

How to use **your** menu.

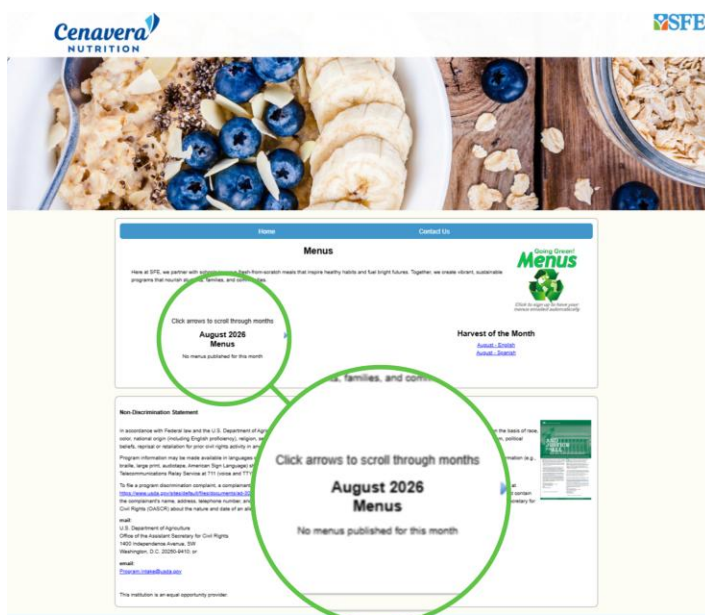
Coweta Public Schools

See what's on the menu

Visit your new menus URL at:

<https://www.schoolnutritionandfitness.com/index.php?sid=1786583140923>

- Click into the menu you'd like to view to open the interactive monthly calendar.
- Click the magnifying glass on any day to view all items served.



July 2026

Monday	Tuesday	Wednesday	Thursday	Friday
6 Halal Orange Chicken w/rice Halal Hotdog Halal Chicken Fatty Sandwich Delicious Cheese Pizza	7 Cheese Quesadilla Halal Cheeseburger Incredible Burger Halal Beef & Chicken Pizza	8 Halal BBQ Chicken Tender Sandwich Pretzel Rolls w/Cheddar Dip Halal Turkey & Chicken Meat Sandwich Halal Pepperoni & Mushroom Pizza	9 Halal Pepperoni Chicken Sandwich Halal Cheeseburger w/Cheddar Dip Vegetarian Black Bean Burger Veggie Pizza	10 Halal Chicken Parmesan w/Spaghetti Halal Chicken Fatty Sandwich Delicious Cheese Pizza Halal Hamburger Pizza
13 Spaghetti Marinara w/Halal Meatballs Halal Buffalo Ranch Chicken Fatty Sandwich Cherry Tomato Cheese Pizza Bistro 2 Top Eggplant & Rice Cheese Stuffed Breadsticks w/Meatballs	14 Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	15 Halal Beefy Macaroni w/Hot Wings Vegetarian Ch'n's Nuggets Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	16 Grilled Cheese Sandwich Spectacular Sweet Potato Buns Halal Hamburger Pizza Halal Cheeseburger Halal Chicken Salad	17 Curried Chickpea Rice Bowl Delicious Cheese Pizza Halal Pepperoni Pizza Chicken Fatty Sandwich with Deli Sauce Veggie Ranch Wrap
20 Halal Cheeseburger Halal Grilled Cheese w/ Pepperoni Sandwich Delicious Cheese Pizza Salisbury & Shrimp Rice Wrap Halal BBQ Shrimp Joe Sandwich	21 Halal Beef & Cheese Halal Fatty Chicken Sandwich Halal Turkey & Chicken Sandwich Incredible Burger Halal Beef & Chicken Sandwich Halal Beefy Nacho Sandwich	22 Halal Beefy Corn Halal Hamburger Halal Beefy Nachos Halal Beefy Chicken w/Cheddar Grande Bean & Cheese Burrito	23 Macaroni & Cheese w/Cheddar Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	24 Halal Alfredo MacBall Sub Halal Chicken Fatty Sandwich Delicious Cheese Pizza Halal Pepperoni Pizza Chicken Fatty Sandwich with Deli Sauce Fresh Steamed Broccoli
27 Macaroni & Cheese w/Halal Chicken Nuggets Vegetarian Ch'n's Nuggets Sandwich Halal Spicy Chicken Sandwich Cherry Tomato Cheese Pizza Breadsticks Veggie Wrap	28 Halal Beefy Corn Halal Hamburger Halal Beefy Nachos Halal Beefy Chicken w/Cheddar Grande Bean & Cheese Burrito	29 Halal Beefy Corn Halal Hamburger Halal Beefy Nachos Halal Beefy Chicken w/Cheddar Grande Bean & Cheese Burrito	30 Macaroni & Cheese w/Cheddar Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	31 Halal Chicken Nugget Sandwich Halal Spicy Chicken Sandwich Halal Hamburger Pizza Delicious Cheese Pizza Veggie Ranch Wrap

