Parent Information

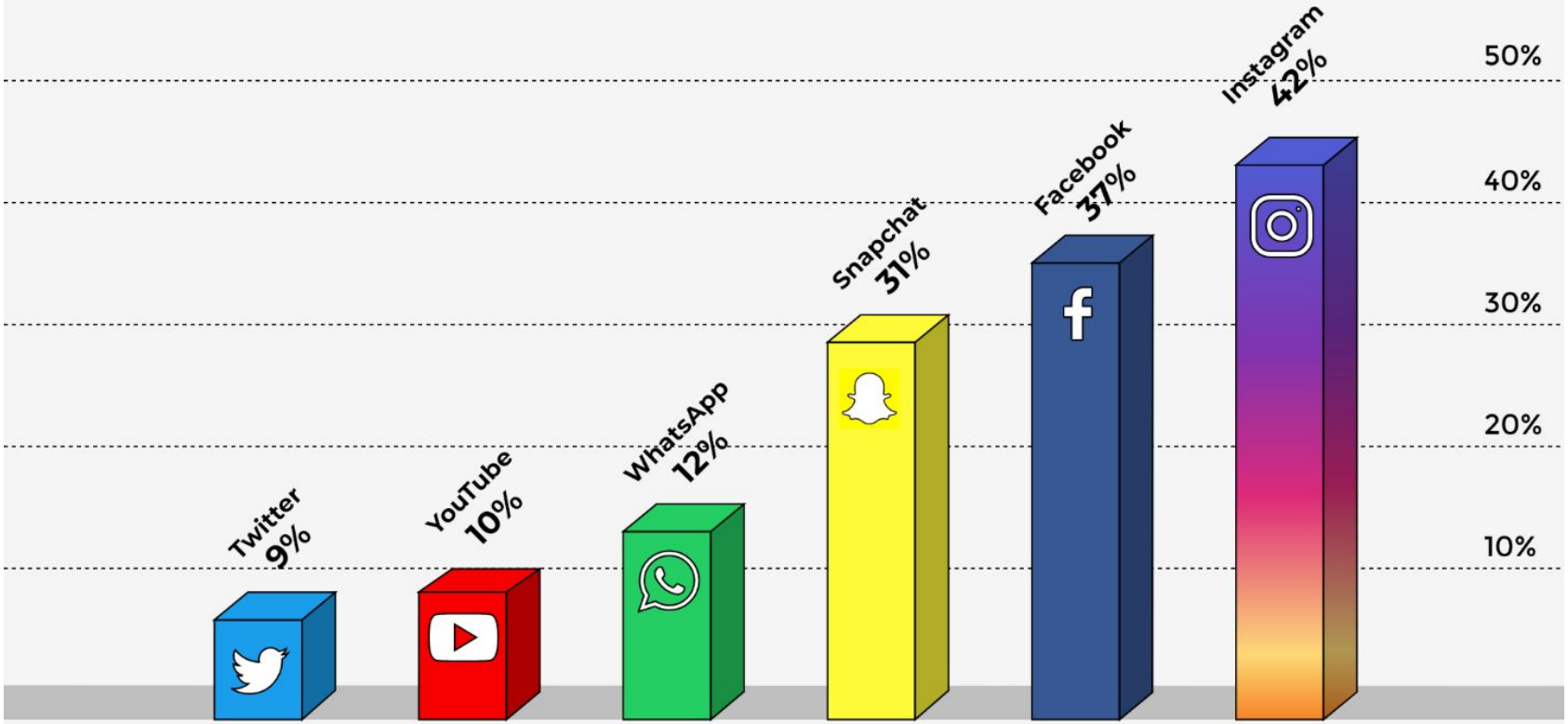
on Cyber Bullying and Internet Safety

(Taken from BroadbandSearch--All the latest Cyber Bullying Statistics and What they mean in 2021)

Is it Cyberbullying? (video from stopbullying.gov)



Where are People Cyberbullied?



Social Media Platforms

Cyberbullying is a real problem in today's society.

