Lunch Menu

Cycle Menu (3 -week cycle ***) October 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09/21 - 09/25	Chicken Nuggets 8 oz Mashed Potatoes ¾ c Corn Bread 2.15oz Strawberries 1 c LF Milk Alt – Chef Salad WG Cheeseburger	Orange Mandarin Chicken 4oz WG Rice ½ c California Medley Vegetable Blend ¾ c Pears 1 c LF Milk 1 c Alt- Turkey Chef Salad with Croutons Ham & Cheese Sub	Ground beef for Tacos 4oz Soft Taco Tortilla 3oz Chopped Salad ¾ c Blueberries 1 c LF Milk 1 c Alt- Greek Salad Chicken Wings	WG Fettuccini Alfredo with Chicken 1 c WG Dinner Roll 4oz Broccoli ¾ C Mango Chunks 1 c LF Milk 1 c Alt- Chicken Salad with Croutons Flat Bread Pizza	
09/28 - 10/02	Green Chili Enchiladas with Chicken 8oz Whole Beans ¾ c Strawberries 1 c LF Milk 1 c Alt- Turkey Chef Salad with Croutons Mac & Cheese Pasta	WG Cheeseburger 6 oz Chopped Salad ¾ c Pears 1 c LF Milk 1 c Alt – Chef Salad Chicken Tenders	Gr. Chile Pork w Diced Potatoes 1 ¼ c WG Flour Tortilla 2oz Oranges 1 c LF Milk 1 c Alt- Chicken Salad with Croutons Chicken Wings	WG Pasta Marinara with Ground Beef 1 c WG Dinner Roll 4oz Green Beans ¾ c Blueberries 1 c LF Milk 1 c Alt- Greek salad Pepperoni & Jalapeno Pizza	
10/05 - 10/09 (Fall Break)	WG Red Chili Pork w/ Diced Potatoes 1 ¼ c WG Flour Tortilla (Heated on Flat Top) 3 oz Mango Chunks 1 c LF Milk 1 c Alt – Chef Salad with Croutons Meatballs with Gravy, Rice, Broccoli	WG Chicken Sand 4.5 oz Coleslaw ¾ c Pears 1 c LF Milk 1 c Alt – Chicken Salad Fettuccini Alfredo WG Dinner Roll	Meatball Melt (Meatball w Marinara, Parbaked Sub Roll, Mozzarella baked in oven) 8oz Corn on the Cob ¾ c Strawberries 1 c LF Milk 1 c Alt – Turkey Chef Salad with Croutons Chicken Wings	Chicken Fajitas 4oz Whole Beans ¾ c WG Tortilla (Heated on Flat Top) 3oz Granny Apple 1 c LF Milk 1 c Alt – Greek Salad Pepperoni Pizza	
10/12 - 10/16	Chicken Nuggets 8 oz Mashed Potatoes ¾ c Corn Bread 2.15oz Golden Apple 1 c LF Milk Alt – Chef Salad WG Cheeseburger	Orange Mandarin Chicken 4oz WG Rice ½ c California Medley Vegetable Blend ¾ c Pears 1 c LF Milk 1 c Alt- Turkey Chef Salad with Croutons Ham & Cheese Sub	Ground beef for Tacos 4oz Soft Taco Tortilla 3oz Chopped Salad ¾ c Blueberries 1 c LF Milk 1 c Alt- Greek Salad Chicken Wings	WG Fettuccini Alfredo with Chicken 1 c WG Dinner Roll 4oz Broccoli ¾ C Mango Chunks 1 c LF Milk 1 c Alt- Chicken Salad with Croutons Flat Bread Pizza	

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MENU SUBJECT TO CHANGE