2026-2027
San Carlos High School
Athletic Packet

P.O. Box 207
San Carlos, AZ 85550
PH: (928) 475-2378
Fax: (928) 475-2697

Dear High School Parent/Guardian:
To help ensure the health and safety of your child(ren), the San Carlos High School requires the following information for participation in interscholastic activities:

1. Physical Exam – Required every year. The exam must be completed **AFTER** March 1st of the year of participation. **MUST BE SIGNED BY A DOCTOR.**
2. Annual Pre-Participation Physical Examination-**MUST BE SIGNED BY A DOCTOR.**
3. Concussion Acknowledgement Forms (general, athlete and parent)
4. AIA Brain Book, Opioid and Hazing completed courses – must submit online
5. Proof of Insurance Coverage- submitted online in RMA account
6. Athletic Fee – Required every year **High School $30.00**

All items will need to be competed on "Register My Athlete" website/link, www.registermyathlete.com

In addition, parents/guardians and students are required to sign ***Permission to Participate Form, an Athletic Code of Conduct Agreement and a Medical Waiver Form.***

- ***All students will be required to complete the following National Federation of High School Sports (NFHS) additional courses: NFHS Sportsmanship, NFHS Heat Illness Prevention and NFHS Bullying, Hazing & Other Inappropriate Behaviors.***

When **ALL** of the information is completed in the "Register My Athlete" portal, the athlete can then be considered for participation.

Enclosed is the information that will be helpful in developing an effective line of communication between coaches, athletes and parents/guardians.

Respectfully,

Donna R. Antonio

Donna R. Antonio, M.Ed., RAA, RMSAA
Athletic Director

San Carlos High School
ATHLETIC CODE OF CONDUCT

ATHLETIC CODE OF CONDUCT:

The Braves Athletic Department will help student-athletes achieve as much success as possible; however, proper sportsmanship is a primary objective. Athletes are to recognize that decisions and consequences are a part of learning. Disregard for sportsmanship and rules will not be tolerated.

To help ensure fairness and uniformity the following minimal guidelines will be required. The rules and consequences under the Athletic Code are in addition to those required and imposed by the SCUSD#20 and the Arizona Interscholastic Association (AIA).
(www.aiaonline.org/about/constitution_bylaws.php)nd

EXTRA CURRICULAR ACTIVITIES-

Definition: Extracurricular activities are all interscholastic activities and those endeavors for which no credit is earned in meeting graduation or promotional requirements that are organized, planned, or sponsored by the District consistent with SCUSD policy.

Interpretation: Interscholastic activities shall include all activities that operate under the guidelines, rules, or procedures established by the Arizona Interscholastic Association (AIA), such as athletics, speech and theater, or music. Physical education classes do not require participation in athletics as part of a grade.

Endeavors for which no credit is earned that are sponsored by the SCUSD and District personnel will include; all school-sponsored clubs and student government. Students in clubs or group activities that may impact on the student's grades in the related classes shall not be subject to these guidelines.

ATTENDANCE-

1. Students must attend all practices.
2. Unexcused Absences:
    a. **First-Offense – misses next game.**
    b. **Second-Offense misses next 2 (two) games.**
    c. **Third Offense – removed from the team.**
    d. **(1) tardy = (1) unexcused absence**
3. To compete, an athlete must attend school **all day** on the day of the activity. Approved shortened schedules for seniors, doctor/dentist or court appointments with official written documentation, or ceremonies/funerals with written documentation may serve as exceptions.
4. Student-athletes who report to school late following an athletic contest will not participate or play on the following contest day unless cleared by the athletic director; this includes Friday/Saturday to Monday contest time.
5. In the event at student-athlete is inadvertently allowed to participate after an attendance violation, the student will forfeit participation on the next appropriate occasion.

6. An athlete who is suspended from school may not participate in practice or play during the period of suspension. This period is defined as from the close of school on the day of suspension to the end of the school day upon completion of the suspension (this includes all practices).
7. A doctor's release must be submitted to the athletic director for approval before student-athlete returns to practice after an injury or hospital stay. Subsequently, students are expected to attend(sit at) practices but may not participate unless it's stated on doctor's note stating otherwise.
8. An athlete must complete in as many practices missed while under a doctor's care **BEFORE** they are allowed to compete in an official game.

