

Fairfield Unified School District #310
16115 South Langdon Road
Langdon, Kansas 67583-9307

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District Newsletter

for

Fairfield U.S.D. #310
Langdon, Kansas

Serving The Communities Of Western Reno County

USD #310

620-596-2152

POSTAL PATRON

LOCAL

VOLUME 33 NUMBER 7, MARCH 2021

Opportunities For Sophomores And Juniors

Even though most scholarships are available only to seniors, because of COVID and the cancellation of a number of trips, there are some new scholarships available for sophomores and juniors. This may be the only year these opportunities exist, so **APPLY** if you are interested and eligible!

Students should look in their Google Classroom "Class of..." for details and applications or links.

DUE DATES

March 5 - Ninnescah Rural Electric Cooperative Scholarship, replaces the Youth Tour to Washington, D.C. and Youth Leadership Camp at Steamboat Springs, CO. For sophomores or juniors whose parents or guardians receive electric service from Ninnescah.

March 26 - Hutchinson Regional Academy and Scholarship, 8-week, paid summer internship program in a hospital setting plus scholarship

March 31 - American Legion Boys State of Kansas, June 6-12 at Kansas State University in Manhattan, for current sophomore, junior and senior boys

May 15 - ALA Kansas Girls State, June 7-11 VIRTUAL, for current junior and senior girls

Building With 3-D Shapes



Lillea and Linzey building with our 3-D shapes.

100 Challenge



Lillea and Logan using 100 cups to build a tower that won't fall down!



The 100 cup tower challenge!! Linzey and Hadleigh completed this cup tower!



Hadleigh and Linzey try to use all 100 small legos to build something.



Leena and Keziah try to see if you can roll the dice 100 times and cover up the 100 numbered hearts!



Keziah and Leena used all 100 cups to build this tower!! This was a part of our 100th day celebration!!

Is Sleep Really All That Important?

By Angela Glascock

This morning, I happened to catch a live update from the University of Kansas Health System Morning Media Update and the topic was Sleep Deprivation During a Pandemic. If you have the time and are interested, they record the morning updates and post them to their Facebook page - The University of Kansas Health System.

Information about sleep habits and deprivation is certainly timely during this pandemic. Students and adults both suffer from anxiety related to the current pandemic and sometimes this also results in having trouble sleeping. So what can you do to help yourself get to sleep and help your children? Here are their suggestions.

1. Do a backward count to find out what time you should go to bed. Most people should get at least 8 hours of sleep a night, and younger children need even more. For example, if you need to be up by 7:00 am, the latest you should be in bed the night before is by 11:00 pm.

2. Once you determine the time you need to be in bed, start your bedtime routine an HOUR before you need to be in bed.

3. Your bedtime routine should include calming activities such as bathing or reading a book or quietly visiting or even meditating but should NOT include any electronics or too much excitement. This means at least an hour before bedtime, turn off the cell phones, video games and computers to help your mind calm so you get good rest. This is especially important for students to unplug themselves from their electronics before they head to bed.

4. It is also recommended that all of your electronics should be in a different room than where you sleep. If you use your phone as an alarm clock, buy an alarm clock instead and move that phone away from your sleeping area so you (and your children) are not tempted to play games in the middle of the night or check your email or Facebook or whatever. If you or your student is so attached to the phone it causes anxiety to be apart, at least turn the phone completely off and let it charge and then turn it back on after rising in the morning.

5. It's a good idea to turn the temperature of your thermostat down a little so that it is cool for sleeping.

6. It is not a good idea to get in the habit of taking a pill to fall asleep but is better to establish your consistent bedtime routine. That will help more than anything to help you rest well.

7. If you wake in the middle of the night and are not able to immediately go back to sleep, try to stay calm, do some deep breathing and think of quiet things, but keep away from the electronics!

8. Exercise should be a part of your daily routine. Doing some activities during the day will help your body to rest better at night. Staring at a computer or phone all day is not considered exercise so get up and take a walk or exercise with a friend or group, but get some exercise every day.

9. Keep the same bedtime and waking time every day. Even on the weekends. You get the best rest when your sleeping routine is the same EVERY DAY.

Give these recommendations a try and see if they help you - and your children - to rest better!

Scholarships For Seniors 2021

Students should look in their "Class of 2021" Google Classroom for details and applications or links.

