EVERY CHILD deserves to be...



warmly greeted

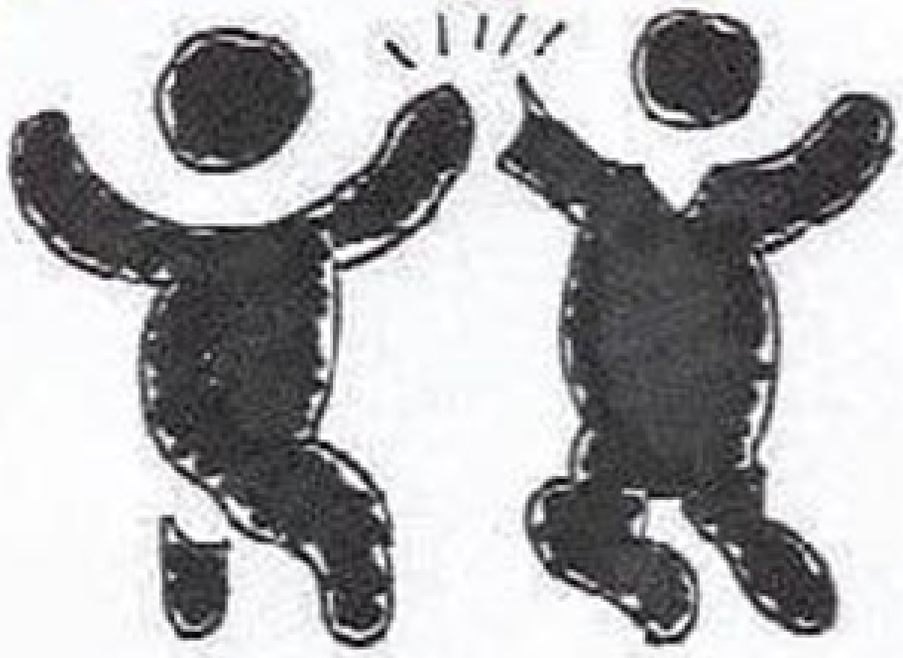


have their name used positively



hugged

high-fived



hand-Shaked



or at least SMILED at by their teacher daily.



This is the bare minimum.

-DWAYNE REED

Sketchnote by:
@amber_grohs

Daily CHECK IN

I'M GREAT



I'M OKAY



I'M MEH

I'M STRUGGLING



I'M HAVING A TOUGH TIME & WOULDN'T MIND A CHECK IN



I'M NOT DOING GOOD



5	**Out of Control** **The Hulk** I feel like I am abcut to explode! I feel completely overwhelmed and may become unsafe.	
4	**Starting to Lose It** **The Thing** I'm getting very angry and I may start to say things I don't mean.	
3	**Anxious/Worried/Excited** **The Flash** I feel like I need to run away as fast as I possibly can.	
2	**I Think I Can Handle It** **Spiderman** I am going to push myself to try my very best even if it is hard. I will feel proud when I get through it.	
1	**Just Right** **Superman** Nothing can bring me down! I am a man of steel and feel on top of the world!	

What Kind of Emotional Weather Are You Having Today?



Sunny
(happy, excited)



Snowy
(relaxed, peaceful)



Rainbow
(hopeful)



Rainy
(sad, lonely)



Stormy
(angry, frustrated)



Windy
(anxious, stressed)



Foggy
(confused, depressed)



Cloudy
(grumpy, sick)

