GUIDELINES for EXCLUSION/RETURN TO SCHOOL

Parents/guardians must provide the health office with **written instructions from the student's physician** stating limitations and/or instructions for care while at school for the following:

- A student returns to school with
  - Cast
  - Crutches or other orthopedic appliances
  - Wheelchair
- A student returns after
  - A serious illness requiring five (5) days or more absence from school
  - Surgical procedure
  - Overnight hospitalization
- A student is to be excused from physical education/playground activities for more than three (3) days in a row.
- If your child needs medication (including over-the-counter medications) at school, we must have:
  - A signed order from the physician
  - Obtain required form at the Health Office

Parents/guardians must also note the following:

Fever: Students with a temperature over 100.4 degrees will be excluded from school until temperature is normal overnight without the use of fever reducing medication (24 hours if positive for COVID-19).

Vomiting: Stay home if vomiting has occurred two (2) or more times in 24 hours. Return when vomiting has ended overnight and the child is able to keep down liquids and food.

Diarrhea: Stay home if symptoms prevent the student from participating meaningfully in routine activities and/or if they are unlikely to make it to the toilet in time. Return when the student has not had diarrhea for 24-48 hours or an infectious cause has been ruled out.

Rashes: Stay home if the student has a fever or recent exposure to measles or chickenpox. Return when the symptoms are improving or as guided by a health care provider.

Conjunctivitis (pink eye): Stay home if there is significant discharge from the eye or if symptoms prevent the student from participating meaningfully in routine activities. Okay to attend school with mild symptoms. Frequent handwashing is recommended.

Students sent home with any of the above conditions must report to the health office for clearance prior to readmission to school.

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