ACADEMIC ELIGIBILITY TO PARTICIPATE IN EXTRACURRICULAR ACTIVITES: SCUSD J-4550: JJ

1. Students MUST be **ON-TRACK** to participate or continue participation in athletics at San Carlos High School as follows (core classes of English, Math, History/Government, Science are a base-requirement in credits earned):

Grade	Credits/Hours Earned:	Completed by end of Semester #1	Credits/hours Earned:	Completed by end of Semester #2	Total Credits Earned:
9th	3.5 credits	Dec. 17, 2026	3.5 credits	May 27, 2027	7 credits
10th	3.5. credits	Dec. 17, 2026	3.5 credits	May 27, 2027	14 credits
11th	3.5 credits	Dec. 17, 2026	3.5 credits	May 27, 2027	21 credits
12th	3.5 credits	Dec. 17, 2026	3.5 credits	May 27, 2027	25 credits

2. **If a student is not ON-TRACK, they will be deemed ineligible for the remainder of the next semester of participation. Students cannot participate if they are enrolled in "make-up" classes along with required their required classes.**
3. To be eligible, students must be passing all of their scheduled subjects at the end of each two-week grading interval with a 70% or higher. Seniors must be enrolled in their 7th & 8th semesters must be enrolled in a minimum of four credit-baring classes (240 mins). Study Hall class or teacher aide classes DO NOT count as a credit-baring classes.
4. Students must have passed the previous quarter and/or semester to eligible in the next season of participation (does not have to be consecutive).
5. All students must be making adequate progress toward graduation; may be reviewed by the administration for clarification/approval. *Summer participation may be removed for those students who are lacking required credits.*
6. A "**C**" or **70%** is the lowest passing grade.
7. Students who do not meet the above eligibility requirements become academically deficient and will be unable to participate in extracurricular activities for the two-week period following the guidelines in #6.
8. Students determined to be **academically ineligible** at the end of a two-week grading period shall remain ineligible until the requirements of eligibility are met and will adhere to the following guidelines for ineligibility:

   First Violation – the student will become ineligible at end of day of official notification. The student shall be become passing/eligible as soon as they submit documentation to the Athletic Director of passing (in each of their failing classes, if applicable).

Second Violation – the ineligible student will be required to "sit-out" the entire two week period of ineligibility; they are NOT to return to official play but can continue to practice with the team until the two-week period of ineligibility is completed.

Third Violation – the ineligible student will be dismissed from their perspective team for the remainder of the season.

9. Academically deficient student-athletes will be notified in a manner that will ensure confidentiality, both for the pending ineligibility and for the period of ineligibility.
10. Coaches and/or sponsors will be advised under the same procedure.
11. Three grading periods of ineligibility (6 weeks total and does not have to be consecutive in grading periods or in each class) will result in a termination from the team.

SUBSTANCE ABUSE:

1. To insure maximum performances, team efforts, and good health habits, athletes must refrain from using alcohol, illegal drugs and/or tobacco.
2. During the season of practice or play, a student may not use or have in possession any of the above substances. The season is defined as the time from the first practice until completion of all season obligations.
3. The athlete found guilty of having in his/her possession any illegal drugs or substances with the intent of using, selling, giving away, or other distribution will immediately be dropped from the team for the remainder of the season and will forfeit all awards, records and accomplishments.
4. Violation of the Substance Abuse Rule will be addressed as follows:
    a. Suspected violations must be immediately reported to or by the athletic director to principal.
    b. A conference with the student-athlete regarding the incident will be held by the athletic director.
    c. If a violation is substantiated, the student-athlete will be suspended from participation in athletics; this includes all practices and games.
    d. Student will be given to the option, by the Athletic Director, to return to the athletic program the next season of sport ONLY when the student has completed the NFHS courses:
        i. NFHS Understanding Vaping and E-Cigarettes
        ii. NFHS Student Mental Health and Suicide Prevention

ATHLETIC FACILITIES:

1. At no time is it permissible for individuals or groups to work out in the gymnasium without authorized supervision (weekend and summer months included).
2. At no time are student allowed in the locker room areas unsupervised by a coach.
3. At no time will individuals or groups be working out, jogging, or just "messing around" while teams or squads are having an official practice session.
4. Student-athletes in the gymnasium for one sport practice will not use equipment not specifically for their sport.
5. Improper conduct while using athletic facilities will be dealt with and administered by the person in charge.
6. Improper use of school facilities or lack of supervision will result in loss of user privileges.

GENERAL RULES:

CHANGING SPORTS:

Athletes who quit a team may not participate in any other sport until that current season of sport from which he/she dropped has ended. Exception: subject to A.D. and coach's approval.

