

ASTHMA
Emergency Care Plan
Never send student with any asthma symptoms anywhere alone!

Student Name:	Grade:	DOB:
Parent/Guardian:	Home	Work Phone:
Emergency Contact:	Home Phone:	Work Phone:
Emergency Contact:	Home Phone:	Work Phone:
Physician:	Phone:	
Preferred Hospital:		
Current Medication:		
Allergies:		

SYMPTOMS and SIGNS of an ASTHMA ATTACK Parent to circle student's usual signs

EARLY SIGNS	MODERATE	SEVERE	
- Beginning cough - Shortness of breath - Tickle or itchy throat - Fatigue - Headache - Agitation, behavior changes - Says it is difficult to breathe	- Chest tightness - Shortness of breath - Unusual sounds with breathing - Anxious look, scared - Sweaty - Shoulders hunched over - Nostrils are flaring - Says it is difficult to breathe	- Lips, nails, or mucous membranes are pale, gray, or bluish - Vomiting persistently with coughing - Rapid pulse (over 120 per minute) - Gasping breaths (over 30 per minute) - Struggling to breathe - Chest and neck “pulling in” with breathing - Severe restlessness - Unable to speak in complete sentences without taking a breath - Decreasing or loss of consciousness - Shows no improvement within 15 minutes after medication	
IF YOU SEE THIS		DO THIS	TIME
		Never send student anywhere alone!!!!	Initial
EARLY or MODERATE SIGNS - Sit student in upright position - Offer water - Bring medication to student - Instruct to breathe in through nose and out through pursed lips slowly and deeply - Give medication by inhaler or nebulizer - Assist student to inhale medication slowly and fully.		NO IMPROVEMENT WITHIN 15 MINUTES after medication SEVERE SYMPTOMS Call 911 - Notify parents. - If possible, adult trained in CPR/Rescue stays with student until 911 arrives.	
BREATHING STOPS		Begin CPR	

The following **staff members are trained** to deal with an emergency, and initiate the appropriate procedures:

1. 2. 3.

Registered Nurse's Signature

Date

Parent/Guardian Signature

Date

Provider's Signature

Date