Sports Training

MCC Rebel Speed and Strength Training Program

This summer, take your athletic performance to the next level with our 10-Week Speed & Strength Program designed specifically for student-athletes who want to gain an edge over the competition.

What We Focus On:

- **Top-End Speed Development** (fly sprints, acceleration work)
- **Explosive Power** (vertical jump, plyometrics)
- **Strength Training** (sport-specific lifting)
- **Agility & Change of Direction**
- **Injury Prevention & Movement Mechanics**

Why This Program Matters:

1. Become Faster on the Field or Court
Speed is the #1 separator in athletics. Whether it's sprinting down the track, chasing a loose ball, or breaking away from defenders—speed wins.

2. Increase Vertical Jump & Explosiveness
Improve your ability to jump, cut, and react. This translates directly to rebounds, blocks, spikes, and big plays.

3. Build Real Strength That Transfers to Sports
We train movements that matter—helping you become stronger, more powerful, and more durable in competition.

4. Reduce Risk of Injury
Proper mechanics, strength balance, and mobility work keep athletes healthy and on the field.

5. Gain Confidence & Competitive Edge
When you know you're faster and stronger than your opponent, it shows in how you play.

Program Details:

Instructor: Tim Bobeldyk

Dates**: Mondays, Tuesdays, Wednesdays, and Thursdays - **May 25th to July 30th

Session 1: 6:00-7:00 am (recommended but not limited to grades 11-12)
Session 2: 7:00-8:00 am (recommended but not limited to grades 8-10)
Session 3: 8:00-9:00 am (recommended but not limited to grades 6-7)

***Grades:** Incoming 6th-12th graders*
***Location:** MCC Weight Room/Gyms*

***Fee:** $50*

Football

Youth 5 on 5 Passing League

Players will compete in 5-on-5 teams, focusing on passing, catching, and learning routes. Each session includes skill fundamentals and fun competitions. The camp will conclude with a championship on the final day.

Dates: *July 21st, 22nd, 23rd*
Time: *9:00-10:00 am*
Grades: *Incoming 5th- 6th*
Location: *MCC Practice Football Field*

Fee: *$30*

Young Rebels Football Camp

Introduce the basics of football, including simple rules, throwing and catching mechanics, and fun skill-building activities designed for young players.

Dates: *July 21st, 22nd*
Time: *4:00-5:00 pm*
Grades: *Incoming K-2nd*
Location: *MCC Practice Football Field (or Practice Gym Facility)*

Fee: *$20*

Flag Football Camp

Introduce players to flag football with a focus on passing, catching, route running, and learning the basic rules of the game through fun, skill-based activities.

Dates: *July 21st, 22nd*
Time: *3:00-4:00 pm*
Grades: *Incoming 3-4*
Location: *MCC Practice Football Field (or Practice Gym Facility)*

Fee: *$20*

Mini Football Camp

This is a camp that will focus on individual position fundamentals and introduce offensive and defensive schemes for the upcoming season. The camp is encouraged for incoming football players grades 7th-12th.

Dates: *July 20th – 23rd, July 27th – 28th.*
Grades: *Incoming 7-12*
Time: *6:00-8:00 pm*
Location: *MCC Practice Football Field*

Fee: *$50*
(free if attending DSU Team Camp)

DSU Team Camp

This is a two-day team camp where the varsity and JV will have the opportunity to compete against other teams in a scrimmage format and receive individual instruction from DSU Coaches. Lodging, transportation and all meals will be provided.

Dates: *July 29th – 30th*
Grades: *Incoming 9-12*
Time: *10:00 am Wednesday – 2:00 pm Thursday*
Location: *Dakota State University, Madison SD*

Fee: *$135*
(do not sign up for mini-camp if selecting this option)

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

Volleyball

EMP Elite Volleyball Training/Camp with Daynica Brown

Main Trainer: Daynica Brown, a championship coach, multiple time coach of the year, including Minnesota State Class A Coach of the year in 2023 & 2025, and former SDSU Volleyball player, will be working with your athletes, sharing her passion, knowledge, and understanding of the game.

What to expect: Our training helps experienced athletes achieve that EXTRA competitive edge and helps younger athletes develop the LOVE of the game. The EXTRA competitive edge understands the whole aspect of the game physically, mentally, and emotionally. Beyond assisting with their current skill base and conditioning, they will have the opportunity to ask questions about what it takes to be at that level and how to achieve it. As for the LOVE beyond the general idea of this, we focus on teaching the fundamentals through drills they can practice at home and outside the camp. Our camps are divided into multiple sessions to create a great learning environment for all. This division also allows our main trainer to focus on everyone attending.