GOOD CONDUCT RULES:

1. All athletes are required to conduct themselves in a manner, which makes them a credit to San Carlos High School and the AIA.
2. Athletes who display behavior, which causes a negative effect on the athletic program at any time during the season of practice or play, will jeopardize their chances of participation. Disregard for sportsmanship conduct and team rules will clearly result in disciplinary action.
3. School Behavior – **WRITTEN DISCIPLINE REFERRALS = NO PRACTICE or GAME PARTICIPATION** If a student-athlete choose to earn a discipline referral on a practice day or a game day, participation in practice or game will be forfeited (this includes serving detention/ISS).
4. If a student-athlete choses to appeal the disciplinary action taken, he/she shall take the following steps:
    a. The student must file a written appeal with the athletic director within 24 hours of the decision to administer disciplinary action.
    b. The athletic director will appoint an Athletic Appeals Board consisting of three (3) faculty members along with Athletic Director. The athletic director will chair the board.
    c. The Athletic Appeals Board will follow the necessary procedures to resolve the appeal.
    d. During the appeal process any suspensions shall be postponed.
5. Hazing/Bullying is not tolerated on any level while participating at San Carlos High School Athletics. Such actions will result in removal from all teams for remainder of school year.

EQUIPMENT & UNIFORMS:

1. Athletic uniforms are to be used or won in competition or practice only.
2. Abuse of equipment –"normal" wear & tear is expected. The student will be held responsible for unusual abuse or loss of equipment.
3. **Students will be held responsible for all athletic equipment issued to them.**
4. Students shall turn in all athletic equipment issued to them immediately after completion of a sport or after dropping of that sport, if applicable.
5. **Students shall pay for all items not turned in or damaged. Their money may be refunded IF the lost item(s) are returned. Seniors must turn in or pay for lost/damaged BEFORE graduation. All students will not be released until satisfactory clearance is issued by the Athletic Director.**
6. Head coaches will have students sign for items issued at beginning of season or when items are issued and students sign items back in at end of season with the assigning head coach.
7. The following items are *typically issued* including an **estimate** to students while out for each sport:

Sport	Items Issued	Price	Total Amount due
Football	Practice Jersey	$50.00	$775.00
	Practice pant w/ pads	$75.00	
	Helmet	$200.00	
	Home & Away Jersey	$200.00	
	Shoulder Pads	$250.00	

	Gear Bag	$80.00	
Volleyball	Home & Away Jersey Home/Away bottom Warm-up set	$80.00 $50.00 $120.00	$300.00
Basketball G/B	Practice Jersey Practice Shorts Home Jerseys (1 set) Away Jerseys (1 set) Warm-Up Set Travel Gear Team Bag	$50.00 $50.00 $100.00 $100.00 $80.00 $75.00 $100.00	$550.00
Wrestling G/B	Head Gear Singlet top Team bag	$80.00 $50.00 $40.00	$170.00
Cross Country G/B Track G/B	Singlet Top Shorts Warm-Up Shirt	$60.00 $30.00 $30.00	$160.00
Softball	Game Jersey x 2 Game pant Practice Shirt x 2 Sweat Jacket Belt	$180.00 $50.00 $80.00 $75.00 $10.00	$515.00
Baseball	Jersey Game Pant Practice Shirts x 2 Warm Up Jacket	$180.00 $50.00 $10.00 $80.00 $90.00	$410.00

TEAM RULES:

1. Head coaches may elect to include additional team rules suited for their sport provided:
    a. The Athletic Director and Designated Administrator will approve team rules.
    b. Parents and teams are informed of the rules in writing for that particular season of sport.
    c. Only coaches and administrators can do the selection and administration of discipline.

TEAM TRAVEL:

All students must be transported by district transportation to and from all school sponsored activities. Only legal parents or guardians are authorized to check-out their child from any and all away trips. If a student must be checked-out by anyone other than the legal parent/guardian, the parent/guardian must turn in a parent-signed statement to the Athletic Director **BEFORE** the team departs campus on day of travel for liability purposes. ***Athletic Director and coaches WILL NOT take phone calls, text messages or social media messages to authorize check-out.***

TRY-OUTS: Students will have (5) school days from beginning of "official" practice start date to try-out for a team. All **COMPLETE** required paperwork MUST be on file BEFORE a student can try-out for a team.

