SHILOH COMMUNITY UNIT SCHOOL DISTRICT NO. 1

Morgan Wilhoit, Superintendent

Amy Jones, Principal

21751 N 575th Street
Hume, Illinois 61932-7013

Phone: 217-531-1850 **Fax: 217.531.1851**

Dear Parents and Guardians,

We are writing to inform you that we have recently had a few confirmed cases of Influenza B within our school. Influenza (flu) is a contagious respiratory illness that can spread quickly, especially in school settings.

What is Influenza B?

Influenza B is a type of flu virus that can cause symptoms such as fever, cough, sore throat, runny or stuffy nose, body aches, headaches, chills, and fatigue. Some students may also experience vomiting or diarrhea.

What you can do:

To help prevent the spread of illness, we ask that you:

- **Keep your child home if they are experiencing flu-like symptoms**
- Ensure your child remains home until they are fever-free for at least 24 hours without the use of fever-reducing medication
- Encourage frequent handwashing with soap and water
- Remind your child to cover coughs and sneezes with a tissue or their elbow

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- Consider contacting your healthcare provider if symptoms worsen or you have concerns

At school, we are:

- Increasing cleaning and disinfecting of high-touch surfaces
- Encouraging good hygiene practices among students and staff
- Monitoring illness trends closely

The health and safety of our students and staff is our top priority. We appreciate your cooperation in helping to keep our school community healthy.

If you have any questions or concerns, please feel free to contact the school Nurse.

Sincerely,

Kara Bosch,RN

Shiloh CUSD 1 District Nurse

217-531-1850 Ext. 1019