Mound City Junior High 7-Team Meet

Mound City, MO

Tuesday, April 7th 2026

Participating Schools: Rock Port, Nodaway Valley, South Holt, East Atchison, Craig, Platte Valley, Mound City

3:30 PM Coaches' Meeting. No additions or substitutions.

Field Events – 3 throws or jumps

4:00 PM
Shot put – Girls followed by boys (Nodaway Valley)
Discus- Boys followed by girls (Rock Port)
Triple Jump- Boys followed by girls (East Atchison)
Long Jump- Girls followed by boys (Craig)
High Jump- Girls followed by boys (Platte Valley)
Pole Vault- Boys followed by girls (Mound City)

Track Events – girls followed by boys

5:00 PM

100m Hurdles (girls)	Finals
100m Hurdles (boys)	Finals
100m Dash (girls)	Finals
100m Dash (boys)	Finals
4 X 200m Relay(girls)	Finals
4 X 200m Relay (boys)	Finals
1600m Run (girls)	Finals
1600m Run (boys)	Finals
4 X 100m Relay (girls)	Finals
4 X 100m Relay (boys)	Finals
400m Dash (girls)	Finals
400m Dash (boys)	Finals
800m Run (girls)	Finals
800 M Run (boys)	Finals
200m Dash (girls)	Finals
200m Dash (boys)	Finals
4 X 400m Relay (girls)	Finals
4 X 400m Relay (boys)	Finals