



SOUTH O'BRIEN JH SPORTS

- Parents are required to create a Family Account on the **Bound app**, upload their child's Physicals, and sign a Concussion Waiver.
 - [Physical Form](#) (print and bring to your appointment)
- JH practice will run from 3:30 to 5:00 on Mon, Tues, Thur, and Fri.
- JH practice will run from 2:00-3:30 on Wed.
- There will be a shuttle to each hometown after every practice.
- There will be a shuttle to each hometown after every AWAY game.
- There will NOT be a shuttle to each hometown after HOME games.
- Coaches will send reminders and notifications with the "Rooms" feature on the South O'Brien App.

26-27 JH SPORTS START DATES

- **Week 8 -August 24**
 - Football (practice & games in Paullina)
 - Volleyball (practice & games in Paullina)
 - Cross Country (practice in Paullina)
- **Week 17 -October 26**
 - Boys Basketball (practice & games in Paullina)
 - Girls Wrestling (practices in Primghar)
- **Week 27 -January 4**
 - Girls Basketball (practice & games in Paullina)
 - Boys Wrestling (practice @ Primghar)
- **Week 39 -March 30**
 - Boys & Girls Track (practice in Paullina)
- **Week 46 -May 17**
 - Baseball (practice & games in Paullina)
 - Softball (practice & games in Paullina)

Contact South O'Brien AD, Heath Reichle, if you have any questions.

hreichle@soswolverines.org

Central Office

216 S Rutledge
PO Box 638
Paullina, IA 51046
712.949.2115

JH-HS Office

307 W Groesbeck
PO Box 638
Paullina, IA 51046
712.949.3454

Elem Office

155 3rd St NE
PO Box P
Primghar, IA 51245
712.957.3755

<i>Superintendent</i>	<i>JH-HS Principal</i>	<i>Elem Principal</i>
Wade Riley	Denise Phillips	Jean Steen

Integrity - Teamwork - Kindness



SOUTH O'BRIEN

Activity Registration Instructions

How to Register from the Bound App

1

Scan a QR code to download the **Bound** mobile app from the Apple App Store or Google Play Store.



Download on the
App Store



2

Log in or tap “Sign Up.” If you’re new to Bound, create your family account and move on to Step 3.

Note: Log in with your existing Bound account if you have one already.

3

Click on the green “Register for Activities” button on the home screen of your app to get started.



Register for
Activities