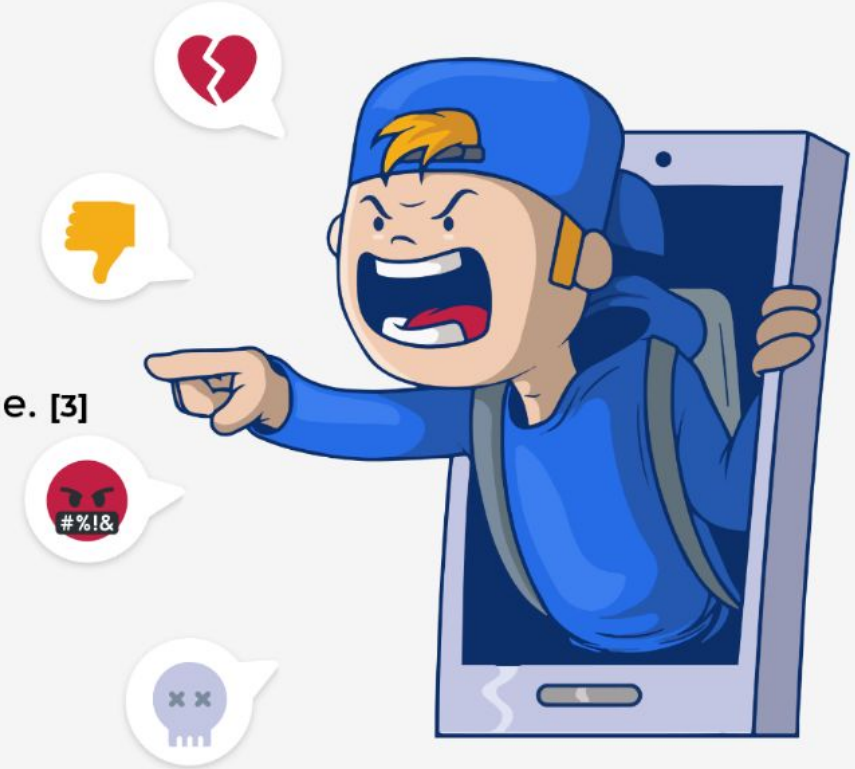
- Overall, **36.5 percent** of people feel they have been cyberbullied in their lifetime, and **17.4 percent** have reported it has happened at some point in the last 30 days. [1]

- **60 percent** of teenagers have experienced some sort of cyberbullying. [2]

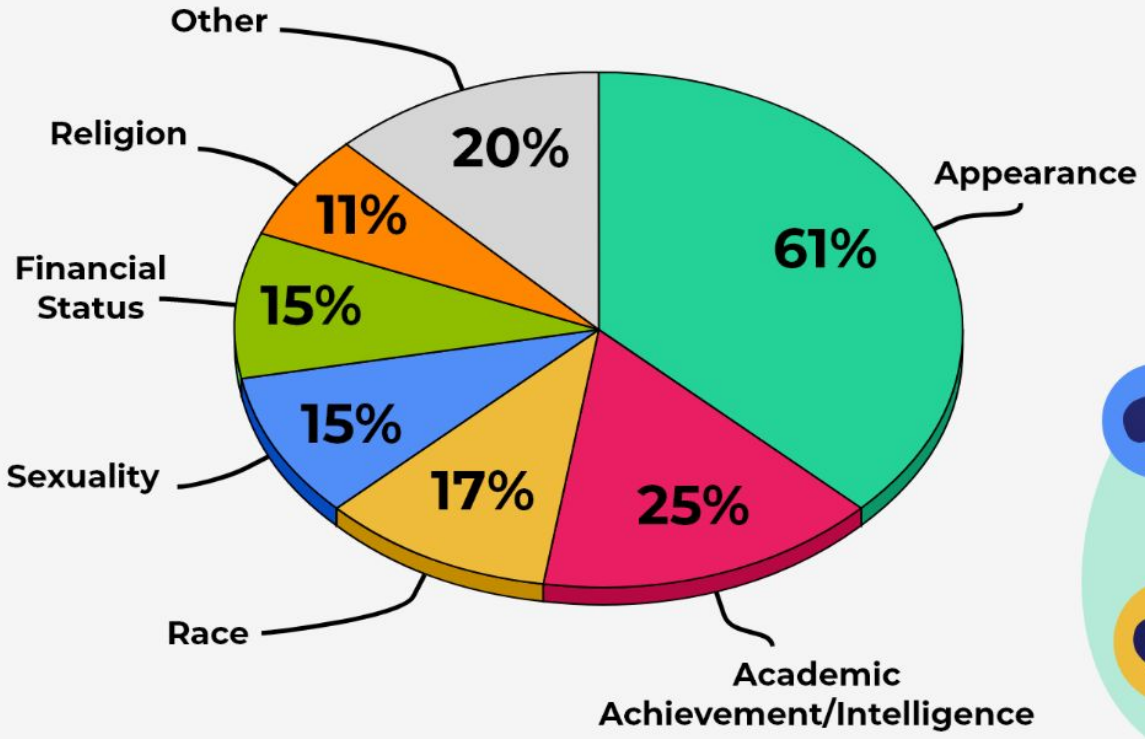
- **70 percent** of teenagers have reported someone spreading rumors about them online. [3]

- **87 percent** of young people have seen cyberbullying occurring online. [4]

- **95 percent** of teenagers are connected to the internet and **85 percent** of them are using social media. [5]