We are excited to work with your athlete out of your back door! https://www.empwingmansports.com/

Dates: *August 10th-12th*
Grades: *Incoming 4-12*
Location: *MCC Practice Gym*

August 10th - 12th, 2026

Varsity Level | 8:00am - 9:50am & 12:10pm - 2:00pm | $125 ($120 + $5 Fees)

B, C Level | 10:00am - 11:45am | $80 ($75 + $5 Fees)

7th & 8th Grade Level | 2:25pm - 3:40pm | $60 ($55 + $5 Fees)

4th, 5th & 6th Grade | 3:40pm - 4:30pm | $45 ($40 + $5 Fees)

Registration Cut-Off Date: August 7th
REGISTER HERE

NO JMC REGISTRATION

MCC Community Education

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

MCC Community Education

Open Net

Dates: *Wednesdays in June & July*
Time: *6:00-8:00 pm*
Grades: *Incoming 7-12*
Location: *MCC Practice Gym*

Fee: *$30*

K-2 Volleyball Camp

Athletes will learn the fundamentals of volleyball along with games and competitions.
Dates: *June 1st, 8th and 15th*
Time: *9:00-9:50 am*
Grades: *Incoming K-2*
Location: *MCC Practice Gym*
Trainer: *Kati Bobeldyk*

Fee: *$30*

3-4 Volleyball Camp

Athletes will learn the fundamentals of volleyball, participate in skill drills and fun competitions.
Dates: *June 1st, 8th and 15th*
Time: *10:00-10:50 am*
Grades: *Incoming 3-4*
Location: *MCC Practice Gym*
Trainer: *Kati Bobeldyk*

Fee: *$30*

5-6 Volleyball Camp

Athletes will dive into the fundamentals of volleyball: passing, setting, hitting and serving along with skill drills and fun competitions.
Dates: *June 1st, 8th and 15th*
Time: *11:00 am-12:00 pm*
Grades: *Incoming 5-6*
Location: *MCC Practice Gym*
Trainer: *Kati Bobeldyk*

Fee: *$30*

MCC Community Education

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

MCC Community Education

Basketball

Grades 9-12 Girls Basketball

Description: Athletes will meet twice a week during June to focus on both individual skill development and team concepts. Sessions are designed to prepare players for summer competitions and the upcoming season.

Dates: ***Tuesdays (6:00-7:30 PM)****: June 2nd, 9th, 16th, 23rd****. Wednesdays (8:30-10:00 AM)*** *June 3rd, 10th, 17th.*
Time: *6:00-7:30 pm Tuesdays & 8:30-10:00 am Wednesdays.*
Grades: *Incoming 9-12*
Location: *MCC Practice Gym*

Included Camps: *Shane Hennen Camp: June 24-25 (8:00-10:00 AM)* https://hennenworkouts.com/
Isaac Fink Camp: July 27-28 (8:00-10:00 AM) https://www.begreatsportstraining.com/

Fee: *$75*
(Includes all sessions and camps)

Grades 6-8 Girls Basketball

Description: An extension of our winter hoops league. Each session includes 20–25 minutes of skill work and 15–20 minutes of live play to apply those skills in game situations.

Dates: ***Tuesdays (9:00-9:45 AM)****: June 2nd, 9th, 16th, 23rd****. Thursdays (9:00-9:45 AM)*** *June 4th, 11th, 18th.*
Time: *9:00-9:45 am Tuesdays & Thursdays in June.*
Grades: *Incoming 6-8*
Location: *MCC Practice Gym*
Included Camps: *Shane Hennen Camp: June 24-25 (8:00-10:00 AM) for Grades 7-8* https://hennenworkouts.com/
(10:30-12:30 PM) for Grades 3-6
Isaac Fink Camp: July 27-28 (10:15-11:45 AM) Grades 6-8 https://www.begreatsportstraining.com/

Fee: *$75*
(Includes all sessions and camps)

Grades 3-5 Girls Basketball

Description: A continuation of the winter hoops league focused on skill development and game play. Each session included fundamental skill work followed by live play.

Dates: ***Tuesdays (8:00-8:45 AM)****: June 2nd, 9th, 16th, 23rd****. Thursdays (8:00-8:45 AM)*** *June 4th, 11th, 18th.*
Time: *8:00-8:45 am Tuesdays & Thursdays in June.*
Grades: *Incoming 3-5*
Location: *MCC Practice Gym*
Included Camps: *Shane Hennen Camp: June 24-25 (8:00-10:00 AM) for Grades 7-8* https://hennenworkouts.com/
(10:30-12:30 PM) for Grades 3-6
Isaac Fink Camp: July 27-28 (1:00-2:30 PM) Grades 3-5 https://www.begreatsportstraining.com/

Fee: *$75*
(Includes all sessions and camps)

Grades K-2 Girls Basketball

Description: An introductory program focused on fundamentals, skill-building, and having fun while learning the game of basketball.

