

MONDAY

2

WG Corn Dog
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Apple
1/2 Cup of Fruit
Milk 8oz
Muffin w/String Ch & Seeds

TUESDAY

3

Crispy Chicken
Sandwich
2M/Ma + Grain
Carrots
1/2 Cup of Veggies
Pear
1/2 Cup of Fruit
Milk 8oz
Benefit Bar w/String Ch & Seeds

WEDNESDAY

4

Pull Apart
2M/Ma +2.5 Grain
Carrots
1/2 Cup of Veggies
Orange
1/2 Cup of Fruit
Milk 8oz
Muffin w/String Ch. & Seeds

THURSDAY

5

Beef Hot Dog
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Apple
1/2 Cup of Fruit
Milk 8oz
Benefit Bar w/String Ch Seeds

FRIDAY

6

Protein Pack w/String
Cheese
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Orange
1/2 cup of Fruit
Milk 8oz

9

WG Corn Dog
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Apple
1/2 Cup of Fruit
Milk 8oz
Muffin w/String Ch & Seeds

10

Cheeseburger
2 M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Orange
1/2 Cup of Fruit
Milk 8oz
Benefit Bar w/String ch & Seeds



12

Pupusa
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Pears
1/2 Cup of Fruit
Milk 8oz
Benefit Bar w/String Ch & Seeds

13

WG PB&J Uncrustable
w/String Cheese
Carrots
1/2 Cup of Veggies
Orange
1/2 Cup of Fruit
Milk 8oz

16

WG Corn Dog
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Apple
1/2 Cup of Fruit
Milk 8oz
Muffin w/String Ch & Seeds

17

Crispy Chicken
Sandwich
2M/Ma + Grain
Carrots
1/2 Cup of Veggies
Pear
1/2 Cup of Fruit
Milk 8oz
Benefit Bar w/String Ch & Seeds

18

Pull Apart
2M/Ma +2.5 Grain
Carrots
1/2 Cup of Veggies
Orange
1/2 Cup of Fruit
Milk 8oz
Muffin w/String Ch. & Seeds

19

Beef Hot Dog
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Apple
1/2 Cup of Fruit
Milk 8oz
Benefit Bar w/String Ch Seeds

20

Protein Pack w/String
Cheese
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Orange
1/2 cup of Fruit
Milk 8oz



30

WG Corn Dog
2M/Ma + 2 Grain
Carrots
1/2 Cup of Veggies
Apple
1/2 Cup of Fruit
Milk 8oz
Muffin w/String Ch & Seeds