

October 2026

St. George Municipal School Unit

Breakfast & Lunch Menu



**Menu is subject to change without notice.*

Prices:
Regular Breakfast **$0.00**
Regular Lunch: **$0.00**
Staff Regular $7.10
Adult Visitors $7.10
Extra Milk $0.50

- Breakfast Served Daily –
Assorted WG Cereal, Fruits, Juices and Choice of Milk daily

Monday: Granola / Cereal Bars
Tuesday: Hot Breakfast
Wednesday: Bakery Items
Thursday: Hot Breakfast
Friday: Bakery Items

Daily Lunch Alternatives:
*Peanut Butter & Jelly Sandwich
*Chef Salad w/ Whole Grain Bread
**Grades 3-8 will have choice of Salad Bar Tuesday-Thursday (except on Early Release Days & Holidays)*
Gluten-Free Options Available Daily

Sandwich of the Day:
Monday: Ham & Cheese
Tuesday: Tuna
Wednesday: Turkey & Cheese
Thursday: Tuna
Friday: Peanut Butter & Jelly



Monday	Tuesday	Wednesday	Thursday	Friday
9/28	**9/29**	**9/30**	**10/1**	**10/2**
			Lunch: **Burger or Cheeseburger** on WG bun, Sweet potato fries, veggie, fruit, milk. Salad Bar 3-8th Grades	Lunch: **Cheese or BBQ Chicken Pizza**, veggie, fruit, Sidekick (frozen treat), milk.
10/5	**10/6**	**10/7**	**10/8**	**10/9 - No School**
Lunch: **Crispy Chicken Sandwich** on a WG bun w/ lettuce, tomato & sauces, veggie, fruit, milk.	Lunch: **American Chop Suey**, veggie, fruit, milk. Salad Bar 3-8th Grades	Lunch: **DIY Turkey & Cheese Subs** on a WG Roll w/ assorted toppings, Crispy Chickpea, veggie, fruit, milk. Salad Bar 3-8th Grades	Lunch: **French Bread Pizza**, Goldfish, veggie, fruit, milk. No Salad Bar	**Teacher Workshop - No School**
10/12 - No School	**10/13**	**10/14**	**10/15**	**10/16**
CAFETERIA CIRCUS NATIONAL SCHOOL LUNCH WEEK OCT 12TH-16TH 2026	**BIG TOP BBQ** Lunch: **WG Jumbo Pretzel w/ Dipping Cheese & BBQ Chicken Drumstick** (Boneless chicken for pre-k), veggie, fruit, milk. No Salad Bar	**TATER TOT SPECTACULAR** Lunch: **DIY Crispy Tater Tot Bowl** w/ Seasoned Ground Beef, Assorted Toppings, veggie, fruit, milk. Salad Bar 3rd-8th Grades	**CARNIVAL CORN CLASSICS** Lunch: **WG Corn Dog**, **Popcorn, Corn Cob,** Baked Beans, fruit, milk. Salad Bar 3rd-8th Grades	**GRAND FINALE FEAST** Lunch: **Mozzarella Dippers w/ Marinara, Sweet & Sour Meatballs, Cotton Candy Grapes,** veggies, milk.
10/19	**10/20**	**10/21**	**10/22**	**10/23**
Lunch: **Chicken Salad Croissant Sandwich**, Steak Fries, veggie, fruit, milk.	Lunch: **Mac & Cheese w/ BBQ Pulled Pork** (Served Seperatly), veggies, fruit, milk Salad Bar: 3rd-8th Grades	(Waffles for GF) Lunch: **Pancake Bar** - WG Pancakes w/ Assorted Toppings, Yogurt, Granola, Berries, veggie, milk. Salad Bar: 3rd-8th Grades	Lunch: **Chicken Pot Pie w/ WG Buttermilk Biscut**, veggie, fruit, milk. Salad Bar 3-8th Grades	Lunch: **Cheese or Sausage Pizza**, Pretzels, veggie, fruit, milk.
10/26	**10/27**	**10/28**	**10/29**	**10/30 - HALLOWEEN CELEBRATION**
Lunch: **Meatball Sub -** Italian Meatballs, Marinara and Mozzarella on a WG Roll, Caesar Salad, veggie, fruit, milk.	Lunch: **Hot Ham & Cheese Sliders**, Emoji Fries, veggies, fruit, milk Salad Bar: 3rd-8th Grades	(Fritos for GF & Dye Free) Lunch: **Dorito Walking Taco**, Seasoned Beef, Black Beans & Assorted Toppings, Veggies, Fruit, Milk. Salad Bar: 3rd-8th Grades	Lunch: **Pasta Bar -** WG Pasta, Assorted Sauces, Parmesan, veggies, fruit, milk Salad Bar: 3rd-8th Grades	Lunch: **Monster Mash Pizza, Witches Fingers, Poison Apples, EEK Juice, Mummy Milk** Cheese or Pepperoni Pizza, Carrot & Celery Sticks, Warm Apples, Frozen Treat, Choice Milk

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