Dates: Wednesdays (10:00-10:45 AM)*: June 3rd, 10th, 17th, 24th.*

Time: *10:00-10:45 am Wednesdays in June.*

Grades: *Incoming K-2*

Location: *MCC Practice Gym*

Included Camp: *Isaac Fink Camp: July 27-28 (2:45-3:45 PM) Grades K-2 https://www.begreatsportstraining.com/*

Fee: *$50*

(Includes all sessions and camps)

Grades 9–12 Boys Basketball

Description: Athletes will meet twice a week during June to focus on both individual skill development and team concepts. Sessions are designed to prepare players for summer competitions and the upcoming season. 30 min skill work • 30 min team concepts • 30 min competitive play.

Dates & Times: Tuesdays (6:00–7:30 PM): *June 2, 9, 16, 23, 30*

Wednesdays (6:00-7:30PM): *June *3*, *10*, 17, July 1 (*3* & *10* at elementary)*

Grades: *Incoming 9-12*

Location: *Practice Gym & West Elementary*

Included Camps: *Shane Hennen Camp: June 24–25 (8:00–10:00 AM)* https://hennenworkouts.com/

Isaac Fink Camp: July 27–28 (8:00–10:00 AM) https://www.begreatsportstraining.com/

Fee: *$75*

(Includes all sessions and camps)

Grades 6–8 Boys Basketball

Description: An extension of our winter hoops league. Each session includes 20–25 minutes of skill work and 15–20 minutes of live play to apply those skills in game situations.

Dates & Times: Tuesdays (9:00–9:45 AM): *June 2, 9, 16, 23* ***Thursdays (9:00–9:45 AM):*** *June 4, 11, 18*

Grades: *Incoming 6-8*

Location: *Practice Gym*

Included Camps: *Shane Hennen Camp: June 24–25 7th-8th Grade (8:00–10:00 AM)* https://hennenworkouts.com/

3rd-6th Grade: (10:30 AM–12:30 PM)

Isaac Fink Camp: July 27–28 (10:15–11:45 AM) https://www.begreatsportstraining.com/

Fee: *$75*

(Includes all sessions and camps)

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

Grades 3–5 Boys Basketball

Description: A continuation of the winter hoops league focused on skill development and game play. Each session includes fundamental skill work followed by live play.
Dates & Times: Tuesdays (8:00–8:45 AM): June 2, 9, 16, 23 **Thursdays (8:00–8:45 AM):** June 4, 11, 18
Grades: Incoming 3-5
Location: Practice Gym
Included Camps: *Shane Hennen Camp: June 24–25 3rd-6th Grade: (10:30 AM–12:30 PM)* https://hennenworkouts.com/

Isaac Fink Camp: July 27–28 (1:00–2:30 PM) https://www.begreatsportstraining.com/

Fee: *$75*
(Includes all sessions and camps)

Grades K–2 Boys Basketball

Description: An introductory program focused on fundamentals, skill-building, and having fun while learning the game of basketball.
Dates & Times: Wednesdays (10:00–10:45 AM): June 3, 10, 17, 24
Included Camp: *Isaac Fink Camp: July 27–28 (2:45–3:45 PM)* https://www.begreatsportstraining.com/

Fee: *$50*
(Includes all sessions and camps)

Golf

Group Golf Lessons

Ava Johnson will conduct group lessons for golfers for grades 3-8, Thursday mornings from 8:00-9:00 am and 9:00-10:00 am at the Slayton Country Club. She will design lessons based on the group or individual's needs and ability level. Lessons will be in groups and be subjected to change depending on registration numbers. Golf lessons are sponsored in part by the Murray County Foundation.
Dates: *Thursdays: June 4th, 11th, 18th, 25th, July 2nd, 9th, and 16th, 23rd*
Time: *8:00-9:00 am girls, 9:00-10:00 am boys*
Grades: *Incoming 3-8*
Location: *Slayton Country Club*

Fee: *$25*

Baseball

Baseball Infielder/Outfielder Camp

This camp is will stress the fundamentals of fielding, throwing and proper footwork in making plays from the infield and outfield positions.

Dates: *June 1st & 3rd*
Time: *3:00-4:15 pm*
Grades: *Incoming 3-8*
Location: *Boelter Field*

Fee: *$30*

Baseball Hitting Camp

This camp will teach the fundamentals of a proper baseball swing. Bring a pair of batting gloves because you will swing, swing and swing!

Dates: *June 2nd & 4th*
Time: *3:00-4:15 pm*
Grades: *Incoming 3-8*
Location: *Boelter Field*

Fee: *$30*

Baseball Pitching/Catching Camp

This camp will cover the proper mechanics of pitching and stress the fundamentals of pitching from the windup and stretch positions. Pickoff moves will also be covered.