DUE IN MARCH:

March 1 - SCTelcom Scholarship, students whose parent or legal guardian subscribes to South Central Telephone Association

March 1 - Kansas 4-H Scholarships, at least two available, Kansas 4-H Scholarship and Vanier Scholarship

March 1 - Kansas Farm Bureau Scholarships, several available

March 5 - KGFA Scholarship, Kansas Grain and Feed, students planning to attend any Kansas four-year university, community college or technical school

March 5 - KARA Scholarship, Kansas Ag Retailers, students planning to major in an agricultural related field

March 5 - Foundation for Rural Service Scholarship, express an interest in returning to a rural community following graduation

March 12 - Herb Clutter Memorial Scholarship, students pursuing careers in agriculture

March 15 - MKC Scholarship, students who are the child or grandchild of a MKC member-owner or employee

March 15 - KACRAO Scholarship, Kansas Association of Registrars and Admissions Officers, minimum 3.25 GPA

March 15 - Denny Hart Family Athletic Scholarship, students highly involved in athletics (on or off court), minimum 3.0 GPA

March 15 - Lois and Avory Johnson Scholarship for Reno County Students, academic ability and/or a personal motivation to achieve goals, preference given to students entering the field of EMS

March 15 - Willis and Vada Hoskinson Scholarship, for students who live within 15 miles of Turon, minimum 3.0 GPA, special consideration for students pursuing degrees in Education, Business or Agriculture, RENEWABLE

March 18 - Hutchinson News Future Journalist Scholarship, students majoring in journalism, photojournalism or communications, minimum 3.0 GPA

March 26 - Hutchinson Regional Academy and Scholarship, 8-week, paid summer internship program in a hospital setting plus scholarship

March 29 - Shelter Insurance Foundation Scholarship, sponsored by local agent, Jo Shelton

DUE IN APRIL:

April 1 - Kansas Financial Scholars Essay Contest, for students who place importance on managing their money well, right from the start

April 1 - Skyland Grain Scholarships, for students majoring in an agricultural field, multiple scholarships

April 1 - Kansas Bankers Educational Foundation, for children of Kansas Bankers OR who enroll in banking programs at Fort Hays State University or Benedictine College

April 15 - Heartland Credit Union Scholarship, for students who they or a family member has an account with Heartland Credit Union

April 15 - Arlington United Methodist Church, students who have a connection with the church, or from Fairfield High School, minimum 2.0 GPA, RENEWABLE

April 15 - Community Scholarships, students of Fairfield High School, several scholarships available

From Your Superintendent

This month I am going to share an article I think some of us need to read. From grandparents and parents to friends and neighbors, each one of us can benefit from the advice given by Ted Spiker, who was the interim chair of journalism at the University of Florida when he published this article. This basketball season at Fairfield we have had repeated instances of unsportsmanlike behavior on the part of our fans. I understand that when officials miss obvious fouls or call one when it didn't happen, it is frustrating. As adults what we need to do is find a way to get past that and encourage our athletes to continue giving their all on the court or field.

Just as administrators hate being the “mask police” in the time of COVID, they also do not enjoy having to correct adults who are losing their cool in a game. This author made the points better than I could, so I decided to share his article. Please take the time to read it and if the shoe fits, please wear it.

Betsy McKinney, USD #310 Superintendent

“A PLEA TO PARENTS OF YOUNG ATHLETES: SIMMER DOWN”

By Ted Spiker, November 25th, 2014

<https://time.com/3605549/plea-to-parents-of-young-athletes-simmer-down/>

Like most parents who watch their kids play sports, I keep an in-brain highlight reel of my favorite moments involving my two boys. Some of them involve skill, but many of them center around effort or teamwork. More and more, though, I also have witnessed incidents that make me wonder why there's more gamesmanship and less sportsmanship. Just last weekend, I saw the following from other squads: a player-to-ref middle finger, four flags in one game for excessive taunting, and a frustrated fling of a stick into the stands.

Any of us who have been involved in youth sports have our own stories of do-it-the-wrong-way people. In my decade or so of coaching and spectating the half-dozen different sports my boys have played, I've seen kids be punks. Coaches be punks. Parents be punks. I've been a punk.

The sad fact is that unless we can slowly change the frantic and entitled culture that's bubbling on some of our sidelines (I once saw a parent zooming his video camera to focus on a college scout's notes), we're going to allow what should be a healthy and educational environment to become a constantly toxic one.