Beginning Season Dates:		Practices Begin:	Deadline for physicals:
Fall	Football	July 27, 2026	July 23, 2026 @ 2:30p
	Cross Country	August 3, 2026	July 30, 2026 @ 2:30p
	Volleyball & Cheer	August 10, 2026	August 6, 2026 @ 2:30p
Winter	Basketball & Wrestling Cheer and	November 2, 2026	October 29, 2026 @ 2:30p
Spring	Baseball, Softball Track & Field	February 8, 2027	February 4, 2027 @ 2:30p

PRACTICE SCHEDULES (ATHLETIC):

All practice sessions will end in time to have all participants on their way home two hours after the beginning of the session, including dressing time. The Principal and Athletic Director must approve all practices that include evenings and Saturdays. **Sunday practices are not allowed.** Two-hour practice sessions are recommended as a maximum. Beginning practice dates for all sports are governed by the AIA. Students participating in practices must out of the buildings by 7:00p and vacate campus by 7:30p daily; unless approved practice schedules state otherwise.

ATHLETIC PROGRAMS: Baseball, Boys Basketball, Girls Basketball, Cross Country, Cheer, Football, Track, Softball, Volleyball, Wrestling, Cheer.

AIA 550 Form for Transfer Student

Any student who has started high school in a school other than San Carlos High School is required to complete the AIA 550 Form in order to participate in athletics at San Carlos High School. A link will be sent to the parent/guardian email. If you do not have internet access please contact Donna Antonio, Athletic Director at (928)475-2378 x 5102 to assist you in performing this task. The student will **NOT** participate until the AIA 550 form has been completed online. Student is not cleared until the entire Transfer Process is completed.

REQUIRED CONCUSSION, OPIOID & HAZING TEST Procedure

In accordance with Article 14.14 of the Arizona Interscholastic Association (AIA) Bylaws, it is a requirement for all Arizona high school athletes to complete and pass the AIA Barrow's Brainbook, Opioid and Hazing online courses BEFORE they may participate in any practices or games. NOTE: The online education courses shall be completed only once by a student athlete.

ARIZONA INTERSCHOLASTIC ASSOCATIONS, INC.
7007 North 18th Street, Phoenix, Arizona 85020-5552
Phone: (602) 385-3810 Fax: (620) 385-3779

AIA POSITION STATEMENT

SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES

PURPOSE OF FORM: All AIA Member schools are required to ANNUALLY communicate this AIA Position Statement on the use of supplements, drugs and performance enhancing substances to every participant in interscholastic activities. (See Article 14, Section 13, Paragraph 2).

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sport, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti Doping Agency's Prohibited List (www.wada-ama.org).
- It is the position of the AIA that there is no place for the use of recreational Drugs, alcohol or tobacco (e-cigarettes) in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

Post-High School Athletic Information:

National Athletic Intercollegiate Athletics (NAIA)

Get started with the NAIA Eligibility Center. Register early with the NAIA Eligibility Center. It's required for any student who plans to attend an NAIA school. By registering, you also have the chance to let NAIA coaches know you're interested in playing in college. Our Connections service allows you to check out which schools offer your sport, major and size that fits your interests. Register today!

National Collegiate Athletic Association (NCAA)

Want to Play College Sports? If you want to play NCAA sports at a Division I or II school, you need to register with the NCAA Eligibility Center.

https://web3.ncaa.org/ecwr3/

National Junior College Athletic Association (NJCAA)
The NJCAA's mission is to promote and foster two-year college athletics.

http://www.njcaa.org/landing/index

PUBLIC CONCERNS/COMPLAINTS ABOUT ATHLETICS

Trust in staff members and support for their actions should be such that employees are freed from unnecessary, spiteful, or negative criticisms and complaints.

In spite of this, criticisms and complaints may be forthcoming from the community, these complaints are best handled starting at the school level and, when necessary, should proceed through the various administrative levels.

Parents who have concerns will follow the "Chain of Command" by first meeting with the coach and then if not resolved, then meet with the Athletic Director and if not resolved at this level, will then meet with the Principal. If necessary, after meeting with the Principal a formal written complaint can be filed by using the form in the SCUSD Board Policy KE-E. The form is available at the San Carlos District office.

AIA Eligibility Rules
Protect Your Eligibility by Knowing the Rules

Introduction

Every Year over 70,000 students in the state of Arizona participate in interscholastic activities at the high school level. The Arizona Interscholastic Association is comprised of member schools that establish eligibility criteria for students, such as yourself, to be able to participate.