Date: *June 5th*
Time: *3:00-4:15 pm*
Grades: *Incoming 3-8*
Location: *Boelter Field*

Fee: *$30*

Summer Baseball - JH, JR Legion & SR Legion

Date: *Monday & Thursday Nights*
Time: *Please look at the Community Education webpage for schedule information*
Grades: *JH 13u/14u – JR Legion 17 and under – SR Legion 19 and under*
Location: *13u/14u Home Games @ Hadley, JR & SR Legion Home Game @ Boelter Field*

Fee: *$150*

****Please use the link on the Community Education webpage for all schedule information. Community Ed Page**

Beginner Softball Class

Our beginner softball camp for 1st and 2nd graders is the perfect introduction to the game in a fun, supportive environment. Players will learn the fundamentals of softball, including throwing, catching, hitting, and base running, through age-appropriate drills and games. Emphasis is placed on building confidence, teamwork, and a love for the sport while developing basic skills. No prior experience needed!

Dates: *Fridays: May 30th, June 5th, June 12th, June 19th*
Time: *9:00-10:00 am*
Grades: *Current 1st & 2nd Grade*
Location: *Softball Complex – Bi-Centennial Park*

Fee: *$25 (includes a camp t-shirt)*

Adult Minnesota Twins Trip

Attention Adults 40 and older! Go watch the Minnesota Twins take on the Cleveland Guardians on Thursday, July 9th. A chartered Coach bus will leave Slayton at 8:15 am and take you right to the stadium for the 12:40 pm first pitch! Avoid the hassle of driving in metro traffic, enjoy the game in person, and return to Slayton at approximately 7:30 pm. Seats are lower level left field bleachers in the shade! Transportation and tickets included in the fee. Available for the first 50 to sign up through the link below! **Deadline to sign up is June 15th!**

Date: *Thursday, July 9th*
Time: *Bus leaves at 8:15 am*
Return approx. 7:30 pm
Game time is 12:40 pm
Ages: *Adults 40 and over*

Fee: *$75/person*
Sign up on the link: ***REGISTER***
Payment through JMC if you have an account, or send a check to the school.

Band

Summer Band Lessons

Band lessons will consist of one 20-minute lesson per week that will spread over 3 weeks. Participants will be emailed with dates and times once registration is complete.

Week 1	August 3-6	9:00 am-4:00 pm
Week 2	August 10-13	9:00 am-4:00 pm
Week 3	August 17-20	9:00 am-4:00 pm

Dates: *Dates will be emailed to participants*
Times: *Times will be emailed to participants*
Grades: *Incoming 5-12*
Location: *HS Band Room*

Fee: *$40*

MCC Community Education

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

MCC Community Education

Cheerleading

♠ MCC Cheer Camp ♠

Calling all incoming 7th–12th graders interested in cheer! Join us for an exciting week of cheer camp where you'll build skills, boost confidence, and get a feel for what it's like to be part of a team. Throughout the week, participants will learn a variety of cheers, practice and develop stunt technique, and work together to create a fun and energetic dance. This camp is a great opportunity to prepare for tryouts, meet teammates, and grow your cheer skills in a positive and supportive environment. Whether you're new to cheer or looking to improve, we'd love to see you there!

Date: *July 6-10*
Time: *9:00-11:00am*
Grades: *Incoming [illegible]2*
Location: *Cheer Ro[illegible]*

Fee: Free

Skill-Building Cheer Camp with Derek Nelson

Join us for an exciting and skill-building Cheer Camp on August 21–22, [illegible] Derek Nelson from Hit Zero Strategies! This two-day camp is designed for cheerleaders in grades 7–12 who are looking to elevate their performance and strengthen their overall skill set. Athletes will focus on [illegible] motions, improving camp technique, and developing stronger, more confident stunts. In addition to technical training, the camp will also incorporate team bonding activities and leadership development to help athletes grow both individually and as a team.

Date: *August 21-22*
Time: *TBD*
Grades: *Current 7[illegible] Cheerleaders*
Location: *Cheer Ro[illegible]*

Fee: $65

✨ MCC Youth Rebels Brazil Carnival Cheer Clinic ✨

Get ready to bring the rhythm, sparkle, and energy of Carnival to the mat this summer! Join us for a fun-filled **Brazil Carnival-themed Cheer Clinic** on **July 10th from 12:00–5:00 PM**, open to all in[illegible] **junior kindergarten–1st grade students**! Participants will learn the fundamentals of cheer including [illegible] cheers, [illegible] motions inspired by the vibrant spirit of Carnival—and then show off their new skills during [illegible] **performance at 5:00 PM**! 🎉
A t-shirt and light snack will be provided. Clinic members [illegible] bring a water bottle, black shorts, and tennis shoes. Please contact Coach Mersadies Buderus with any questions ([illegible])8[illegible]182[illegible]

Date: *Friday, July 10*
Time: *12:00-5:00 PM*
Grades: *Incoming J.KG [illegible]*
Location: *MCC Competition Gym*

Fee: $40

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MCC Community Education

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

MCC Community Education

Drivers Training

Behind the Wheel

Drivers must have their Drivers Permit to take Behind the Wheel and have it present at all sessions. Six hours of Behind the Wheel is required to obtain a white card. A link was emailed to parents and guardians to sign-up for BTW through SignUpGenius. If all slots are full, please email Joe Meyer Joe.Meyer@mcc.mntm.org to be put on the waiting list. Behind the Wheel can be given to students any time of year but summer is the most accessible time.