How can we fix it? Ultimately, I think it involves parents having the discipline to keep in perspective what's really at stake. Not a game, not a scholarship. What we do risk losing is this: A positive experience for our kids. Their memories of what sports taught them and the friendships they built. Our own relationships with our children.

“Being a parent is a performance. Did your presence make your kids two hours better? How? What did you do to make sure that happened? That's the difference between being a parent and being a fan, yet most parents act more like fans than parents,” sports psychologist and former Division-I athlete Doug Newburg, Ph.D., told me. “What does it mean to care? That's the issue. We believe that anger and passion and emotion are how we care. The reality is if we care, we focus on what matters. People get emotional because they ‘CARE’ when they should ‘care.’ Softly, without props, as Toni Morrison would say.”

It won't be a quick or easy change, but if we each do our part, we can slowly bring our youth-sports culture back to where it should be — a place for kids to learn, grow, develop, and [gasp!] have fun.

Some ways that parents can game-plan: Cheer for the play that helps the play. It's natural to celebrate the goal, the touchdown, the game-saving catch. Let's make more effort to cheer for the player who makes the pass or block.

Call out to the one who sets the pick. Send an “attaboy” or “attagirl” to the kid who does one tiny thing that—as part of a chain of events—helped make the big play happen. Most importantly, notice those things when other kids do them. If you want your child to understand that life is about collaborating with a team, reinforce it by spreading your praise up and down the roster.

Dial down the emotion. An expert I once interviewed about the subject said that many youth coaches make a mistake by having a rah-rah-get-riled-up persona during the game. They assume it helps get a team motivated to perform well. In actuality, he said, athletes (especially young ones) perform better in a less emotionally charged atmosphere. We parents can take the same advice — cheer and praise with enthusiasm, but with a tone of voice that exudes calmness. Translation: “Oh nice play,

Jennifer, way to hustle” trumps “GET TO THE BALL, JENNIFER. GO! GO! GO! YOU GOT IT! MOOOOOOVE IT!” Or as my friend Bill, the father of two elite-level athletes, says, “Watch with compassion, not judgment.”

Ask yourself: What does your kid really want? While you may be eager to give your opinion on what strategy will work, our kids don't want a constant yammering of tips and tricks from you. More likely, our kids prefer our role on the support staff: We're chauffeurs, cheerleaders, peanut-butter-sandwich-makers, ice-pack-fetchers, bag-smell-taker-outers. Embrace that role, and use baking powder.

Be unsocial. Most of the parental sideline issues really are an issue about self-control — how we can take an emotional moment (“that was a slash!”) and cool down before reacting like a bloated buffoon. Some researchers would say that the key to doing that is taking ourselves out of a hot state (the time we act on impulse because our emotions are clouding judgment) and go to a cold state (where we act more logically). That's difficult when games are essentially one prolonged hot state. If you're prone to outbursts, watch the game away from all the other parents (especially opposing ones), since the pack mentality contributes to a pile-on-the-ref sideline.

Play with, not talk to. If you want to connect with your kid over sports and offer your wisdom about improvement, your contribution shouldn't come anywhere near game time. Toss the ball, bike while she runs, anything. “Like a buddy, not a coach,” Bill says. “You may find out more about your kids as people and they're more likely to work on their game if you're not beating them down.”

Respect the hierarchy. I get that we all think we know better and have the strategy that will help the team. If you want to question the coach, offer advice constructively on non-game days and not in public. Then don't take offense if the coach says thanks, but no thanks. Want a say in how things are done? Volunteer. Or login to your fantasy football roster.

If he runs his mouth, sit him down. There's one exception to the above rule. If kids act in a way that demeans or threatens a coach, player, opponent, ref, or fans, and the coach won't wield punishment, then we have the right — and responsibility — to do so.

As a parent once told me, “Either you're coaching that type of behavior, or you're allowing it to happen.” Offer questions, not analysis. After a game, resist the urge to explain ways your child could improve. Just say, “How was the game?” “Did you have fun?” “How'd it go?” Realize this first: If your kids want a break-down analysis of how they played, they'll ask you for it. Realize this second: They won't ask you for it.

