ST. MARY'S ELEMENTARY SCHOOL, LANCASTER, NY- *"...visible examples of Gospel living."*

Nov. 2026

2023

St Mary's Elementary is now participating in the Universal Breakfast/Lunch Program. All Breakfasts/Lunches are free for students and adult lunches are $5.50. Breakfast is comprised of three components; a whole grain, a fruit and milk. Lunch is comprised of five components; a protein, a whole grain, vegetables, fruit & milk. In addition to the main entrée, there are three alternate choices offered daily; Turkey Sandwich, Yogurt Parfait, or Sun Butter & Jelly Sandwich. Milk is **$0.50**, and may be prepaid if your student buys milk regularly. **Snack will now be served to all grades during lunchtime. No snack is ever purchased on account. Snack money must be presented at point of sale. Snacks are $0.50-$1.50.** If you have any questions, please feel free to contact me at heerdt@smeschool.com. We appreciate your support. Liz Heerdt (menu subject to change) * THERE IS NO OPTION B(TURKEY SANDWICH) ON FRIDAYS DURING LENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal Bar Fruit, Fruit Juice & Milk Pancakes w/Egg Patty Veggies, Fruit & Milk	3 Granola Bar Fruit, Fruit Juice & Milk Chicken Tenders Veggies, Fruit & Milk	4 Breakfast Break Fruit, Fruit Juice & Milk Hot Dogs Veggies, Fruit & Milk	5 Pop Tart Fruit, Fruit Juice & Milk French Bread Pizza Veggies, Fruit & Milk	6 Muffins Fruit, Fruit Juice & Milk Cheesy Breaded Chicken Sammy w/Bacon Veggies, Fruit & Milk
9 Donuts Fruit, Fruit Juice & Milk Popcorn Chicken Veggies, Fruit & Milk	10 Cereal Bar Fruit, Fruit Juice & Milk Early Dismissal No Lunch Service	11 No School Veteran's Day	5 Breakfast Breaks Fruit Juice, Fruit & Milk Pizza Veggies, Fruit & Milk	6 No School Parent/Teacher Conference
16 Pop Tarts Fruit, Fruit Juice & Milk Chicken & Waffles Veggies, Fruit & Milk	17 Breakfast Break Fruit Juice, Fruit & Milk Cheeseburger Veggies, fruit & Milk	18 Muffins Fruit, Fruit Juice & Milk Pizza Veggies, Fruit & Milk	19 Granola Bar Fruit Juice, Fruit & Milk Spaghetti & Meat Sauce Veggies, Fruit & Milk	20 Cereal Bar Fruit, Fruit Juice & Milk Mac n Cheese Veggies, Fruit & Milk
23 Granola Bar Fruit Juice, Fruit & Milk French Toast Sticks Veggies, Fruit & Milk	24 Breakfast Break Fruit Juice, Fruit & Milk Chicken Nuggets Veggies, Fruit & Milk	25 NO School	26 HAPPY THANKSGIVING	27 No School
30 Muffin Fruit Juice, Fruit & Milk Taco in a Bag Veggies, Fruit & Milk				