Dates: *Chosen by Parents Using the Signup Genius Link (also sent to parents with students in grades 8-11)*
Time: *Chosen by Parents Using the Signup Genius Link (also sent to parents with students in grades 8-11)*
Grades: *Anyone Who is 15 Years of Age and Has Obtained Their Drivers Permit*
Location: *Meet at MCC High School Main Doors*
Instructors: *Tim Bobeldyk, Tim Cariveau, & Chuck Benda*

Sign Up Link

Fee: *$230*

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30 Hours Drivers Education Classroom

According to the MN Department of Public Safety Driver Education by-laws, the Driver Education program requires a minimum of thirty hours of classroom instruction with no more than 3 hours of instruction per day. Students must be 14 years of age or older to attend class.

Dates: *July 13th – 24th (Monday-Friday)*
Time: *9:15 am -12:15 pm Ages: 14 & Older*
Location: *MCC High School Room 120 (Conference Room by Main Office)*
Instructor: *Tim Bobeldyk*

Fee: $105

55+ Alive 4-Hour Defensive Driving Refresher Course

Persons age 55 and older must renew the 55+ Alive 4-hour refresher class every three years to earn 10% savings on auto insurance. You must call to register before the class at 507-836-6575. Payment can be mailed or dropped off to 2420 28th Street Slayton, MN 56172 or paid at the class. Please make checks payable to ISD 2169.

Date: *Thursday, October 8th*
Time: *12:00-4:00 pm*
Location: *MCC High School Conference Room*
Instructor: *Trooper Kathy Pederson*

Fee: *$40*

Esports Summer Camp

Join Minnesota State University, Mankato for a middle and high school Esports Summer Camp on campus. This experience is a full day camp offered on two days, register for one or both sessions. Enjoy a variety of different gaming focused topics and activities on each day. Participants will build skills and play their favorite games including Marvel Rivals, Valorant, and Overwatch. Plus, they'll learn from college players and coaches about gaming and esports industry topics including streaming and broadcasting, personal branding, health and wellness for esports athletes, training to improve as a gamer, and more.

Dates: *August 14th & 15th*
Website: *Esports Camp*
Grades: *JH & High School (13-18 years)*
Registration: *Direct with Minnesota State University*
Location: *Minnesota State University, Mankato Esports Facility (Wissink Hall 121)*

Fee: *$100 for one day or $175 for both days*

Summer Art Program

Calling all young artists!

Embark on a colorful journey of self-expression and discovery with summer art classes! From canvas to clay, our program is designed to ignite your child's creativity and nurture their artistic talents. Enroll now and let the creativity begin! Please contact Payton Bleyenberg with any questions at (507)626-5439 or payton.bleyenberg@mcc.mntm.org

Dates: Tuesdays - June 9, 16, 23, 30. July 7 & 14
Time: 10:00-10:45
Grades: Completed grades K - 6
Location: High School Cafeteria

Art show date July 16 5:30-7:00

Fee: $75

Community Walking Track

Walking offers numerous health benefits, including improved cardiovascular health, weight management, and enhanced mood. Regular walking can reduce the risk of heart disease, stroke, and type 2 diabetes, while also strengthening bones and muscles. It's a low-impact exercise that's gentle on joints and can be easily incorporated into daily routines.

Location*: MCC Practice Gym and Track. Use east new gym entry for access.*
Hours: *5:00 am -6:00 am & 8:00-9:00 pm Monday-Friday in the Summer*

Fee: *FREE*

MCC Community Education

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

MCC Community Education

Touch-A-Truck

Murray County Early Childhood Initiative presents Touch-A-Truck on **Saturday, June 6th from 10:00 am to 2:00 pm** at the Murray County Fairgrounds in Slayton. This family-friendly event gives kids of all ages the opportunity to explore the big vehicles they see every day. Attendees get a chance to see trucks and equipment up close, learn what they do, understand vehicle safety, pose for photos, and ask the vehicle operator questions.