Now, I believe the motive in most instances of parental craziness is well-meaning. We all want our kids to succeed, to perform well, to experience the joy that we suspect our kids want to feel when they win. Nobody questions the notion that you will and should feel passion about what you're watching—pride, disappointment, anger about the ref

Scholars Bowl Regional Champions



Fairfield hosted a Regional meet on Monday February 1st. We had a lot of help from teachers and students and were able to safely accommodate Pretty Prairie, Little River, Lost Springs-Center, Goessel, Canton-Galva and a team of our own students; Jacob Bauman, Jarod Bauman, Clayton Fleming, Taylor Mathes, Harris Siller and Zack Zongker.

After our usual round-robin play, four schools were able to enter the finals competition. Pretty Prairie, Goessel, Canton-Galva and Fairfield. The Fairfield team was able to win both final rounds and earned a trip to the state competition. You can see our Regional Trophy in the high school office.

We left Fairfield on Saturday, February 13th at 8AM and drove to Santanta, KS, which is halfway between Garden City and Liberal. Mrs. Steen provided breakfast tacos for the ride, and Mrs. Spears made the cool team shirts you see pictured. Mrs. McKinney was kind enough to buy a meal for our team to celebrate the trip to State.

Our overall record for the day (1 win and 6 losses) doesn't look very successful. However, if you look at the scores in each round you will realize how close most of our matches were. Three of the matches were tied up at the end of regular play and had to go into a tie-breaker situation. Had we won those rounds, we certainly would've been in finals.

Mrs. Spears and Mrs. Steen, the Scholar's Bowl coaches, are very proud of their team. As Mrs. Spears said, "They really played well today. We lost several tough tie breaker rounds and missed the finals but had a great time."



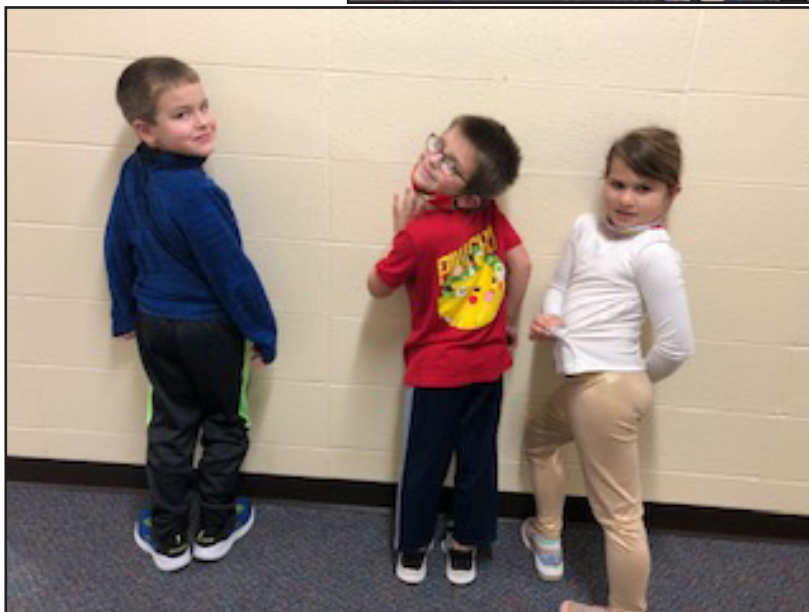
Spirit Week



Twister Tuesday (for Kansas Day spirit week) First grade students wearing their clothes backwards!



Above and Below: First graders enjoying Kansas Day (sunflower shaped) cookies!





We love the nice weather! First grade students made fun chalk drawings of themselves.



Officials Day-wear black and white



Mini Mahomes! First grade boys wearing their favorite #15 preparing for the Super Bowl.



Our chapter had the annual staff breakfast which looked a little different this year. We did it campfire style and each class made a different type of food and packed to go boxes for faculty members. For our community service project, we made Valentines for the residents in the nursing home in Cunningham. Coming up this month we are having an FFA Bowling night in Sterling for all of the FFA Members, the date is still undecided. We will have Pizza, but drinks will be available for purchase.



This month the Fairfield FFA Chapter has been able to participate in a couple of things. Mikayla

Pugh, Erin Schwertfeger, and Paisley Smyth participated in the South Central District Public Speaking Leadership Development Event. Paisley had to perform a memorized, 3-5 Minute speech, and she took 4th in her division. Mikayla and Erin had to recite the FFA Creed and answer a few related questions, Mikayla placed 3rd and Erin placed 4th.