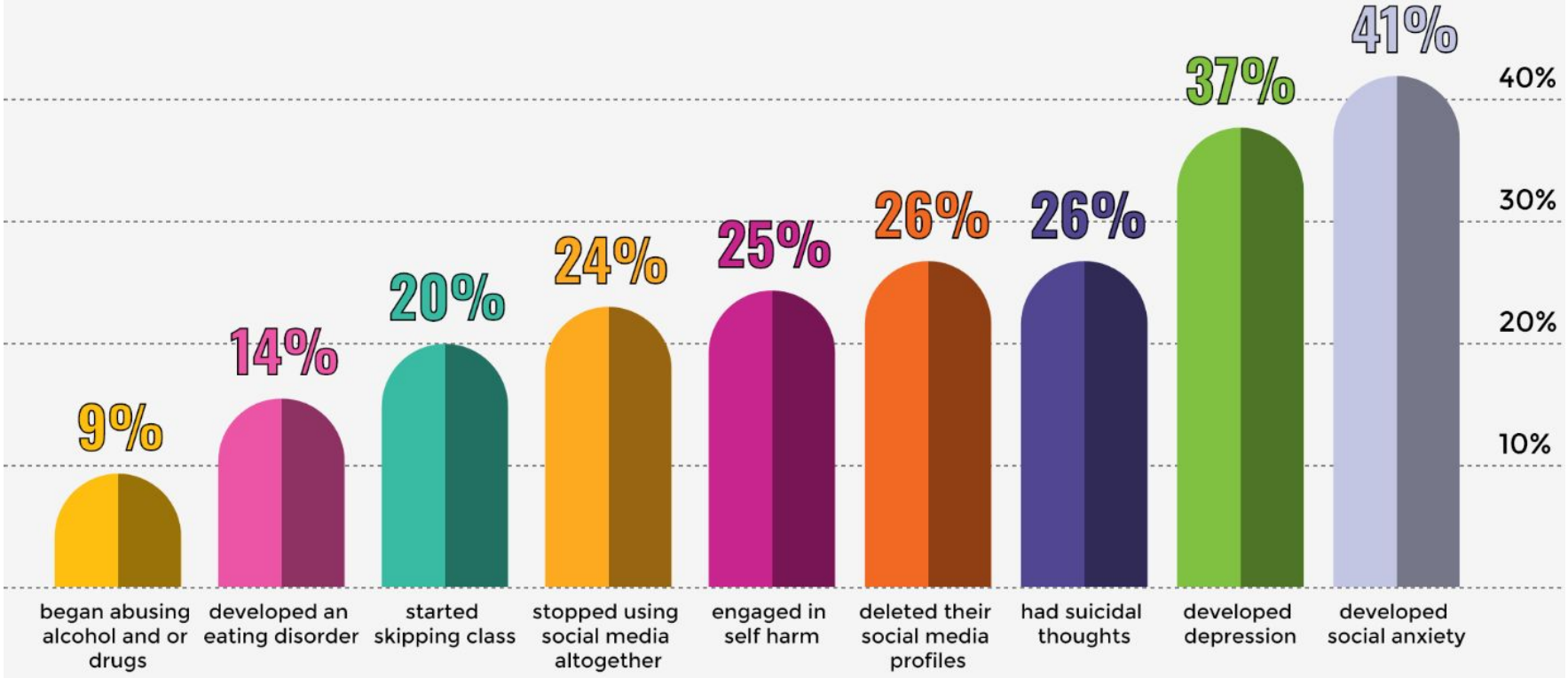


Main Reasons People Get Cyberbullied





Issues Kids Feel Result From Cyberbullying



Effect of Cyberbullying

As an adult, if you see a kid being cyberbullied, consider doing one of the following:

- Ask your child to go over their list of contacts in their phone and instant messaging apps so that you can know more about the people with whom they communicate.
- Talk to your kids about cyberbullying so that they know what it is and how to understand when it is happening.
- Emphasize to kids that they will not lose internet privileges if they are being cyberbullied. Believe it or not, this is the main reason kids choose NOT to speak up about cyberbullying, according to the NCPC.
- Raise the issue with teachers and school administrators so they can look for signs of bullying in school and address the problem in the best way possible.
- Reach out to your child's friends. Engaging bystanders is a key component of fighting bullying, so it's crucial those witnessing the abuse know what they are seeing and how to react.

What a Cyberbullied victim should do:

- Tell someone you trust about what's going on so that you can get some help.
- Keep emails, texts, comments, etc., that could serve as evidence of cyberbullying.
- DON'T strike back. Two wrongs don't make a right.
- Report the issue to the website. For example, Facebook and YouTube both have places where you can report cyberbullying in a safe environment.