Summer Pool Parties

Join the Murray County ECI at Slaytona Beach West for the Summer **FRED (Families Reading Every Day) Pool Party Event**! Enjoy FREE swimming, FREE books, a light supper, door prizes and stories shared by local readers. All children from birth to age 7 and their families are invited to this FREE event. Children must be accompanied by an adult. Any weather-related announcements will be made on ECI's Facebook page & KJOE Radio. **Date and time yet to be determined.**

Murray County 4-H Summer Day Camps

Register for 4-H Day Camps at https://v2.4honline.com/#/user/sign-in; click on Events in 4-H Online – certain events have specific registration links. For class description or more information, please visit UMN Extension - Murray County Website at https://extension.umn.edu/local/murray or contact Kim Hause hausek@umn.edu or 507-836-1144 or thoms531@umn.edu or 507-836-1145.

Programs that are offered this summer are: Swim Team, Plant Power, Arts and Crafts, The Great Waffle Challenge, Wild and Free Outdoors, SW Regional Livestock Judging Contest, Celebrate the 250th Birthday of the USA, Flight Challenge, and Succulent Labs. Dates and times are listed at https://extension.umn.edu/local/murray

Youth must be enrolled in MN 4-H, but do not need to join a community club. Please see our family user guide to learn more: https://z.umn.edu/familyuserguide

Grade Level = 2025-2026 School Year

Summer Reading at Slayton Public Library

Plant a seed and read this summer! From **May 20th through August 15th**, branch out with new stories and harvest reading rewards. Readers of all ages can track reading time and earn collectible Reading Dragons cards. In June, you can choose from a variety of weekly activities designed for everyone, from toddlers to teens. During a more relaxed July, you're welcome to drop in at your own pace and explore our interactive displays. For more details, follow Slayton Library's Facebook and Instagram pages or visit www.slaytonlibrary.org

Summer Hours: *Monday - Friday 10:00 a.m. - 5:30 p.m. Closed Saturdays and Sundays in June, July, and August.*

Slayton Public Library Special Events

Wednesday, May 20 at 3:30 p.m. – The Tortoise and the Hare: Rematch by CLIMB Theatre
Saturday, May 23 at 10:30 a.m. – Saturday Storytime
Tuesday, June 16 from 8:30 a.m. – 10:30 a.m. – Big Ideas Mobile Lab
Tuesday, June 30 at 6:30 p.m. – Mesozoic Adventures by Toby Kid
Thursday, July 16 at 7:00 p.m. – The Skally Line Band
Saturday, August 15 at 10:30 a.m. – Saturday Storytime

MCC Community Education

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

MCC Community Education

Elevate Education

Slime, Smile, Repeat!

Keep the slime, skip the mess!

What to Expect: Kids will explore everything from beginner-friendly creations to fun textures like water beads and even glow in the dark slime! With hands-on stations led by our friendly "slime experts", everyone can create, experiment, and take home their gooey masterpieces!

Date: June 15th

Time: ~~11:15 AM-12:00 PM (K - 3rd~~session 1 **FULL**

12:15 PM- 1:00 PM (4th – 6th)

2:15 PM - 3:00 PM (K – 3rd session 2)

Location: Elevate Education, 2314 26th St. Slayton

Maximum Students per class: 12*

Contact Hiedi Stoel with any further questions at 507-227-9339 or hselevate.education@gmail.com

Classes with a posted maximum capacity will be filled on a first-come, first-paid basis.

Fee: $30

Register Online on JMC
If you have any questions, please contact Joe Meyer in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

Design it. Dye it. Rock it.

Jump into a World of Color and Creativity!
What to Expect: Bring your own item to transform- think t-shirts, socks, scrunchies, headbands, canvas tote bags, or even a bandana for your furry friend! **Items must be 100% cotton. ** Kids can follow fun patterns and designs or create their own colorful masterpiece with guidance from our team. You bring the item- we'll handle the magic!

**To ensure vibrant, long-lasting colors, items will stay with us briefly to set and rinse. Your finished piece will be ready for pickup soon after- totally worth the wait!

Date: *July 20th*
Time: *11:15 AM-12:00 PM (K-3rd)*
12:15 PM- 1:00 PM (4th- 6th)
Location: *Elevate Education, 2314 26th St. Slayton*

Maximum Students per Class: 12*
Contact Hiedi Stoel with any further questions at 507-227-9339 or hselevate.education@gmail.com

Classes with a posted maximum capacity will be filled on a first-come, first-paid basis. **Fee:** $25

Ready… Set… Let's Build!

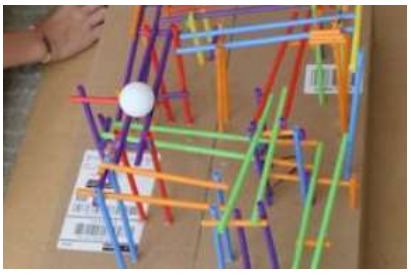
Design, Test, Repeat!
What to Expect: ***Class One:*** With walking rainbows and discovering symmetry to painting with magnets and building with your provided snack, kids will explore hands-on activities that spark imagination and curiosity. Along the way, they will uncover the "how" behind the fun- learning the exciting ideas and discoveries that make it all work!

