Meet Event Schedule

Field Events

3:15 Start Time - **JAVELIN** - 4 Throws *(Girls followed by Boys)*
3:30 Start Time - **DISCUS** - 4 Throws *(Boys followed by Girls)*
3:30 Start Time - **SHOT PUT** - 4 Throws *(Girls followed by Boys)*
3:30 Start Time - **POLE VAULT** - *(Boys followed by Girls)*
3:30 Start Time - **HIGH JUMP** - *(Girls followed by Boys)*
3:30 Start Time - **LONG JUMP** - *(Boys followed by Girls)*
3:30 Start Time - **TRIPLE JUMP** - *(Girls followed by Boys)*

Running Events

4:00 Start Time (All running events are Girls followed by Boys)

4 x 800M Relay

100 M Hurdles (Girls 33")/110 M Hurdles (Boys 39")

100M Dash

4 x 200M Relay Runner 1-2 Red, Runner 2-3 Red and 3-4 Gold

1600 M Run

4x100M Relay - Gold Exchange Zones

400M Dash

Senior Night Presentation

300 M Hurdles (Girls 30") (Boys 36")

800 M Run

200 M Dash

3200 M Run

4 x 400M Relay