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FIST TO FIVE



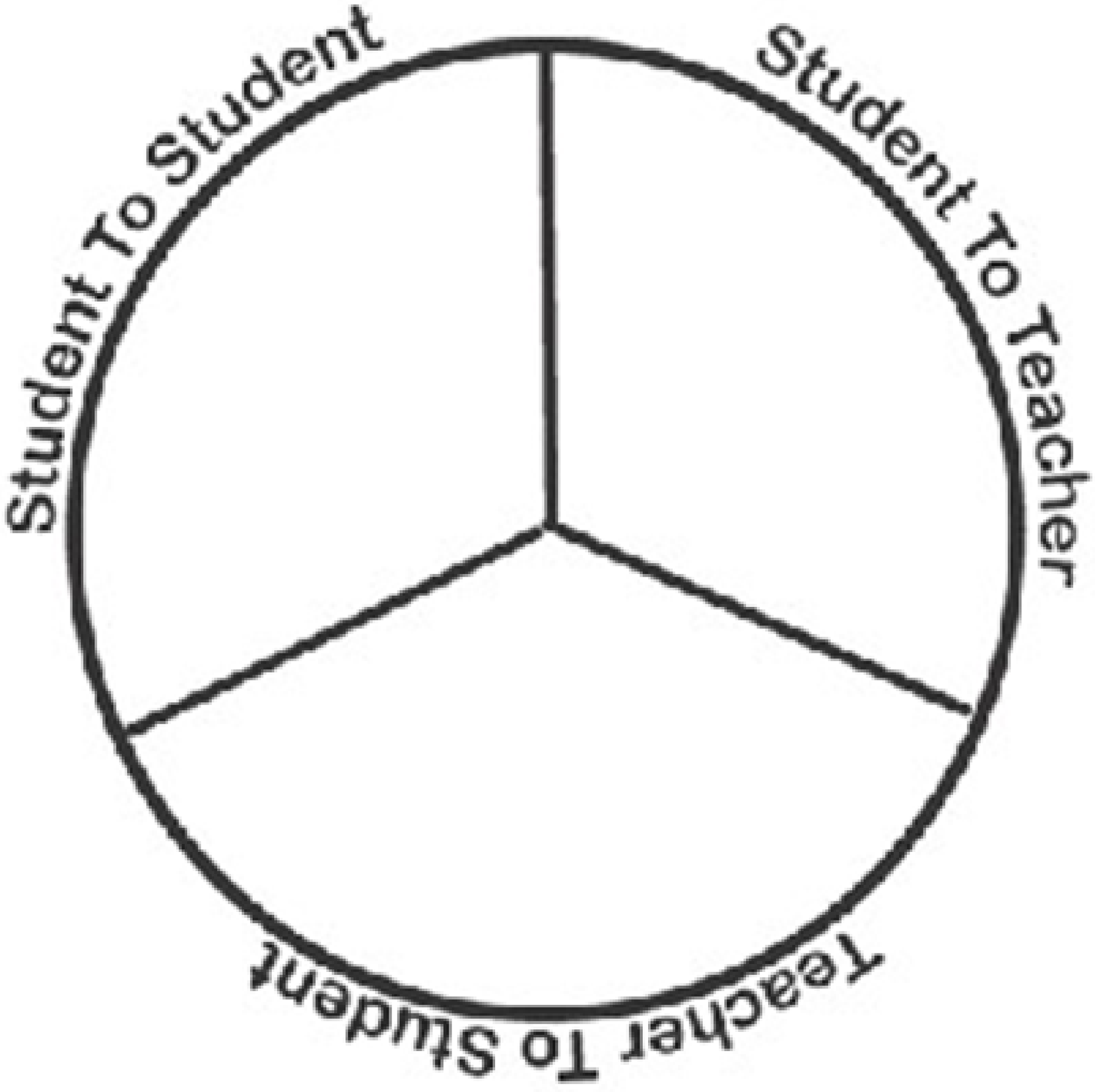
emoji meter



Treatment Agreement

TREAT

How we treat each other...



But when this doesn't happen, we need to 'Make It Right' by:

-
-
-
-

AND

We will commit to a weekly RELATIONSHIP GOAL!


The Pair of ACEs
Adverse Childhood Experiences
Maternal Depression
Physical & Emotional Neglect
Emotional & Sexual Abuse
Divorce
Mental Illness
Substance Abuse
Incarceration
Domestic Violence
Homelessness
Adverse Community Environments
Poverty
Violence
Discrimination
Poor Housing Quality & Affordability
Community Disruption
Lack of Opportunity, Economic Mobility & Social Capital
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Center for Community Resilience

BENEATH EVERY BEHAVIOR THERE IS A FEELING. AND BENEATH EACH FEELING IS A NEED. AND WHEN WE MEET THAT NEED RATHER THAN FOCUS ON THE BEHAVIOR, WE BEGIN TO DEAL WITH THE CAUSE, NOT THE SYMPTOM.

ASHLEIGH WARNER



tinybuddha.com

Affective Statement Sentence Stems

I am so proud to see/hear...
I am so appreciative of you/your...
I am so thankful that/for.....
I am so pleased to see/hear/by.....
I am so touched that you...
I am concerned about.....
I am feeling irritated by.....
I am so sorry that.....
I am having a hard time understanding.....
I feel sad because I heard.....
I am feeling distracted by.....
I am so excited to see/hear...
I am so grateful that/for.....
I am delighted to learn/see/hear ...
I am so impressed by...
I am worried about/by/to see/to hear that....
I am feeling frustrated about/by/to see that...
I am angry about.....
I am upset that ...
I am uncomfortable when I see/hear.....
I am uneasy about .....