National Honor Society Installation Ceremony

Senior Members



New Members



All involved in Induction Ceremony



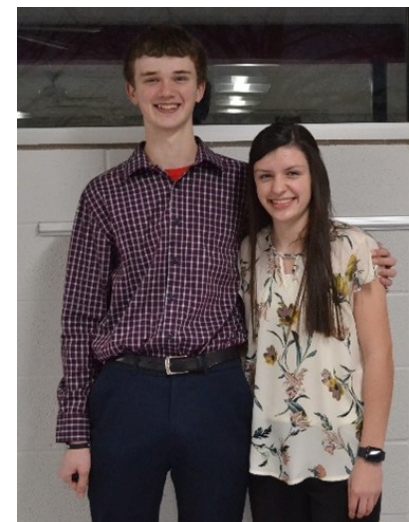
Fairfield High School National Honor Society held its 2020-21 installation ceremony on February 4th in the Fairfield High School auditorium.

The Prudentia Cum Dignitas (“Knowledge with Dignity”) National Honor Society Chapter welcomed six new members: Jacob Bauman, Griffin Fischer, Brady Fowler, Camre Haumont, Andrew Kennedy, and Marisol Martinez.

Kayley Brown, NHS vice-president, welcomed new members and the audience to the program. For the evening’s entertainment, current NHS member, Katrianna Davis, performed a ballet routine and senior members Kayley Brown, Hunter McMillin, Dusti Ryan, and Eva Schwertfeger accompanied by Sharon Schwertfeger, sang the song “Amazing Grace”. The speaker for the evening was Mr. Aaron Ewy. Mr. Ewy spoke to the group about Lessons for the Future as they pertain to the four principals of the National Honor Society: scholarship, service, leadership, and character.

The National Honor Society candle lighting and installation ceremony was conducted by current NHS members: Kayley Brown, Katrianna Davis, Hunter McMillin, Hailey Richardson, Dusti Ryan, and Eva Schwertfeger. The honorary ushers and servers for the evening were Mason Kalmar and Paisley Smyth. A reception was held for new members and their families in the cafeteria. FHS sponsors for National Honor Society are LouAnn Buckwalter and Brenda Unruh.

Ushers/Servers



Spelling Bee



Kindergarten Thru Second Grade Spelling Bee



Kindergarten spelling bee participants: Linzey , Cinch, Skye, and Kinzee .

Spirit Week



Home on the Range Day for Kansas spirit week!



K-State spirit for our Friday - favorite team day!

