Tracey (Pudenz) Askew Biography

Volleyball:
3 year All Red Rock Conference
1989 All-State and Academic All-State
1989 Class A State Consolation Champions

Basketball:
3x All Red Rock Conference player
1000+ point scorer
All-State x 2
1988 and 1990 Class A State Runner-up
1989 Class A State Champions
1990 Outstate MN All-Star Game
Minnesota Ms Basketball Finalist 1990

Track:
1987 Class A State Champions 4 x 800m relay
1988 School Record Holder 4 x 400 and 4 x 800 relay team member
1988 Class A State Champs 4x800 relay
1989 Class A State runner-up 4x800 relay
1989 400m State Qualifier

School Awards:
1990 SJ Valedictorian
National Honor Society

College:
University of North Dakota Fighting Sioux Women's Basketball Team
2x All North Central Conference Player
1000+ point scorer
Academic All American
Degree: Master of Physical Therapy

I live in Sioux Falls, SD. My husband, Jason, and I have 2 kids. Brynn is nurse and Kellen is
a junior at the University of South Dakota.