When you become a member of the interscholastic team at your high school, you will find that both your school and the AIA will have rules you must follow in order to be eligible for interscholastic participation. AIA rules must be followed as minimum standards for all interscholastic competition in any member school. Your high school may have additional requirements. But they may not be less stringent than these statewide minimums.

This information contained in this packet will acquaint you with the major rules and regulations you must follow in order to maintain and protect your high school eligibility. Any questions you have concerning these essential requirements or athletic eligibility should be checked with your school principal or athletic director. These administrators in your school have a complete copy of all the AIA eligibility requirements.

THE INFORMATION CONTAINED HERE INCLUDES PORTIONS OF THE BYLAWS, NOT THE ACTUAL LAWS. PLEASE REFER TO THE BYLAW REFERENCES FOR THE COMPLETE STATEMENT OF THE BYLAWS IN THEIR ENTIRETY.

15.11.1 Each student, in order to represent his/her school in any AIA sanctioned contest, shall be and shall remain an amateur.

15.11.2 An amateur athlete is one who has never used or is not using his/her knowledge of athletics or athletic skill in an athletic contest for financial gain. DETERMINATION: The AIA Executive Board determined that an amateur may receive merchandise awards that do not exceed the limit as set forth in Article 13, Section 1.

15.11.3 A person who has lost his/her amateur standing in any AIA sanctioned sport loses his/her amateur standing in all sports in interscholastic competition for a maximum of one full calendar year from the date of discovery of the infraction or until reinstated by the AIA Executive Board.

15.11.4 Amateur athletes shall retain their amateur standing even though they participate during the summer vacation in schools or clinics sponsored by professionals. (See Article 14, Section 9).

15.11.5 Individual students may receive monetary rewards for participation in luck-of-the-draw or lottery-type programs. This type of competition must be limited to individual type competition and not put one contestant against another. There is no limit on the amount of monetary award for this type of competition. (Examples: Shooting baskets at half-time at professional basketball games; shooting hockey pucks at goals during intermissions at hockey events).

15.11.6 Amateur athletes shall participate and always have participated under their own name

15.11.7 An amateur athlete shall not compete for money or other monetary compensation.

15.11.7.1 Amateur athletes may receive actual expenses for participating in out-of-town games. This amount shall not exceed the state of Arizona per diem.

15.11.7.2 Amateur athletes may receive a fee for officiating non-interscholastic high school and nonintercollegiate sports without jeopardizing their amateur standing.

15.11.7.3 Amateur athletes shall retain their amateur standing even though they receive compensation from private clubs for instructing students not enrolled in high school.

15.11.7.4 Amateur athletes shall retain their amateur standing even though they receive compensation from state, county, city, parks or recreation departments.

15.11.7.5 Amateur athletes may enter a tournament with or against professionals without jeopardizing their amateur standing providing they do not receive, or anyone receives for them, any monetary awards, gift certificates or merchandise awards which exceed the limits as set forth in Article 13.1.4.

15.11.8 Except for a Letter of Intent to attend a college or university, amateur athletes shall not enter into any agreement with any corporation, association, partnership or individual for their services as an athlete until they have terminated their attendance in high school. This includes professional clubs and/or teams for training and competition.

15.11.9 An amateur athlete, or any member of his/her family, shall not receive remuneration, either directly or indirectly; such remuneration being given to influence the student or the family to reside in a given high school district for purposes of establishing the student's eligibility on a team and/or participation with a club and/or team in the form of a scholarship and/or room and board. (See also Article 15, Section 12).

15.11.10 A student may participate and receive monetary awards in non-interscholastic and/or non AIA sanctioned activities/contests (such as rodeo, boxing, bowling, judo) and be classified as an amateur under AIA rules. (See Article 11, Section 1, Paragraph 2)

I have read and understand the summary of AIA Bylaws concerning my child(ren) athletic eligibility:

_____

Parent/Guardian Signature Date

I have read and understand the summary of AIA Bylaws concerning my eligibility:

_____

Student-Athlete Signature Date

Arizona Interscholastic Association, Inc.
Mild Traumatic Brain Injury (MTBI) / Concussion
Annual Statement and Acknowledgement Form

I,_____ (student), acknowledge that I have to be an active participant in my own health and have the direct responsibility for reporting all of my injuries and illnesses to the school staff (e.g., coaches, team physicians, athletic training staff). I further recognize that my physical condition is dependent upon providing an accurate medical history and a full disclosure of any symptoms, complaints, prior injuries and/or disabilities experienced before, during or after athletic activities.

