September2026 **Heritage Middle School** **LUNCH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menus subject to change due to availability. ***USDA is an equal opportunity provider***	1 Hotdog/chili Chrispitos With Cheese Carrots Refried Beans Salads Fruit Variety Milk Variety	2 Grilled Cheese Baked Potato Bar Steamed Broccoli Salad Fruit Variety Milk Variety	3 Pizza Fish Corn Pinto Beans Fruit Variety Milk Variety	4 No School!
7 No School	8 Cheeseburger Chicken Sandwich Onion Rings Glazed Carrots Salads Fruit Variety Milk Variety	9 Beef/cheese Burrito Quesadilla Refried Beans Green Beans Salads Fruit Variety Milk Variety	10 Chicken Currie Cheese Sticks Broccoli Potato Wedges Salads Fruit Variety Milk Variety	11 Pizza Fish Taco & Slaw Corn Pinto Beans Fruit Variety Milk Variety
14 Steak and Gravy Chicken Nuggets & Roll Mashed Potatoes Peas Salad Fruit Variety Milk Variety	15 Hotdog/Chili Crispitos With Cheese Carrots Refried Beans Salads Fruit Variety Milk Variety	16 Grilled Cheese Baked Potato Bar Steamed Broccoli Salad Fruit Variety Milk Variety	17 Spicy Chicken Sandwich Corndog Green Beans Tri tater Salad Fruit Variety Milk Variety	18 Pizza Fish Nuggets & Roll Corn Pinto Beans Fruit Variety Milk Variety
21 Cheeseburger Rib Patty Sandwich Mashed Potatoes Peas Salads Fruit Variety Milk Variety	22 Sloppy Joes Chicken Sandwich Onion Rings Glazed Carrots Salads Fruit Variety Milk Variety	23 Beef Cheese Burrito Quesadilla Refried Beans Green Beans Salads Fruit Variety Milk Variety	24 Chicken Nuggets/Roll Cheesesticks Broccoli Potato Wedges Salads Fruit Variety Milk Variety	25 Pizza Chicken Cheese Burrito Corn Pinto Beans Fruit Variety Milk Variety

28 Steak and Gravy Chicken Nuggets & Roll Mashed Potatoes Peas Salad Fruit Variety Milk Variety	**29** **Breakfast for Lunch!** Sausage Chicken Nuggets Biscuits & Gravy Tri Taters Carrots Baked Apples Salad Fruit Variety Milk Variety	30 Grilled Cheese Baked Potato Bar Steamed Broccoli Salad Fruit Variety Milk Variety	30 Cheeseburger Corn Dog Green Beans Tri Tater Salads Fruit Variety Milk Variety	**Did you know you can check your child's breakfast and lunch account and deposit money?** **Visit:** **MySchoolBucks.com**

Lunch Menu
Entrée Choice
Fruit or Vegetable (½ c)
Low-Fat or Fat Free Milk (8 oz)
Each meal must include a Fruit or Vegetable (1/2cup)