKS FOR READING! CHECK BACK NEXT MONTH FOR THE OCTOBER ISSUE!



FortifyFL

See something? Say something. Report any suspicious activity to FortifyFL or a trusted adult. Only you can help make campus safer.

Buchholz Bobcats

Alachua County Public Schools

FOLLOW US ON INSTAGRAM!
@BOBCAT.BULLETIN

- Latest updates and papers, right on your phone.
- Get your copy before everyone else.


Thank You