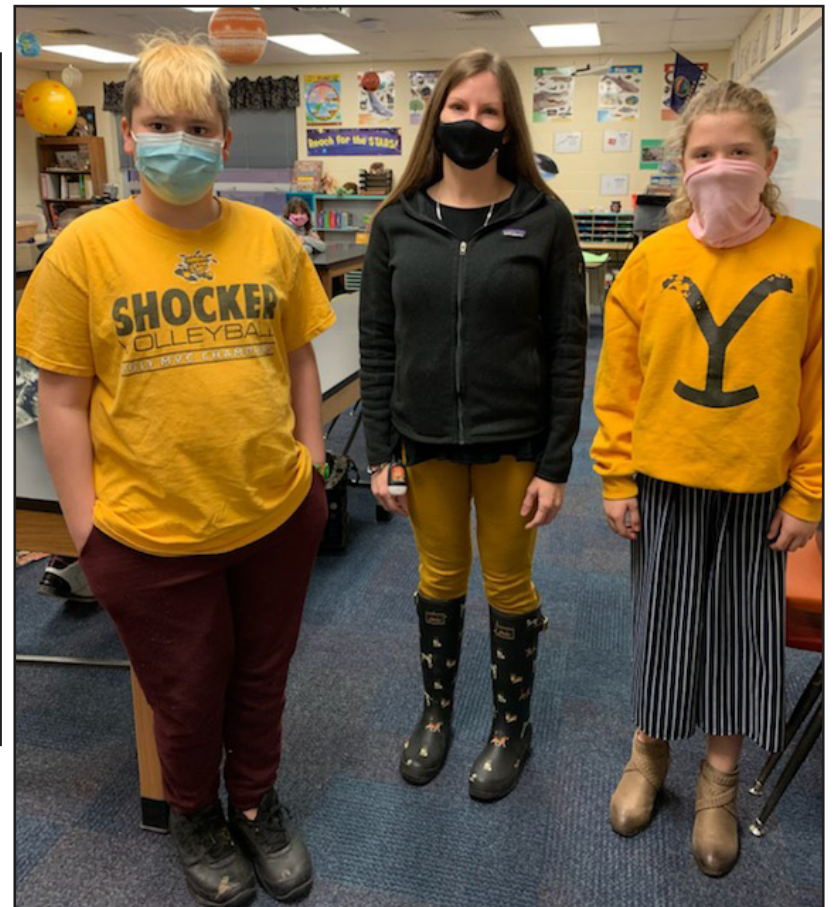
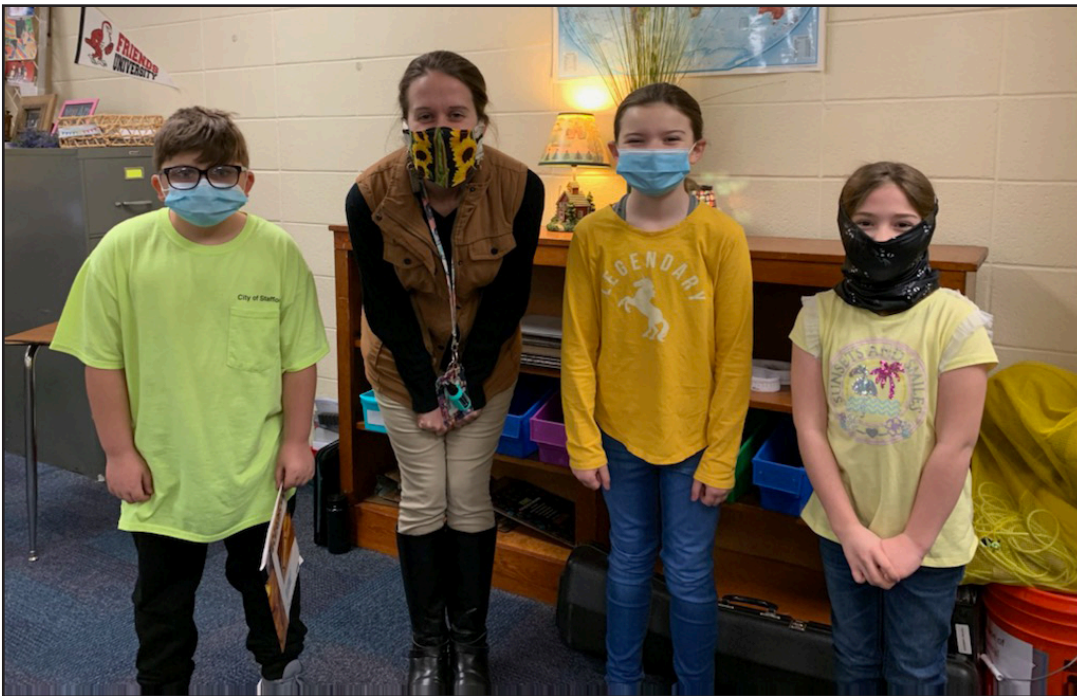


Showing our Kansas spirit- KSU , Fairfield and KU!

Kansas Day



Celebrating Kansas Day by wearing our "sunshine and sunflowers"!



USD 310 School Board Minutes

Monday, February 8, 2021

1. Call to Order: Derek Zongker, President, called the Board Meeting to order on Board Treasurer February 8, 2021, 6:30 p.m., FACS Room.

Roll Call found the following Board Members present:

Voting:	Non-Voting:
Derek Zongker — President	Betsy McKinney, Superintendent
Eric Kennedy	Amy Riggs, Clerk
Steven Westfahl — Vice President	
Jason Smyth Seth Beck	
Brent Fowler	
Jim Combs	

Audience in Attendance. Mary Beth Fulk

Jim Combs and Eric Kennedy moved and seconded to approve the agenda. Motion carried 7-0.

2. Audience with visitors. None at this time.

3. Board Member Comments. Steven Westfahl mentioned that he appreciated the National Honor Society being streamed as well as the basketball games.

Derek Zongker said that patrons have told him how thankful they are that the games are being streamed and that they have the opportunity to watch them.