By signing below, I acknowledge:

- My institution has provided me with specific educational materials including the CDC Concussion fact sheet (http://www.cdc.gov/concussion/HeadsUp/youth.html) on what a concussion is and has given me an opportunity to ask questions.
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician or athletic trainer.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the school staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified health care professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC the following sports have been identified as high risk for concussion; baseball, basketball, diving, football, pole vaulting, soccer, softball, spiritline and wrestling.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and that I agree to be bound by this document.

Student Athlete:
Print Name: _____ Signature: _____ Date: _____
Parent or legal guardian:
Print Name: _____ Signature: _____ Date: _____

SAN CARLOS HIGH SCHOOL ATHLETIC PARTICIPATION CONSENT

I hereby give my consent for my student-athlete to participate in organized interscholastic athletics, realizing that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries, in some cases death, are still a possibility. I also give my consent for him/her to travel in school-sponsored vehicles operated by school personnel. I agree not to hold the San Carlos USD #20 responsible in case of accident or injury whether it is during team travel, practice, or an interscholastic event provided.

ATHLETIC CODE OF AGREEMENT

I, undersigned, have read and understand fully the athletic code and I agree to abide by it.
I, the parent/guardian, have read, understood, and will fully support enforcement of this code.

ELIGIBLITY TO PARTICIPATE

***SCUSD J-4550, JJ – Extracurricular Activity Eligibility**

***Per AIA Bylaws: Article 15. Student Eligibility Rules, Sec. 15.7, Paragraph 15.7.3 Subparagraph 15.7.3.1**

To be eligible to compete, students must be passing all of their subjects at the end of each two-week grading interval. The two-week grading interval runs from 12:01a on the designated day through 14 consecutive 24-hour periods ending on at midnight, 2 weeks. A student has two weeks to make up any deficiency notice from the time of the first notice.

In order to remain on the team, an athlete is required to practice during his/her period of ineligibility.

A grade of "C" (70%) is the lowest passing grade. Students who do not meet the above eligibility requirements become academically deficient and will be unable to compete in extracurricular activities until the deficiency is cleared up.

++

SAN CARLOS UNIFIED SCHOOL EMERGENCY MEDICAL TREATMENT RELEASE

As a parent/guardian of _____, I hereby give permission for SCUSD personnel to give emergency first-aid treatment and to obtain, if necessary, medical treatment from a doctor and/or hospital. This release may be used during the school athletic trips. I agree to the participation of my above-named son/daughter in the program/programs, which they participate in. In addition, I consent to practice sessions and travel to and from the programs.

MEDICAL INSURANCE STATEMENT

It is hereby understood that San Carlos Unified School District does not provide medical insurance coverage to students for injuries incurred while participating in athletics. It is further understood that the responsibility for payment of medical expenses lies with the family for their insurance.

Students participating in athletics are **required** to show proof of insurance or purchase individual Student Accident/health insurance before they will be allowed to attend any practice sessions.

Insurance Company _____ ***Policy Number*** _____

Group Number (If Applicable) _____

I, the undersigned, have read and understand fully the Permission to participate, Eligibility policy, Emergency Medical statement and the Medical Insurance Statement and agree to abide by it.

****Permission valid for 365 days unless rescinded****

_____
Parent/Guardian Signature Date

_____
Student-Athlete Signature Date

Emergency Phone Numbers:

1). _____

2). _____

Braves' PARENTS CODE OF ETHICS

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other sports events.
- I will place the emotional & physical well-being of my student-athlete ahead of a personal desire to win.
- I will insist that my student-athlete play in a safe and healthy environment.
- I will support coaches and officials working with my student-athlete, in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my student-athlete that is free of drugs, tobacco and alcohol, and will refrain from their use at all SCUSD sponsored sporting events (on/off campus).
- I will remember that the game is for youth – not for adults.
- I will do my very best to make school sports fun for my student-athlete.
- I will ask my student-athlete to treat other players, coaches, fans, and officials, with respect regardless of race, sex, creed or ability.
- I promise to help my student-athlete enjoy the sports experience by doing whatever I can, such as being a respectful fan.
- I will expect that the coach be trained in the responsibilities of being a sports coach and that the coach upholds the Coaches' Code of Ethics.
- I will respect the coaches' decisions and will encourage my student-athlete to communicate with the coaches.
- If I disagree with a coach's decision, I will abide by the athletic chain of command.
- I will support the team by cheering in a positive manner.

_____ Name of Student_____

Parent/Guardian Signature Date (Print)