Start using your new interactive menu
by **downloading the app.**



Web Menus by Isite Software



App Store



Web Menus for School Nutrition



Google play

Switch to a different menu.

Coweta Public Schools

Switch to a different menu

- Use the dropdown in the upper-left corner to select a different grade group.
- Use the second dropdown to choose a specific school site, then use the third dropdown to select menu you'd like to view.
- The calendar automatically updates to display your new selection.

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Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6 Halal Orange Chicken w/Rice Halal Hotdog Halal Chicken Patty Sandwich Delicious Cheese Pizza	7 Cheese Quesadilla Halal Cheeseburger Impossible Burger Halal Beef & Jalapeno Pizza	8 Halal BBQ Chicken Tender Sandwich Pretzel Rods w/Cheese Dip Halal Turkey & Cheese Melt Sandwich Halal Pepperoni & Mushroom Pizza	9 Halal Popcorn Chicken w/Roll Halal Cheeseburger w/Green Chili Vegetarian Black Bean Burger Veggie Pizza	10 Halal Chicken Parmesan w/Spaghetti Halal Chicken Patty Sandwich Delicious Cheese Pizza Halal Hamburger Pizza
13 Spaghetti Marinara w/Halal Meatballs Halal Buffalo Ranch Chicken Patty Sandwich Cheesy Two Cheese Pizza Shake it Up Edamame & Rice Cheese Stuffed Breadsticks w/Marinara	14 Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	15 Halal Beefy Macaroni w/Roll Halal Chicken Nuggets w/Roll Vegetarian Chik'n Nuggets w/Roll Halal Turkey & Cheese Deli Sub Sandwich Halal Pepperoni Pizza	16 Grilled Cheese Sandwich Spectacular Sweet Potato Burrito Halal Hamburger Pizza Halal Cheeseburger Halal Crispy Chicken Salad	17 Curried Chickpea Rice Bowl Delicious Cheese Pizza Halal Pepperoni Pizza Chicken Patty Sandwich w/ Diablo Sauce Veggie Ranch Wrap

How to view nutrition info.

Coweta Public Schools

See nutrition facts at a glance

Hover over any food item to instantly view its nutrition facts, allergen icons, and rating.