4. Educational Programs.

Postponed until March 2021

5. Approve Consent Agenda Items:

a. Approval of Board Meeting Minutes:

1. Monday, January 11, 2021 (Regular)

b. Approve the bills and authorize payment.

c. Grants and Gifts:

1. Kroger \$302.26

Approve Consent Agenda Items:

d. State Mileage Reimbursement Rate Decrease from \$.57.5 to \$.56.

Seth Beck moved and seconded the approval of the consent agenda items. Motion carried 7-0.

6. Principals Reports.

Reports were included in the packet.

7. Superintendent's Update:

a. COVID Update. Since the start of the 2021, we have only had one positive student case and one positive adult case. It helps that we have been able to stay vigilant and stay on top of the disinfecting. The rapid testing has been going well. The testing has given a peace of mind to parents and many of them have thanked the BOE for the testing. Transitions to move the classes back together for the 3rd, 4th and 6th graders have taken place. Mrs. McKinney has asked Mrs. Mathes to begin talking to her teachers to start talking about transitioning the middle and high school students back to a normal schedule.

b. 2021-2022 Calendar. The 2021-2022 calendar was presented to the BOE for approval. Brent Fowler and Jason Smyth moved and seconded the approval of the calendar. Motion carried 7-0.

c. Grant Applications. The KPP grant is ready to submit. The Small Rural Schools Grant is now open to be submitted.

8. Superintendent Evaluation.

Due to Derek Zongker by February 26, 2021. Evaluation packets were given to board members.

9. Capital Outlay Projects.

a. Ongoing List. List was included in the packet. Bids to have the shop building

resheeted were also included in the packet and were reviewed. More discussion will take place at the March board meeting.

10. Committee Report(s):

a. RCEC (Steven Westfahl). Steven reported that they had the election of officers and he was elected as President of the RCEC Board again. They are now back to having six psychologists again. They continue to work through their board polices. He was also informed the BOE of a \$40,000 shortfall to pay for paras that will need to be made up by the districts.

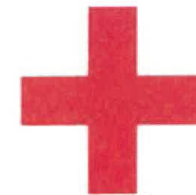
11. Non-Elected Personnel.

Mr. President, I, Jim Combs, move we go into executive session at 7:40 p.m. for fifteen minutes to discuss non-elected personnel exception under KOMA, and the open meeting will resume in the board room 7:55 p.m. Seconded by Eric Kennedy. Motion carried 7-0. Mrs. McKinney was invited to join executive session.

12. Adjournment.

Jim Combs and Brent Fowler moved and seconded to adjourn the meeting. Motion carried 7-0. The meeting was adjourned at 7:56 p.m.

Blood Drive



American Red Cross

Mark your calendars for
Fairfield's next blood drive
April 1, 2021 from 8:30am to 1:30pm

At the **Fairfield High School**

Register online at redcrossblood.org


Or contact Mrs. Megan Hansen

mhansen@usd310.org

620.596.2053

Breakfast And Lunch Menus

MARCH BREAKFAST 2021

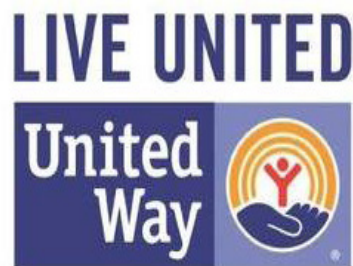
1 Cereal Choice of juice Milk	2 Omelette/sausage link Choice of juice Milk	3 Banana Bread Choice of juice Milk	4 Pancakes Choice of juice Milk	6 Whole grain donuts Choice of juice Milk
8 Cereal Choice of juice Milk	9 Breakfast Bites Choice of juice Milk	10 Mini cinnis Choice of juice Milk	11 Pancake on a stick Choice of juice Milk	12 Choc. Donuts Choice of juice Milk
15 Cereal Choice of juice Milk	16 Cherry Frudel Choice of juice Milk	17 Biscuit & Gravy Choice of juice Milk	18 Banana Bread Choice of juice Milk	19 NO SCHOOL
22	23	24 SPRING BREAK	25	26
29 Cereal Choice of juice Milk	30 Ham Combo Choice of Juice Milk	31 Muffin Choice of juice Milk		MENU SUBJECT TO CHANGE

