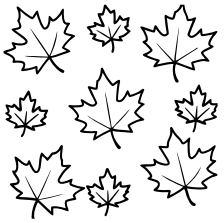
Hale Early Education Center

October 2026 Menu

ALTERNATE LUNCH

Yogurt Meal - Yogurt, WG Roll, Cheese Cup, Fruit, Veggies, Milk





Mon	Tue	Wed	Thu	Fri
Our grains are Whole Grain (WG)	**Breakfast at no cost all school year!**	Alternate Lunch Yogurt Meal Offered Daily	1 WG Waffle w/ Sausage Patty & Tater Tots	2 WG Pizza & Cuke Wheels
5 WG Popcorn Chicken & Biscuit w/ BBQ Baked Beans	6 Cheeseburger on a WG Bun & Broccoli	7 Chicken Tenders with Cuke Wheels	8 WG French Toast Sticks w/ Sausage Patty & Hash Browns	9 No School PD Day
12 October Break	13 Beef & Cheddar Taco w/ Sweet Corn	14 BBQ Chicken w/ Dinner Roll Baked Beans	15 WG Waffle w/ Sausage Patty & Tater Tots	16 WG Pizza & Cuke Wheels
19 WG Pasta w/ Chicken & Marinara Green Bean Carrot Blend	20 Cheeseburger on a WG Bun & Baked Beans	21 WG Chicken Tenders & Broccoli	22 WG French Toast Sticks w/ Sausage Patty & Tater Tots	23 WG Pizza & Cuke Wheels
26 Mac n Cheese & Chicken Nuggets w/ Green Beans	27 Cheeseburger on a WG Bun & Baked Beans	28 WG Pizza & Broccoli	29 WG French Toast Sicks w/ Sausage Patty & Tater Tots	30 WG Spooky Chicken Nuggets w/ Cinnamon Sweet Potato Fries

*Menu subject to change without notice. Meals may vary based on product availability. This is an equal opportunity institution.

MEAL PRICES

Breakfast

!NO COST!

Lunch

$3.00

Reduced

Free

Milk

Additional/Only Milk

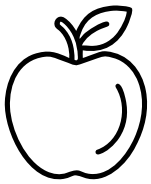
$ .75

1 Free milk w/meal

Adult

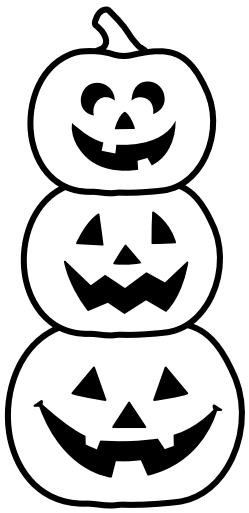
Breakfast $3.50

Lunch $5.75



Locally & Regionally Sourced Fresh Fruits, Veggies, & Milk Daily





BREAKFAST

FREE ALL Year 26-27

MON - WG Waffle w/ Fruit

TUES -Yogurt w/ 100% Fruit Juice

WED - WG Cinnamon Chex Cereal w/ Fruit

THURS - WG Pancake w/ Applesauce

FRIDAY - Egg & Cheese on WG Mini Roll w/ 100% Fruit Juice

-100% Fruit Juice offered 2 days a week

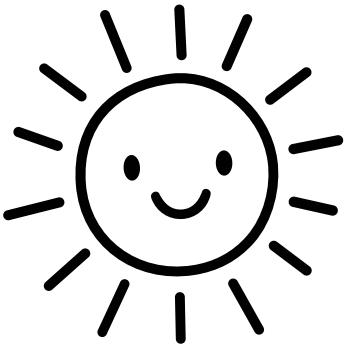
-Low Fat 1% White Milk Daily

-½ Cup of Fresh fruit or Applesauce 3 Days a week

FREE & REDUCED APPLICATIONS AVAILABLE

Food Service Webpage, MAIN OFFICE,

FAMILY.**SCHOOLCAFE**.COM



PAYMENT

School Cafe - family.schoolcafe.com

App - SchoolCafe Family Hub

Cash - **Remaining change is added to School Cafe account**

Check - made out to Coventry Food Services, memo Student name