# Mahnomen Elementary School

March 16th, 2026

## Coming up

### Muffins in March

Mother's last name A-K
March 30th
Mother's last name L-Z
March 31st
Join your student for breakfast beginning at 7:45, and then spend a little time in your child's classroom from 8:15-8:45!

### March is I Love to Read Month!

Students get the opportunity to read, connect and share their learning with classroom rotation reading days, Mystery Reader days, and end the month with Muffins in March!

### Early Childhood Screening and Pre-K sign up!

Call the elementary office at 218-935-2581 to get on the schedule for Early Childhood screenings, or to get on the list for the 2026-2027 Pre-K registration list!

## Menu for 03/16-03/20

**Fruit/Veggie & Milk served w/lunch everyday
** Fruit, Juice & Milk served with breakfast

**Mon:** B: Apple or Cherry Frudel
L: Spaghetti with Meat Sauce, Garlic Toast

**Tues:** B: Shamrock Smoothie, Lucky Charms
L: Chicken Patty on a Bun, Gold Coin Tots

**Wed:** B: Oatmeal, Toast
L: Chicken Nuggets, Baked Beans, Breadstick

**Thur:** B: Cereal, Cheese Cubes
L: Meatballs with Gravy, Mashed Potatoes, Dinner Roll

**Fri:** B: Egg and Cheese Bagel, Yogurt
L: Macaroni and Cheese, Cookie

## From the Health Office

Dear Parents and Guardians,

The Health Office would like to share a few important reminders to help keep our students healthy and ready to learn.

### Illness Guidelines

If your child has a fever of 100.4°F or higher, vomiting, or other signs of illness, please keep them home from school. Students should be fever-free for at least 24 hours without medication before returning to school.

### Health Tips

- Wash hands regularly
- Dress warmly for outdoor recess
- Drink plenty of water
- Get enough sleep

Thank you for helping us keep our school community safe and healthy.

Sincerely,
Health Office / School Nurse

# MUFFINS



in



# MARCH

Monday and Tuesday

**March 30th and 31st**

**Families join your students to enjoy breakfast beginning at 7:45 am, and then spend a little time in your child's classroom from 8:15-8:45**

Monday - mother's last name beginning with A-J
Tuesday - mother's last name beginning with K-Z