MARCH LUNCH 2021

1 FRENCH BREAD PIZZA PEAS & CARROTS FRENCH FRIES APPLESAUCE MILK	2 CHICKEN FAJITA CORN PICANTE SAUCE PEARS MILK MUFFIN 9-12	3 COWBOY CAVATINI GREEN BEANS PEACHES SOFR PRETZEL CHEESE SAUCE MILK	4 FIESTADA PIZZA BABY CARROTS TRI TATERS MANDARIN ORANGES MILK	5 FRITO CHILI PIE PICKLE SPEAR PINEAPPLE RINGS CINNAMON ROLL MILK EXTRA CHIPS 9-12
8 TERIYAKI CHICKEN BROCCOLI & CHEESE SAUCE WILD GRAIN RICE SLICED PEACHES MILK 9-12 MUFFIN	9 TACO SALAD REFRIED BEANS PICANTE SAUCE PINEAPPLE TIDBITS MILK EXTRA CHIPS 9-12	10 MR.RIB SANDWICH FRENCH FRIES CORN TROPICAL FRUIT MILK	11 CRISPITO PEAS & CARROTS PICANTE SAUCE PEARS MILK	12 CHICKEN NUGGETS MASHED POTATOES GRAVY GREEN BEANS BANANA MILK
15 PULLED PORK SANDWICH BROCCOLI FLORETS FRENCH FRIES PINEAPPLE RINGS MILK	16 CHICKEN WRAP CORN BABY CARROTS TROPICAL FRUIT MILK	17 QESADILLA CALIFORNIA BLEND VEGETABLES PICANTE SAUCE SLICED PEACHES MILK	18 CORN DOG BAKED BEANS TRI TATER FRUIT SLUSH MILK	19 NO SCHOOL
22	23	24 SPRING BREAK	25	26
29 STEAK FINGERS AuGRATIN POTATOES GREEN BEANS SLICED PEARS MILK 1oz. ROLL 9-12	30 TACOS REFRIED BEANS PICANTE SAUCE SALAD TROPICAL FRUIT MILK MUFFIN 9-12	31 CHICKEN WINGS MASHED POTATOES GRAVY CARROTS SLICED PEACHES MILK		MENU SUBJECT TO CHANGE SALAD SERVED DAILY

Do You Want Help With Your Tax Preparation?

United Way works with the Volunteer Center to provide free tax preparation for those with an annual income of less than \$57,000.



VITA or Volunteer Income Tax Assistance will open February 16th, 2021, at the Salvation Army in Hutchinson. The hours of operation are as follows:

Tuesdays: 8:30 am - 6:30 pm *Walk-in Appointments and
 Wednesdays: 8:30 am - 2:30 pm Drop Off Service Available
 Thursdays: 8:30 am - 2:30 pm

Also another opportunity for taxes.

A WAY TO SKIP THE LINE:

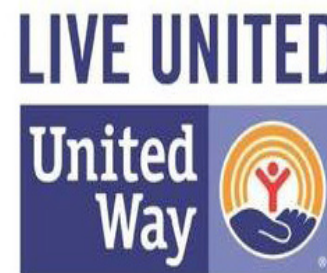
Go to MyFreeTaxes.com, which is a partnership between United Way and H&R Block.

On this website, simple tax solutions are covered for free and these include: W-2 income; limited interest and dividend income reported on a 1099-INT or 1099 DIV; student education expenses, credits, or student loan interest; unemployment income; claiming the standard deduction; EITC; child tax credits; and child/dependent care expenses.

Anyone who has a gross income of \$57,000 or less annually will qualify.



WHAT IS FAMILYWIZE & HOW CAN IT HELP ME WITH MY DRUG PRESCRIPTION COSTS?



Familywize is a prescription drug savings program that anyone can use.

HOW IT WORKS:

Familywize partners with nearly all pharmacies to negotiate prescription discounts, so you receive a lower price. Familywize understands that you are looking to reduce the cost of prescription medications, and their goal is to help you do that. They issue a pharmacy discount card for everyone nationwide, whether or not the person has health insurance. That's right. You are eligible to begin saving on your prescription medications today.

You can find a discount card at your local United Way office or download the app store to your phone. You can also download one at familywize.org.



**Check The District Calendar and
 USD #310 Website For Current
 Changes in Activities at
www.usd310.org**

