Mound City Junior High Squaw Creek Relays

Mound City, Mo.
Monday, April 13th 2026

3:30 PM Coaches' Meeting. No additions or substitutions.

Field Events – 4 throws or jumps

4:00 PM Shot put – Girls followed by boys
Discus- Boys followed by girls
Triple Jump- Girls followed by boys
Long Jump- Boys followed by girls.

3 Attempts at each height

High Jump- Boys followed by girls
Pole Vault- Girls followed by boys

Track Events – girls followed by boys

5:00 PM

100m Hurdles (girls)	Finals
100m Hurdles (boys)	Finals
100m Dash	Finals
4 X 200m Relay	Finals
1600m Run	Finals
4 X 100m Relay	Finals
400m Dash	Finals
800m Run	Finals
200m Dash	Finals
4 X 400m Relay	Finals

Participating Schools: Mid-Buchanan, Mound City, South Holt, North Andrew, North Nodaway, Nodaway Valley, Northeast Nodaway, Osborn/Stewartsville, East Atchison, St. Gregory's, St. Joseph Christian, Platte Valley, DeKalb, Craig, and Rock Port.