Class Two: Kids will explore motion, design, and problem-solving in this hands-on STEAM session! Craft stick catapults launch into action while drinking straw roller coasters that twist and turn with creativity. A pom-pom drop challenge puts engineering skills to the test, while building a pan flute brings music and science together. Kids will also uncover hidden colors through marker chromatography and take on the windmill challenge to explore the power of air.

Each activity is filled with creativity, experimentation, and exciting "aha!" moments as kids discover how and why things work!

Date: *August 3rd*
Time: *11:00 AM-12:15 PM (K-3rd)*
12:30 PM- 2:00 PM (4th – 6th)
Location: *Elevate Education, 2314 26th St. Slayton*

Maximum Students per Class: 6*
Contact Hiedi Stoel with any further questions at 507-227-9339 or hselevate.education@gmail.com



Classes with a posted maximum capacity

will be filled on a first-come, first-paid basis.

Fee: $40

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

Safety Workshops for Children & Families

Little Protectors: Personal Safety and Awareness

Empower your child with the tools to stay safe in a fun, high energy environment! This 90-minute workshop moves beyond "stranger danger" to teach children how to recognize "Tricky Behaviors" and establish a "Safety Bubble" (personal space). Through age-appropriate drills, kids will practice using their "Power Voice" to set boundaries and learn simple physical techniques to escape a hold and get to safety. This session is designed for parents and children to work together, ensuring the whole family is on the same page.

Ages: *4 to 6 (with Parent or Caregiver)*
Date: *Wednesday, June 17th*
Time: *5:00 PM to 6:30 PM*
Location: *MCC Wrestling/All-Purpose Room in the Practice Gym*
Instructor: *Guro Deanna Larsen*

****Maximum Students per Class: 20****

Guro Deanna Larsen owns Chain Reaction Martial Arts in Marshall, MN and also runs the Warrior Martial Arts program. She has been teaching martial arts and self-defense for over twenty years. She offers instruction in Filipino Kali, Bruce Lee's Jeet Kune Do, and kickboxing. She is an instructor under the world-renowned Guro Dan Inosanto, who was Bruce Lee's student and training partner. Guro Deanna will be assisted by her daughter, Miranda, an experienced instructor who brings a high level of training and expertise to every session.

Classes with a posted maximum capacity will be filled on a first-come, first-paid basis.

Fee: *$25 per student (includes parent/caregiver)*

Junior Self Defense: Skills and Awareness

Build confidence and competence in your child's ability to navigate the world. In this 90-minute session, students learn to recognize uncomfortable situations before they escalate by understanding predator behaviors and situational awareness. We focus on assertive communication and verbal "stops" to de-escalate conflict. Each class includes a physical self-defense component, teaching students how to use striking and kicking effectively to create an opening, break free from a grab, and run to safety.

Ages: *7 to 12*
Date: *Wednesday, June 17*
Time: *6:45 PM to 8:15 PM*
Instructor: *Guro Deanna Larsen*

****Maximum Students per Class: 20****

Guro Deanna Larsen owns Chain Reaction Martial Arts in Marshall, MN and also runs the Warrior Martial Arts program. She has been teaching martial arts and self-defense for over twenty years. She offers instruction in Filipino Kali, Bruce Lee's Jeet Kune Do, and kickboxing. She is an instructor under the world-renowned Guro Dan Inosanto, who was Bruce Lee's student and training partner. Guro Deanna will be assisted by her daughter, Miranda, an experienced instructor who brings a high level of training and expertise to every session.

Classes with a posted maximum capacity will be filled on a first-come, first-paid basis.

Fee: *$25 per student*

Register Online on JMC
If you have any questions, please contact Joe Meyer
in the District Office 507-836-6575 or joe.meyer@mcc.mntm.org

Help Me Grow Minnesota

Help Me Grow Minnesota connects families to resources that help young children develop, learn and grow. They provide resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at **no cost**. Help Me Grow Minnesota is an interagency initiative of the State of Minnesota Department of Education, Department of Health, and Department of Human Services. They partner with local service agencies.

Fee: *FREE*

Advanced Estate Planning: The Rest of the Story

Advanced Estate Planning covers the strategies that estate planning attorneys use to reduce taxes for larger estates, protect assets from creditors, charitable giving techniques and legacy planning. Participants will learn the uses of Irrevocable Trusts, Life Insurance, Limited Liability Companies, Charitable Trusts and more. How can we plan to protect ourselves and our heirs? Estate Planning Attorney, Cassandra Lustfield will answer your estate planning questions. Attendees will receive handouts.

