NODAWAY VALLEY COMMUNITY SCHOOL DISTRICT

NOVEMBER 2026

Middle School | Breakfast & Lunch Menu

MIDDLE SCHOOL

Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST: Dutch Waffle or Cereal & Toast Fruit, Juice & Milk LUNCH: Chicken Patty/Bun Mixed Vegetables French Fries Blushing Pears Milk	**3** BREAKFAST: Confetti Pancakes or Cereal & Toast Fruit, Juice & Milk LUNCH: Popcorn Chicken Bowl (which includes Mashed Potatoes/Gravy Corn, Popcorn Chicken & Cheese) Dinner Roll Fruit Cocktail Milk	**4** BREAKFAST: Sausage Gravy & Biscuit or Cereal & Toast Fruit, Juice & Milk LUNCH: Bosco Cheese Sticks w/Marinara Sauce Savory Carrots Fresh Broccoli Rosy Applesauce Milk	**5** BREAKFAST: Breakfast Pizza or Cereal & Toast Fruit, Juice & Milk LUNCH: Pork Totchos Baby Carrots Fresh Baked Biscuit Fresh Fruit Milk	**6** BREAKFAST: Long John or Cereal & Toast Fruit, Juice & Milk LUNCH: Super Nachos w/Queso Cheese Refried Beans Cucumber Slices Diced Peaches Milk
9 BREAKFAST: Breakfast Bites* or Cereal & Toast* Fruit, Juice & Milk LUNCH: Crunchy Chicken Wrap* Corn Baby Carrots Graham Crackers* Blushing Pears Milk	**10** BREAKFAST: French Toast Sticks* or Cereal & Toast* Fruit, Juice & Milk LUNCH: Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Dinner Roll* Mandarin Oranges Milk	**11** BREAKFAST: Sausage Gravy & Biscuit or Cereal & Toast Fruit, Juice & Milk LUNCH: Rodeo Burger/Bun* Onion Rings* Baked Beans Rosy Applesauce Milk	**12** BREAKFAST: Breakfast Pizza* or Cereal & Toast Fruit, Juice & Milk LUNCH: Tangerine Chicken* Brown Rice*/Cooked Carrots Fresh Cauliflower Bread & Butter Sandwich* Fresh Fruit Milk	**13** BREAKFAST: Breakfast Sandwich* or Cereal & Toast* Fruit, Juice & Milk LUNCH: Pepperoni Pizza* Green Beans Romaine Lettuce/Dressing Pineapple Tidbits Milk
16 **No School Teacher PD**	**17** BREAKFAST: Confetti Pancakes* or Cereal & Toast Fruit, Juice & Milk LUNCH: Hot Beef Sundae (includes Mashed Potatoes/Gravy Shredded Beef & Cheese) Cucumber Slices Fresh Baked Biscuit Warm Cinnamon Apples Milk	**18** BREAKFAST: Sausage Gravy & Biscuit* or Cereal & Toast* Fruit, Juice & Milk LUNCH: Fire Braised Chicken/Bun* Baked Beans Fresh Broccoli Rosy Applesauce Milk	**19** BREAKFAST: Breakfast Pizza* or Cereal & Toast* Fruit, Juice & Milk LUNCH: Breakfast Bowl (includes breakfast potatoes, scrambled eggs & sausage gravy) Baby Carrots Biscuit Banana Milk	**20** BREAKFAST: Long John* or Cereal & Toast* Fruit, Juice and Milk LUNCH: Deep Dish Pizza* Green Beans Romaine Lettuce/Dressing Strawberries & Peaches Milk
23 BREAKFAST: Dutch Waffle* or Cereal & Toast* Fruit, Juice and Milk LUNCH: Chili Soup/Crackers Grilled Cheese Sandwich* Baby Carrots Mandarin Oranges Milk	**24** BREAKFAST: Cinnamon Roll* or Cereal & Toast* Fruit, Juice and Milk LUNCH: Hot Dog/Bun* Tater Tots Cucumber Slices Fruit Slushie Milk	**25** **No School**	**26** **No School Happy Thanksgiving**	**27** **No School**
30 BREAKFAST: Confetti Pancakes* or Cereal & Toast* Fruit, Juice and Milk LUNCH: Grilled Chicken Bacon Ranch/Bun* Potato Wedges Baked Beans Blushing Pears Milk				

Unposted dates do not indicate school closures. Meal wording follows the posted menu; spacing has been adjusted.

This institution is an equal opportunity provider