

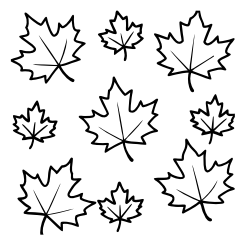
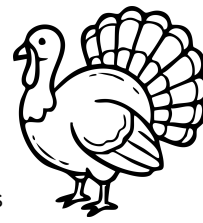


Captain Nathan Hale School

November 2026 Menu

ALTERNATE LUNCHES

Tues & Thurs Cheeseburger - Mon & Fri Hot Dog - Wed Chicken Tenders



MEAL PRICES

Breakfast

!NO COST!

Lunch

\$3.60

Deluxe

\$4.75

Reduced

Free

Milk

Additional/Only Milk

\$.75

1 Free milk w/meal

Adult

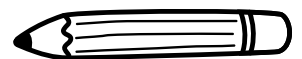
Breakfast \$3.50

Lunch \$5.75



**Locally &
Regionally
Sourced**

**Fresh Fruits,
Veggies, & Milk
Daily**



*Menu subject to change without notice. Meals may vary based on product availability. This is an equal opportunity institution.

Mon	Tue	Wed	Thu	Fri
2 WG Popcorn Chicken & Biscuit w/ BBQ Baked Beans	3 WG Waffle w/ Sausage & Hash Browns	4 *Early Dismissal* Cheesy Bread Sticks w/ Marinara Cuke Wheels	5 *Early Dismissal* Corn Dog Nuggets & Cornbread w/ Carrots	6 *Early Dismissal* Mozzarella Sticks & Marinara w/ Romaine Salad or Smile Fries
9 BBQ Chicken Grinder Baked Beans	10 WG General Tso's Chicken w/ Veg Fried Rice, Fortune Cookie & Broccoli	11 Salsbury Steak w/ Mashed Potatoes & Gravy	12 WG French Toast Sticks w/ Sausage & Maple Baked Sweet Potato Fries	13 Mozzarella Sticks & Marinara w/ Cukes or Smile Fries
16 Holiday Chicken Nuggets Baked Cajun Fries	17 Beef & Cheddar Walking Taco w/ Sweet Corn	18 Chicken Bruschetta Pasta w/ Bread Stick and Green Bean Carrot Blend	19 WG Waffle w/ Sausage & Hash Browns	20 Mozzarella Sticks & Marinara w/ Romaine Salad or Smile Fries
23 Chicken Patty Sandwich Broccoli	24 Thanksgiving Meal Turkey, Mashed Potato, Gravy, Maple Roasted Winter Squash, Cornbread, Dessert	25 *Early Dismissal* Mozzarella Sticks & Marinara w/ Cukes	26 HAPPY thanksgiving	27 Thanksgiving Break
30 Mac n Cheese w/ Chicken Nuggets, & Green Beans		BREAKFAST AT NO COST ALL YEAR	Serving Local Maple Syrup from Forest Mill Farm all month	



Deluxe Lunch

\$4.75

Deluxe Pizza Slice Salad Bar



Pizza comes with choice of fruit, veggies, & milk
Salad comes with whole grain crackers & choice of assorted
proteins, fruit, & milk



FREE ALL Year 26-27
DAILY -Egg Sandwich on WG Eng Muffin
Assorted WG Cereal
MON - WG Maple Waffle
TUES -WG Muffin of the day
WED - WG Assorted Super Slice Breads
THURS - WG Pancake Maple Yogurt Parfait
FRIDAY - WG Honey Wheat Bar
All Breakfast served with Fruit/Juice & Milk

BREAKFAST

Snacks Available Daily

**Must have Cash or
Positive Balance to
purchase.**

Change will be added to
accounts.

PAYMENT

School Cafe - family.schoolcafe.com

App - SchoolCafe Family Hub

Cash - Remaining change is added to School Cafe account

Check - made out to Coventry Food Services, memo Student name

FREE & REDUCED

APPLICATIONS AVAILABLE

Food Service Webpage,

MAIN OFFICE,

FAMILY.SCHOOLCAFE.COM