*SFE MenusSelect a menu

Nutrients

Special Meal Accommodations

PDF / Print

Accessible View

Translate

July 2026

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday
6Halal Orange Chicken w/RiceHalal HotdogHalal Chicken Patty SandwichDelicious Cheese PizzaFresh Broccoli FloretsFresh Apple1% Low Fat White Milk LocalFat Free Chocolate Milk Local	7Cheese QuesadillaHalal CheeseburgerImpossible BurgerHalal Beef & Jalapeno Piz	Grande Cheesy Nachos Nutrients Serving Size: 1 Serving Calories504.8 kcal Total Fat29.1 g Saturated Fat11.8 g Trans Fat0 g Cholesterol51.7 mg Sodium977 mg Potassium650.6 mg Carbohydrates43.3 g Dietary Fiber4 g Total Sugars1.6 g Includes Added Sugar0 g Protein17 g Iron0 mg Calcium448 mg Special Meal Accommodations Milk ★★★★★ How do you rate this item? The nutrition information provided in this analysis should not be used for people with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. In planning and treating allergies and medical conditions, please contact the district regarding their individual policy for accommodating special dietary needs.	3	10Halal Chicken Parmesan w/SpaghettiHalal Chicken Patty SandwichDelicious Cheese PizzaHalal Hamburger Pizza
13Spaghetti Marinara w/Halal MeatballsHalal Buffalo Ranch Chicken Patty SandwichCheesy Two Cheese PizzaShake It Up Edamame & Rice Cheese Stuffed Breadsticks w/Marinara	14Grande Cheesy NachosHalal HamburgerGrande Queso Blanco Halal Beef NachosHalal Beefy Nacho PizzaHalal Turkey Deli Wrap		17Curried Chickpea Rice BowlDelicious Cheese PizzaHalal Pepperoni PizzaChicken Patty Sandwich with Diablo SauceVeggie Ranch Wrap	24Halal Alfredo Meatball SubHalal Chicken Patty SandwichDelicious Cheese PizzaHalal Pepperoni & Jalapeno PizzaLoaded Vegetable SubFresh Steamed Broccoli
20Halal CheeseburgerHalal Grilled Cheese w/Pepperoni SandwichDelicious Cheese PizzaSpinach & Black Bean WrapHalal BBQ Sloppy Joe Sandwich	21Halal Beef & Cheese BurritoHalal Fiesta Chicken FajitaHalal Turkey & Cheese Deli SandwichHalal HamburgerImpossible BurgerHalal Beef & Jalapeno PizInactive Creamy Ranch Dressing	26Halal Spicy Chicken SandwichHalal Pepperoni & Jalapeno PizzaHalal Turkey & Cheese Deli Sub SandwichHalal Chicken & Waffles	29Halal Spicy Chicken Ranch WrapVeggie PizzaHalal HamburgerVeggie Lasagna W/Breadstick	31Halal Chicken Nugget Snow BowlHalal Spicy Chicken SandwichHalal Pepperoni PizzaDelicious Cheese PizzaVeggie Ranch Wrap
27Macaroni & Cheese w/Halal Chicken NuggetsVegetarian Chick'n Nuggets w/RollHalal Spicy Chicken SandwichCheesy Two Cheese PizzaSouthwest Veggie Wrap	28Halal Beefy Corn TacosHalal HamburgerHalal Beefy Nacho PizzaHalal Spicy Chicken Salad w/CroutonsGrande Bean & Cheese Burrito			

How to use the Nutrients menu.

Coweta Public Schools

Use the Nutrients menu

- Click the Nutrients dropdown in the top navigation.
- Select Carb Count for portion sizes and carbs by day, or Nutrition Report Card for a full breakdown.
- Check items to see combined totals and hover over any icon to see its full name.

The screenshot shows the Linq menu interface for July 2026. At the top, there is a navigation bar with a dropdown menu labeled 'Nutrients'. A green circle highlights this dropdown, which contains the following options: 'Carb Count', 'Nutrition Report Card', and 'All Items'. Below the navigation bar, a calendar grid displays the menu for each day of the week. A green circle highlights the 'Nutrients' dropdown in the top navigation bar.

The screenshot shows the Linq menu interface for Monday, July 6. It displays a list of menu items with their portion sizes and carbohydrate counts. A green circle highlights the 'Special Meal Accommodation' section, which shows icons for various accommodations: Gluten Free, Dairy Free, Nut Free, and others. A larger green circle highlights the 'Special Meal Accommodation' section, which shows icons for various accommodations: Gluten Free, Dairy Free, Nut Free, and others.

Monday Jul 6	Portion Size	Carbohydrates (g)	Special Meal Accommodation
☒ Check All			
☒ Hatit Orange Chicken w/it	12 pieces, 10.2	94.5	
☐ Hatit Hotdog	1 Hot Dog	26	
☐ Hatit Chicken Patty Sand	1 Sandwich	40	
☐ Delicious Cheese Pizza	1 Slice (8 Cut)	40.8	
☒ Fresh Broccoli Florets	10 Cup	2.1	
☒ Fresh Apple	1 Apple	18.4	
☐ 1% Low Fat White Milk L	8 oz Container	13	
☒ Fat Free Chocolate Milk L	8 oz Container	20	
Total (rounded)	1 Meal	192	

