



South Bay Parent Education Series

Parenting tweens and teens comes with plenty of questions. You don't have to navigate them alone.

Join a supportive community of South Bay parents and caregivers for conversations with professionals who work with youth and families on topics that matter most during the tween and teen years. Each session offers practical information, time for Q&A, and space for open and candid conversations with other parents navigating similar experiences.

***Practical tools. Honest conversations.
Community support.***

Register to receive event-specific details as they are finalized, including the location and virtual participation options (if applicable).

Register here:



SAVE THE DATES

**2026 - 27 Session Dates –
all Sessions are on Thursdays
at 6 p.m.:**

October 15

**When School Feels Overwhelming:
Stress. Anxiety. School Challenges.**

January 14

**Staying Safe in Our Community:
Safety. Awareness. Prevention.**

March 18

**Growing Up Online: Technology.
Social Media. Digital Wellbeing.**

May 20

**Friendships & Relationships:
Connection. Communication. Boundaries.**