Instructor's Information:

Cassandra Lustfield, Attorney & Counselor
332 Tenth Street
Windom, MN 56101 Work: 507-831-4400
E-mail: cassandral@fordlustfieldlaw.com Fax: 507-831-4700

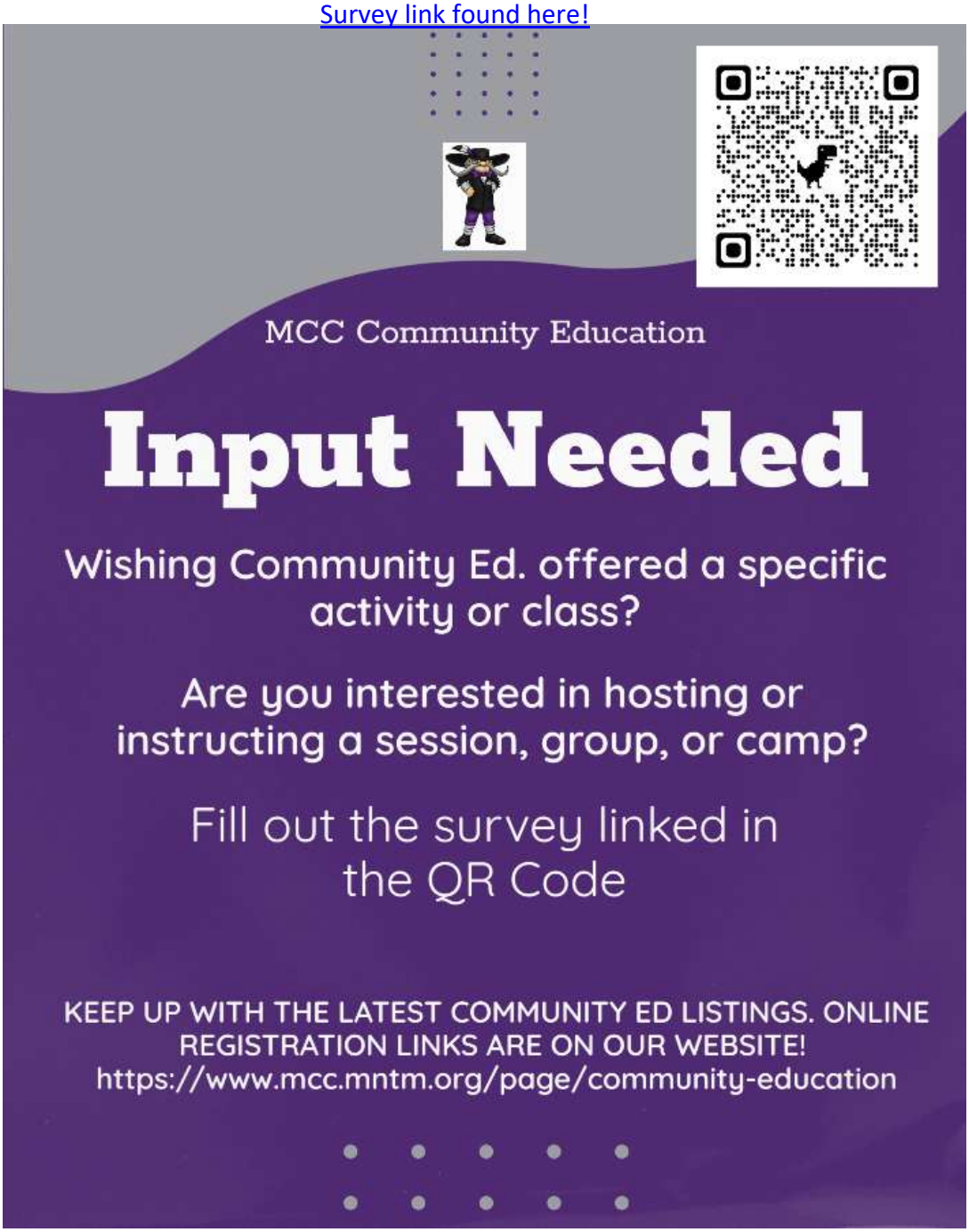
Date: *Thursday, June 25*
Time: *6:30 PM to 8:30 PM*

Sign-up Sheet

Payment through JMC if you have an account, or send a check to the school. ***Fee:*** *$10*

Community Band Invitation

Who: Any concert band instrument player Ages 11 and up!
REHEARSALS: **May** 5, 12, 19 **June** 2, 9, 16, 23, 30 **July** 7
PERFORMANCES: **May** 25 (Memorial Day) **June** 4, 11, 18, 25 **July** 2, 9
*All rehearsals and performances are at 7:00 PM
**We also play parades around the area!
Where: Gullard Park
Contact Christie Gergen Christie.Gergen@mcc.mntm.org

Fee: *FREE*

Survey link found here!