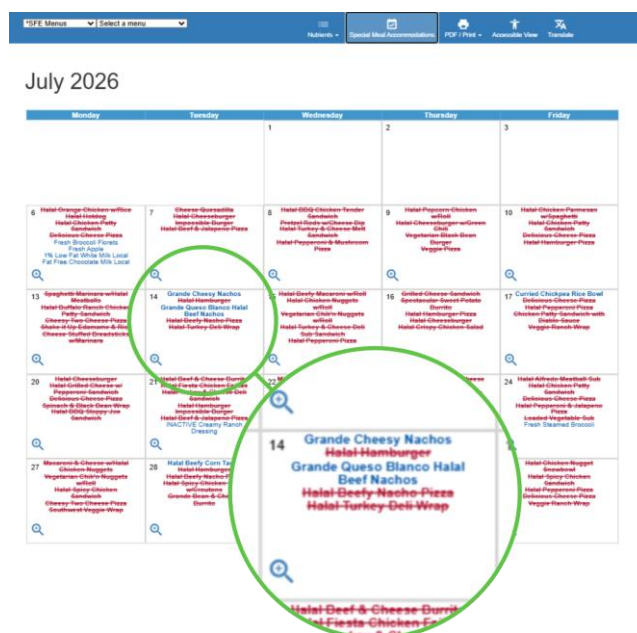
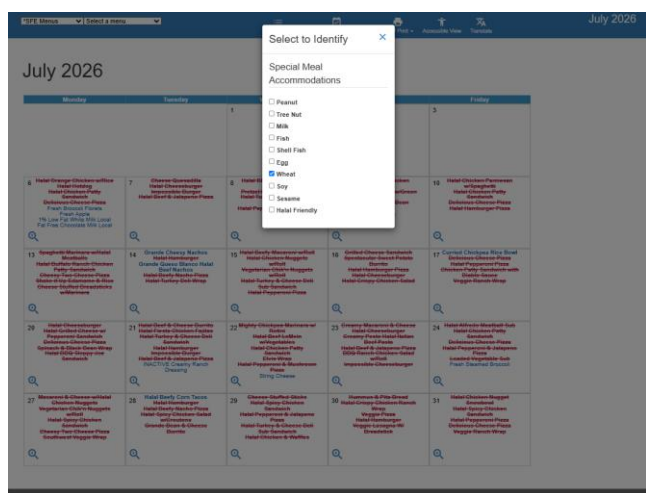
Tuesday Jul 7	Portion Size	Carbohydrates (g)	Special Meal Accommodation
☐ Check All			
☐ Cheese Quesadilla	1 Quesadilla	28.4	
☐ Hatit Cheesburger	1 Burger	31	
☐ Impossible Burger	1 Burger	38	
☐ Hatit Beef & Jalapeno Pz	1 Slice (8 Cut)	41.9	

How to filter by allergen.

Coweta Public Schools

Filter by allergen

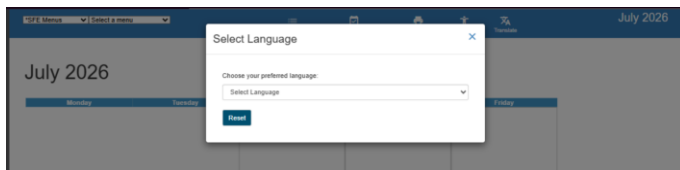
- Click Special Meal Accommodations in the top navigation.
- Select the allergens you'd like to identify, then close the window.
- Items with a selected allergen show with a red strikethrough



How to translate & print.

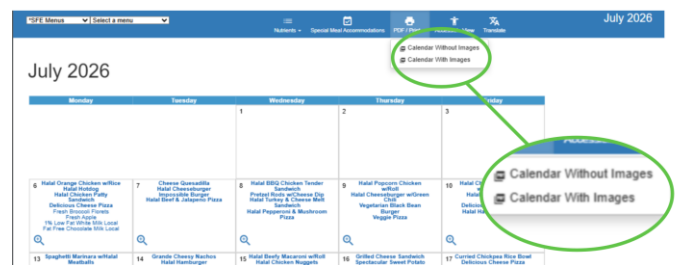
Translate into another language

- Click Translate in the top navigation.
- Choose your preferred language from the dropdown list.
- View your translated menu items immediately — no need to leave the page.



Print a menu

- Click PDF / Print in the top navigation.
- Choose Calendar With Images or Calendar Without Images.
- Your menu downloads as a PDF — ready to print or save.



Start using your new interactive menu
by **downloading the app.**

